



THE LEAGUE OF
LEADING LADIES

BUSINESS CLUB

MEMBER PROFILES 2026

VERSION 2
FEBRUAR 2026

BUSINESS CLUB
FOR EMPOWERED
WOMEN

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- 202 DR. GULNAZ **PARTSCHEFELD**
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- 210 CAROLINE **PRENN**
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- 230 BARBARA **RYTER**
- 232 YVONNE **SAMARITANI**
- 234 GUDRUN **SANDER**
- 236 CLAUDIA **SCHEER**
- 238 SILJA **SCHILLING**
- 240 TRIABADI **SCHMIDT**
- 242 IRIS **SIDLER**
- 244 ZEHRA **SIRIN**
- 246 TRUDE VIOLE **STENE**
- 248 TRACY **STUART KAUTZMANN**
- 250 SMITA **SUCHDE GRUETTER**
- 252 YASEMIN **TAHRIS**
- 254 ANJA **THALER**
- 256 MYLÈNE **THIÉBAUD**
- 258 SASKIA **TOENNESMANN**
- 260 JACQUELINE **TOTZKE CHRISTOFFEL**
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CORE VALUES

WE ALWAYS ASK EACH OTHER:
WHAT CAN I DO FOR YOU?

WE LOVE GOING THE EXTRA MILE

NO LIPSERVICE - MORE ACTION

WE ARE ONE VOICE FOR MEN AND WOMEN WITH A VISION

WE SHARE BEST PRACTICES AND KNOWLEDGE

SEE EACH OTHER AS A SOURCE OF INSPIRATION

WE DO BUSINESS TOGETHER

WE PUT OUR HEART, MIND AND SOUL
INTO THE SMALLEST ACTS

WE GET INVOLVED IN OUR ILL COMMUNITY

WE LEVERAGE EACH OTHER'S CAREER

EVERY MEMBER IS A MENTOR FOR AT LEAST TWO OTHER MEMBERS
(FREE OF CHARGE)

EVERY MEMBER CAN BE APPROACHED FOR A FIRST MEETING IF YOU NEED HELP OR SUPPORT
(FREE OF CHARGE - 1 HOUR)

YOU CAN USE THE KNOW-HOW AND WISDOM OF THE CLUB AS A THINK TANK

ALWAYS BE AWARE OF DATA PROTECTION. USE THE INFORMATION IN OUR MEMBER BOOKLET FOR GETTING IN TOUCH
WITH PEOPLE. IT IS FORBIDDEN TO USE THE DATA FOR MARKETING ACTIVITIES

LLL CONFERENCE

PLEASE NOTE:

In case a conference needs to be postponed all tickets are valid for the new, postponed date according to our terms of service (www.ladiesdrive.world/agb/)

Please note, that we do not reimburse money in case you cannot attend the conference.

1 The attendance at the LLL Conference is mandatory for all our members, except our associated members.

Associated members can order one of our VIP Tickets CHF 1'725.00 + VAT (instead of CHF 2'300.00 + VAT) including single bedroom, ticket, full board.

Please note: Stella will book the rooms for all of us.

DEADLINE FOR CONFERENCE-REGISTRATIONS: 05.03.2026

Let Stella know until March 5th, 2026 if you would like to join the conference.

Important: Please let us know no later than March 5th, 2026 if you are going to attend the conference. If you cancel your room short term, we need to pay it anyway, except you have a medical certificate.

2 We offer a special **Bring-a-Friend Ticket** for the LLL Conference at 25% off the regular price. You can purchase it for CHF 1'725.00 instead of CHF 2,300.00 (excl. VAT).

If you'd like to place an order, simply email fs@swissladiesdrive.com or contact +41 79 88 44 373 (phone & WhatsApp) and include your friend's full contact details. Fabienne will take it from there.

Please note: We have a limited supply of these tickets.

3 The conference website will be updated on a regular base - so always have a look at it.

You can always pass it on to your friends: <https://ladiesdrive.world/league-of-leading-ladies/>

4 **Save The Date 2026:**

April 13th & 14th, 2026 @ Victoria-Jungfrau Grand Hotel & Spa, Interlaken
"The Chameleon Effect"

5 If you like to suggest a speaker, write to: [sst@leagueofleadingladies.com](mailto:ss@leagueofleadingladies.com)

THE CHAMELEON EFFECT



CREATED BY

LADIES DRIVE

Business Sisterhood since 2007



THE LEAGUE OF
LEADING LADIES
CONFERENCE

LEAGUE OF LEADING LADIES CONFERENCE 2026

APRIL 13th & 14th, 2026

VICTORIA-JUNGFRAU GRAND HOTEL & SPA, INTERLAKEN

WWW.LEAGUEOFLEADINGLADIES.COM

MEETING SCHEDULE 2026

MONTHLY MEETINGS IN ZURICH

Always: last Tuesday per month. Get in around 5:30 p.m. Locations change - but we normally meet in Zurich area. You'll get a personal invitation by email about 3 weeks in advance by Sandra-Stella.

This invitation includes a link to our location.
Please always register online.

CANCELLATION POLICY MONTHLY MEETINGS

Same day cancellations will be fully charged.

FIND ALL THE DATES AND LINKS

(including .isc docs) on our Dropbox:

<https://www.dropbox.com/scl/fo/dze5kji80jbj15pz01xd/AKKr12XRtLzdcMAKVgNy2zc?rlkey=lu3pblki895ld9utl9ig-kqtq0&st=ma2buw2k&dl=0>

27.01.2026

@ Ornellaia Ristorante, Zurich

24.02.2026

@ Haute Private Club Zurich

31.03.2026

@ Haute Private Club Zurich

26.05.2026

@ Eve's Kitchen, JED Schlieren

30.06.2026

@ Belvoirpark Zürich

25.08.2026

@ Polopark Seuzach

29.09.2026

@ Eve's Kitchen, JED Schlieren

27.10.2026

@ Haute Private Club Zurich

24.11.2026

Pre-Christmas Dinner in collaboration with Maison Gassmann

@ Maison Gassmann Zurich

03.12.2026

Breakfast together with the Bargesprache Privé Club

@ TBA

SAVE THE DATE:

LLL Conference "The Chameleon Effect"

April 13th & 14th, 2026 @ Victoria-Jungfrau Grand Hotel & Spa, Interlaken

Always check out the latest updates here: www.leagueofleadingladies.com

LLL MEMBERSHIP TERMS & SERVICES

With your membership you also agree to our terms of service: www.ladiesdrive.world/agb/

FOLLOWING SERVICES ARE INCLUDED IN THE ANNUAL MEMBERSHIP FEE

LLL provides access to a community of business women (by invitation only).

You can get a list of email addresses of all club members to invite them to an event or share important updates with them - always ask for permission from the president's office first (contacts below).

The club gives you access to speaking opportunities, headhunters, career developers and coaches.
Please ask the president's office if you have specific needs.

Placing ads or advertorials in Ladies Drive products with a 40% discount.
See also www.ladiesdrive.world/werbung

Free Ladies Drive subscription (print magazine) 4x per year (costs of CHF 20.-/year is included in your membership).

If you'd like to be featured in our magazine (40'000 print run 160'000 readers), or in our Ladies Drive Podcast, or be a speaker at one of our Bargesprache events touch base with Stella.

We offer the following **COMPLIMENTARY SERVICES** to club members in the print magazine as well as on the blog:

- Share your event in our **EVENT AGENDA**. Placement on the 3rd cover page (inside back cover / second-to-last page of the magazine). Value of this placement according to our media kit: CHF 1'500.00.
- Feature in our **WOMEN SUPPORT WOMEN SECTION**. Placement in the first third of the magazine, on pages 6-10, as well as a post on our blog www.ladiesdrive.world. Value of this placement according to our media kit: CHF 6'000.00, plus CHF 2'500.00 for the blog post. All blog posts remain on our website for an unlimited period of time, which is ideal for your SEO.
- **BLOG POST ABOUT YOU** with a feature including link and photos/videos on www.ladiesdrive.world. Value of this service: CHF 2'500.00. Your posts remain on our website for an unlimited period of time, which is ideal for SEO.

IN A NUTSHELL: **PRINT RUN MAGAZINE**
40'000 copies (certified)
and a reach of 160'000 people

BLOG
with 75'000 unique users
per year

SOCIAL MEDIA
with 45'000 followers (22'000 followers
on LinkedIn only with Stella's account)

ADDITIONAL EVENTS - AGENDA 2026

Please note that you have access to:

Bargesprache events in Zürich

No additional costs including Apéro Riche for Full Members and Associated Members

Community Breakfasts

No additional costs for Full Members and Associated Members

Afterwork Drinks

First drink offered for Full Members and Associated Members

Bargesprache events Privé all over Switzerland

No additional costs including Apéro Riche for Full Members only

Check out our member area <https://ladiesdrive.world/lllclub/> or www.ladiesdrive.world/agenda

02.02.2026	Bargesprache Digital Webinar on Zoom with Olga Miler (free of charge for everyone)
18.02.2026	Afterwork Drinks @Vergani Löwenplatz (first drink offered by Vergani - for everyone)
25.02.2026	Breakfast (free of charge for Full Members)@PKZ Zurich for Full Members (7:30am - 10:30am, join us anytime)
02.03.2026	Bargesprache Digital Webinar on Zoom Claudia Kraaz (free of charge for everyone)
04.03.2026	Afterwork Drinks @Vergani Löwenplatz (first drink offered by Vergani - for everyone)
11.03.2026	Breakfast (free of charge for Full Members) @HeadsQuarter Zürich (7:30am - 10:30am, join us anytime)
26.03.2026	Privé (free of charge for Full Members) @FORTYSEVEN Wellness Therme Baden (5:30pm - 10:00 pm)
13./14.04.2026	LLL Conference „The Chameleon Effect“ @Victoria-Jungfrau Grand Hotel & Spa, Interlaken. Access to the LLL conference (without additional costs including single room at the hotel and full board during the conference) for Full Members. The attendance is mandatory for members.
22.04.2026	Breakfast (free of charge for Full Members) @HeadsQuarter Zürich (7:30am - 10:30am, join us anytime)
13.05.2026	Afterwork-Drinks @Vergani Löwenplatz (first drink offered by Vergani - for everyone)
19.05.2026	Women in Tech @Siemens Zürich (free of charge including Apéro Riche for everyone)
27.05.2026	Bargesprach Vol. 79 Zurich (free of charge Apéro Riche for everyone)
29.06.2026	Bargesprach Vol. 80 Zurich (free of charge Apéro Riche for everyone)
20.08.2026	Privé (free of charge for Full Members) @Hof Weissbad (5:30pm - 10:00 pm)
24.08.2026	Women in Tech @Siemens Zürich (free of charge including Apéro Riche for everyone)
16.09.2026	Bargesprach Vol. 81 Zurich (free of charge Apéro Riche for everyone)
23.09.2026	Privé (free of charge for Full Members) @PKZ Bern
21.10.2026	Female Innovation Forum Vol. 9 (20% discount on the regular purchase price)
29.10.2026	Privé (free of charge for Full Members) @PKZ Luzern
19.11.2026	Privé (free of charge for Full Members) @PKZ Basel

Further treats and special deals upon availability (special events, free or discounted tickets to other events and conferences like Businessstag für Frauen Vaduz, Special Offers with Swiss Marketing Club or Swiss Leaders)

LLL POLICY - IMPORTANT NOTES

DOWNLOAD LINK

to this booklet, LLL Conference documents
or our Monthly Dinner Schedule:

<https://www.dropbox.com/scl/fo/dze5kji80jbi15pz01xd/AKKr12XRtLzdc-mAKVgNy2zc?rlkey=lu3pblki895ld9utl9ig-kqtq0&st=ma2buw2k&dl=0>

1

POLITENESS POLICY

Please reply to an inquiry of another club member within two working days (add always the following subject: "LLL CLUB")

2

MENTORSHIPS

Everyone is a mentor for at least two other members (without of charge)

3

LLL is...

- a place where you shall feel safe. That's why we call the „Chatham House Rule“.
This rule needs to be followed strictly by everyone.
- a place where you shall share your thoughts & feelings
- a place where we do business together or leverage each other's career
- a place where we share wisdom actively
- your tool to get access to other inspiring women in business, not an education service

4

PERSONAL DATA

Any abuse of personal data given to you in this booklet or through any other channel will be sanctioned by suspension.

5

AND MOST IMPORTANT:

LLL is your personal think tank. Use it wisely.

MANIFESTO

The League of Leading Ladies is a **living, breathing business club** — an inspiring collective, a powerful alliance of businesswomen, entrepreneurs, and senior leaders who uplift, empower and enable one another to grow, every day of the year.

Within the League, **genuine connections** are formed, **new perspectives** emerge, and **lasting friendships** take root. It is a space where seeds of intention are planted and nurtured — yielding harvests of personal and professional success.

Business and wellness.

Lifelong learning and personal development.

Growth and reflection.

Commerce and soulful connection.

At its heart, the League of Leading Ladies is built upon the **five pillars of holistic wellbeing**: spiritual, physical, intellectual, relational and emotional.

- It is a space that invites meaning, depth and authentic growth.
- Mindfulness and renewal — recognizing that a strong mind nurtures a healthy body, and the body in turn sustains the mind.
- Intellectual richness that inspires, challenges and broadens horizons.
- Trust-based relationships that go far beyond surface-level exchanges — grounded instead in resonance and mutual respect.
- A safe space for emotion, transformation and the development of unshakable self-worth.

Much like in nature — where nearly 80 per cent of trees are interconnected through an underground fungal network known as the mycelium — we **sustain, protect and support** each other through an invisible yet powerful web of mutual care. This is a network that transcends conventional business contacts and fosters a multidimensional **sisterhood of purpose and presence**.

The League of Leading Ladies is both **platform and fertile ground** — enabling each of us to grow, flourish and thrive at every level of our (professional) being.

GET TO KNOW
YOUR SISTERS

Sandra-Stella Triebel is co-founder, publisher and editor-in-chief of Ladies Drive — the leading platform for business, reimagined through a female perspective. As a pioneer, she was the first in the DACH region to build a business-focused female community connecting ambitious young professionals, founders, SME entrepreneurs and top executives.

Ladies Drive is far more than a magazine: it is a Business Sisterhood that creates visibility, strengthens networks and anchors female perspectives in leadership, innovation and entrepreneurship.



BUSINESS CLUB PRESIDENT & FOUNDER

SANDRA-STELLA TRIEBL

SANDRA-STELLA TRIEBL



Owner / Publisher / Entrepreneur
Co-Owner & CEO Swiss Ladies Drive GmbH
Board Member at SANDS AG



07.05.1973



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Sebastian Triebel



If you like to get an instant reply,
please send me a text message or WhatsApp



Meditation, Reading, Yoga



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www.ladiesdrive.world
www.bargesprache.ch
www.femaleinnovationforum.ch
www.leagueofleadingladies.com
www.youtube.com/ladiesdrive
www.facebook.com/ladiesdrivemagazin
www.tiktok.com/@ladiesdrive

ASSISTANT

Fabienne Dawa Suter
fs@swissladiesdrive.com
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Board Positions

Verwaltungsratsmandate

Board Member at SANDS AG

What I need

Was ich brauche

We are always looking for sponsorings, advertising partners etc.
Business Opportunities in Africa, India and Singapore

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & committed members

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Media, Marketing, Online Strategy, Guerilla Marketing, Sponsoring,
Startups, Speaking/Presentation Skills

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to share my network, my contacts and my knowledge with my sisters. Please touch base with me anytime.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.tiantribal.com
www.meinbossdieschlampe.com





ASSOCIATED MEMBER


SARA ADUSE


SARA ADUSE

 Owner / Publisher / Entrepreneur

 02.01.1992

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 Reading, sport, walks in nature

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 Wenn Sie eine sofortige Antwort erhalten möchten, senden Sie mir bitte eine SMS.

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ASSISTANT

Stefanie Fink
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Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Ich habe meine Stiftung gegründet, um die weibliche Genitalverstümmelung zu beenden. Mir ist bewusst, dass dieses Ziel nicht einfach zu erreichen ist. Doch einfach nichts dagegen zu unternehmen, ist keine Option für mich. Aus diesem Grund habe ich all meinen Mut zusammen genommen und mich entschieden, alles in meiner Macht Stehende zu tun, um Mädchen vor dieser grausamen Praxis zu schützen. Was ich benötige, ist Unterstützung, know how und Solidarität. Menschen, die mir helfen, dieses Ziel zu verwirklichen. Da es sich um ein kollektives Thema handelt, das über 250 Millionen Frauen und Mädchen betrifft, können wir es nur als Gesellschaft gemeinsam lösen. Dafür setze ich mich ein und erkläre mich bereit, diese Aufgabe ernst zu nehmen. Mein Engagement dafür ist fest. Es ist schön, euch auf diesem Weg kennenzulernen.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sich gegenseitig unterstützen und vernetzen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Medienarbeit, Öffentlichkeitsarbeit

Gründung einer Stiftung, Moderation, Soziale Medien

I'd like to achieve...

Das möchte ich gerne erreichen...

Mein vorrangiges Anliegen ist es, weltweit die weibliche Genitalverstümmelung zu beenden. Gleichzeitig setze ich mich dafür ein, dass Kinder, die bisher wenig Aufmerksamkeit erfahren haben, eine Stimme erhalten und so einen positiven Beitrag leisten können. In Bezug auf meine persönlichen Ziele strebe ich nach Heilung, tiefer Zufriedenheit, persönlichem Wachstum und einem sinnerfüllten Leben.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Ich freue mich, Euch alle kennen zu lernen.


Luzia Allgäuer is an expert in Tibetan energy work and coaching based in Weggis (LU). She combines her paramedical training and years of experience in medical laboratories with energetic methods to provide holistic support to people going through difficult phases in their lives. The focus is on activating self-healing powers and promoting balance in body, mind and environment.





LUZIA M.
ALLGÄUER


LUZIA M. ALLGÄUER


 Therapeutin
Spezialistin in Tibetischer Energiearbeit


 19.07.1963


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 Thomas Allgäuer


 Yoga, Meditation, fremde Länder bereisen,
Sport, Literatur, Gegenwartskunst

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 If you like to get an instant reply, please send me a text message

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Board Positions
Verwaltungsratsmandate

none at present

What I need
Was ich brauche

Inspirierende Gesprächspartnerinnen

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Horizontweiternde Kontakte mit unternehmerischen, offenen und authentischen Frauen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

In meiner Arbeit als Therapeutin in der komplementärmedizinischen Tibetischen Energiearbeit behandle ich Menschen mit körperlichen und psychischen Beschwerden und Leiden. www.luzia-allgauer.ch

I'd like to achieve...
Das möchte ich gerne erreichen...

Einerseits möchte ich meine Erfahrungen und therapeutische Fähigkeiten einem grösseren Kreis ähnlich gesinnter Frauen in der Schweiz zur Verfügung stellen; und andererseits geniesse ich auch den vergnüglichen, sozialen Austausch mit interessanten Menschen - bei einem guten Glas Wein.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Mein Mann hat ein neues, ganz tolles Buch publiziert:
„Das Unsagbare sehen“.
www.schwabe.ch/das-unsagbare-sehen-978-3-7965-4805-5

Valerie Andrey is an expert in strategic brand management, leadership and organisational development. After more than 20 years in leading positions in the Swiss watch and luxury goods industry – including as Managing Director Switzerland at Frédérique Constant – she founded VAS beyond CX. Today, she advises companies on brand strategy, business development and people leadership and also serves as HR Director at GDL Camper.



VALERIE ANDREY



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sport, reading, walking in nature, cooking for friends



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VAS beyond CX GmbH

Board Positions

Verwaltungsratsmandate

Mauron Musy
Civag AG

What I need

Was ich brauche

support / sponsoring for charity events

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

exchange and learn from other women. sharing interesting and memorable moments.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Management, leadership, customer experience, sales & business development

I'd like to achieve...

Das möchte ich gerne erreichen...

always open to learning new perspectives, finding solutions for sustainability

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.ladiesforladies.ch









Caroline Aussat is an expert in retail architecture and design in the luxury sector. For over 20 years, she has been shaping strategic spatial and boutique concepts for companies such as Hermès and the Richemont Group-Piaget. She manages international high-end projects from concept to rollout, advises top management as a sparring partner and ensures that brand DNA is consistently translated into architectural experiences. Among her award-winning projects is the Piaget façade in Hong Kong, realised with Neri&Hu.



CAROLINE AUSSAT



CAROLINE AUSSAT

-  Senior Store Design & Planning Project Manager
-  18.09.1971
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-  +41 78 885 95 71
-  Laurent Aussat
-  Tennis, Yoga, Meditation
-  www.linkedin.com/in/caroline-aussat/
-  If you like to get an instant reply, please send me a WA

Piaget Branch of Richemont International

-  Piaget Headquarter
37, Chemin du Champ-des-Filles
1228 Plan-les-Ouates, Switzerland
-  +41 79 368 42 69
caroline.aussat@piaget.com
www.piaget.com

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
New Opprtunities & Think Tank

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood & Sharing Best Practice & New Opprtunities & Inspiration

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Architecture, Interior Design, Luxury Retail

I'd like to achieve...
Das möchte ich gerne erreichen...
Working transversal, sharing my expertise, Cooperating with german part of Switzerland

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teil
www.neriandhu.com/en/about
<https://rafaeldecardenas.com/>








Johanna M. Baghdadi is CEO and member of the management board of Baghdadi International AG (Scooter Fashion) in Aarau. With years of experience in the fashion trade, she now runs a successful family business focusing on its own and brand collections as well as international sales. She oversees strategic developments, manages processes in wholesale and retail, and thus supports the company's long-term positioning in the Swiss fashion market.





HANNY BAGHDADI



HANNY BAGHDADI

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-  29.11.1949
-  hanny.baghdadi@scooterfashion.ch
-  +41 79 657 63 87
-  Tarek Baghdadi
-  enjoying music, art, good food, walking
-  www.linkedin.com/in/johanna-baghdadi-149426a5/

Baghdadi International AG / Scooter Fashion

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5001 Aarau, Switzerland
-  +41 62 824 75 23
hanny.baghdadi@scooterfashion.ch

Board Positions
Verwaltungsratsmandate

What I need
Was ich brauche

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

hochspannende Gespräche, neue Erkenntnisse, Inspiration

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

fashion, design, production, retail, wholesale, event organisation, presentation, speaking.

I can offer help for: analysis, strategy development, coaching, vernetzen, Türen öffnen, vermitteln

I'd like to achieve...
Das möchte ich gerne erreichen...

Zukunft mitentwickeln

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

ASSOCIATED MEMBER

TATJANA BAUECKER

TATJANA BAUECKER



CFO



08.10.1976



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Travel, Food, Wine, Reading, Hiking, learning new things


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NewBiologix SA



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www.newbiologix.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Inspirational talks and new challenges

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

To connect with people who are positive and have a purpose. I see the LLL sisterhood as a community of likeminded women where we can enrich and empower each other.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Company Setup / Restructuring / Process Development /
Trouble Shooting / Management Sparring Partner /
Interim Management / Board Mandates
Multi-Industry Experience: Biotech, Healthcare, Luxury Goods, Retail,
Tourism, Sports Marketing, Fashion, Gaming

I'd like to achieve...

Das möchte ich gerne erreichen...

Help companies and entrepreneurs to reach the next level and/or get out of difficult situations

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Sharing Life Lessons Learned, new trends and have a fun time.
ZKF Weihnachtsbriefkasten / www.zkf.ch
ABURY Foundation / www.abury.org


Susanne B. Baumann is a conflict mediator and senior executive coach for boards and C-level executives. With 18 years of coaching experience and more than 15 years in SME management, she brings in-depth expertise in leadership and conflict resolution. She has worked with executives in highly innovative SMEs as well as with international corporations such as the Lufthansa Group, Swisscom, Zurich, and Implenia.





SUSANNE B. BAUMANN





SUSANNE B. BAUMANN

 Senior Executive Coach & Conflict Mediator

 17.05.1975

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 +41 76 580 80 55

 Integral Theories, Nature, Meditation, Innovation

 www.linkedin.com/in/susanne-b-baumann/

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Exchange on leadership and innovation
Meaningful connections
Honest feedback and advise

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Insightful discussions on leadership with diverse perspectives and the exploration of collaborative opportunities.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Be there for you in stormy weather, analyzing together how to navigate it.

Sparring Partner, Conflict Mediation, Moderation of Board and Management Meetings, Individual & Team Coaching

I'd like to achieve...

Das möchte ich gerne erreichen...


Substantial contribution that leaders can improve their circumstances and refine their leadership style.


This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I look forward to contributing to the collective wisdom of the club, because I believe in the power of connecting and knowledge-sharing.

Susanne B. Baumann Executive Coaching

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Anastasija Beeler is an executive at Swiss Post with proven experience in governance, performance, risk and compliance, as well as strategy and organisational development. From software development to process, quality and risk management to the management of M&A and digital services, she has been responsible for central transformation and control functions for over eleven years.





ANASTASIJA BEELER

ANASTASIJA BEELER


 Head of Staff, Governance and M&A
Troubleshooter

 16.09.1983

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 Marc Beeler

 Reading, hiking, painting, textile design, traveling


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 info@confiserie-beeler.ch
www.confiserie-beeler.ch/shop/aktuell

Board Positions
Verwaltungsratsmandate

none at present

What I need
Was ich brauche

I seek meaningful exchange with people who are rich in life experience, have an open heart, and bring their unique perspective to life and business.

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Networking, Exchange, Inspiration, Community and Empowerment

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, community building, digital transformation and innovation, stakeholder management, networking and partnership development, workshops and speaking engagements, mentoring and fostering a positive and uplifting atmosphere.

I'd like to achieve...
Das möchte ich gerne erreichen...

I want to create an environment, both professionally and personally, where the people around me feel happy, fulfilled, and healthy, inspiring them to unlock their potential and embrace the joy of life.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

<https://moulinjaune.com/>

The Moulin Jaune is an oasis of inspiration, immersing visitors in a boundless world of art, nature, imagination & kindness.



MANUELA BEER

Manuela Beer is CEO of PKZ Burger-Kehl & Co. AG and one of the most influential leaders in the Swiss fashion industry. Under her leadership, PKZ is transforming the traditional company with a clear lifestyle and omnichannel focus. Readers also voted her into the top ten strongest Swiss leaders – alongside big names such as Nick Hayek, Peter Spuhler and the On founding trio.

MANUELA BEER



CEO



18.08.1969



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Hans Beer



Travelling, Fashion, Pilates, Healthy Food



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PKZ Burger-Kehl & Co. AG



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ASSISTANT

Xenia Wohlfeil
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Board Positions

Verwaltungsratsmandate

Testex AG

What I need

Was ich brauche

A network for exchange, support and inspiration among female leaders

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Valuable insights, fresh perspectives and opportunities for potential collaborations

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

General Management, Leadership, Retail, FMCG,
Luxury & Lifestyle, Marketing, Digital Expertise, CSR, Buying

I'd like to achieve...

Das möchte ich gerne erreichen...

Expanding network, sharing knowledge and empowering women

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


I bring strategic expertise, innovative ideas and a passion for inspiring exchanges




JOANNE BERGIN


Joanne Bergin is the founder of BrandSpace and a strategic marketer, brand storyteller and consultant with over 25 years of international experience in tourism, government and SMEs. She has developed brand strategies and campaigns for Tourism Australia, Eurostar and Tourism Western Australia, among others. Today, she supports purpose-driven businesses in creating clear, stylish and effective brand identities that promote growth and visibility.


JOANNE BERGIN

 Founder & Marketing Director


 17.06.1974


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 Stefan Renner

BrandSpace

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joanne@brandspace.ch

Board Positions

Verwaltungsratsmandate

None at the moment

What I need

Was ich brauche

I need to increase my profile in the Swiss Business Community and I am looking for an assistance to help me.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I am looking forward to joining this engaging and interactive community. To learn, grow and connect.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing, Social media strategy, campaign marketing, events and workshops targeted at small businesses and creative entrepreneurs.

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to build a community within Switzerland to help me establish a strong and supportive community.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Hi everyone!

I'm Joanne, the founder of BrandSpace (www.brandspace.ch), where I assist businesses with branding and marketing services to help them grow and thrive. I love working with creative entrepreneurs and small businesses to bring their visions to life. If you're looking for support or simply want to chat about business ideas, feel free to reach out—I'd love to connect

Andrea Berlinger-Schwyter is the long-standing president and former co-CEO of Berlinger & Co. AG and a key business leader in eastern Switzerland. Under her leadership, the family business developed into a global provider of high-tech solutions for cold chain and doping controls (exporting to over 175 countries). She is president of the St. Gallen-Appenzell Chamber of Commerce and Industry, vice-president of Switzerland Innovation Park Ost and a member of the board of directors of CSS. Berlinger has won the Prix SVC Ostschweiz and the Export Award from Swiss Global Enterprise, among other accolades.




ANDREA BERLINGER



ANDREA BERLINGER

-  Chairwoman
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-  +41 79 414 50 00
-  Daniel Schwyter-Berlinger
-  Familie, lesen, reisen, Body-Work
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Berlinger Special AG Berlinger Transformation AG

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Board Positions Verwaltungsratsmandate

Chairwoman of Berlinger Special AG & Berlinger Transformation AG
Board Member IHK St. Gallen Appenzell
Board Member Oertli Instruments AG
Supporting HEMLATA as a H100 Mentor (HEMLATA.ch/H100)
Board Member Innovationpark East Switzerland

What I need Was ich brauche

Good and inspiring idea exchange in leadership topics such as leading boards, leading a CEO. Generally enlarge network of leading women and work together on opportunities.

What I would like to get out of LLL Club Was ich mir vom Club erwarte

a solid network of bright and inspiring women who support each other and show true interest in the daily challenges of a leader. Network to help each other in getting good leads. Share experience.

My skills (in these fields I can offer help) Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

All kinds of 'family business topics,' crisis management, building up a small to a middle-size company, Chairwoman Topics.

I'd like to achieve... Das möchte ich gerne erreichen...

Happiness and peace from the inside to the outside in my entire life.

This I want to share with my LLL sisters Das möchte ich unbedingt mit dem Club teilen

my experience

Duangchai Bersier has over 25 years of international experience advising leadership teams in the energy sector, luxury client relations, and high-end hospitality. She works closely with executives and boards on strategic positioning, desirability-led brand development, and the design of long-term, value-driven client experience strategies in premium environments.



DUANGCHAI (JIN) BERSIER



DUANGCHAI (JIN) BERSIER



Cartier Ambassador



18.03.1975



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Thomas von Arx



Cooking/baking, Snowboarding, Hiking,
Volunteering, Cycling



www.linkedin.com/in/duangchai-bersier-bb44632a/

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

More friends and opportunities to learn from each other.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Sales & digital marketing & communication / digital transformation

I'd like to achieve...

Das möchte ich gerne erreichen...

Expanded network and community for the Embassy Kirrhofer Community. Excellent cooperation between LLL and the Embassy this year and looking forward to continuing it in the future.

LLL is more than just a women's entrepreneurship club—it's a close-knit international community built on personal connections, idea exchange, and gathering together. Every member is treated with warmth and respect, fostering a welcoming and supportive atmosphere.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Cartier Boutique Lucerne/co Embassy



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duangchai.bersier@embassy.ch





ASSOCIATED MEMBER


**DANIELA
BEYROUTI**


DANIELA BEYROUTI

 Executive Partner


 12.07.1961


 beyroutidaniela@gmail.com
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 Running & Rowing

Beyrouiti & Partner Executive Search GmbH

 Binzenstrasse 3
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 +41 79 198 97 22
beyroutidaniela@gmail.com

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

I am happy, where I am right now in my professional and personal life

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Good conversations with inspiring leaders and women

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Recruiting, Interviewing, Coaching

I'd like to achieve...

Das möchte ich gerne erreichen...

Continue to build my business in executive search

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

You can achieve anything you want - you just need to want it enough. I was inspired to start running and within one year was able to run a half-marathon.





ASSOCIATED MEMBER


PAOLA
BIASON

PAOLA BIASON


 Editorial Director

 13.04.1965

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 Edi Estermann

 Reading, Cooking, Discussing

 www.linkedin.com/in/paola-biason-30a5a3176/

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

interesting encounters / further education /spannende Begegnungen /
Weiterbildungen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

media support / mediale Unterstützung

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


-





KARIN M. BJÖÖRN


Karin M. Björn is a project and event manager with over 20 years of experience in communications, event and conference management. With Swedish roots, a background in business administration and a postgraduate degree in marketing management, she combines Swiss precision with Scandinavian clarity. As the owner of Bjoorn Marketing, she supports SMEs and companies with 'Lagom' - the optimal balance of structure, efficiency and creative implementation.

KARIN M. BJÖÖRN

 Entrepreneur | CEO

 05.08.1971


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 Golf, Langlauf, Fasnacht

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NOTES

Signature mindset: Swedish clarity meets Swiss reliability.
Clarity, responsibility and impact in communication and leadership.

Board Positions

Verwaltungsratsmandate

Applied Chemicals International AG

What I need

Was ich brauche

Thought partnership, inspiration & personal growth

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

-

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategy and positioning

Communication and brand leadership

Stakeholder management

Decision-making support

I'd like to achieve...

Das möchte ich gerne erreichen...

Broaden my board exposure and leadership impact

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Entrepreneurial experience and strategic sparring in communication and transformation.




ASSOCIATED MEMBER


STÉPHANIE BORGE


STÉPHANIE BORGE


 Verwaltungsratspräsidentin

 15.04.1974


 stephanie.borgemueller@gmail.com
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 Thomas S. Müller

 Schwimmen, Kochen

Juliette Groupe AG

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Board Positions
Verwaltungsratsmandate

VR Juliette Groupe AG

What I need
Was ich brauche

Inspirierende Menschen treffen, Erfahrungen austauschen

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Ich möchte neue und inspirierende Power Ladies kennen lernen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategy/ Marketing/ Branding/ Transformation und Digitalisierung /
Management/ Public speaking skills

I'd like to achieve...
Das möchte ich gerne erreichen...

Mein Ziel ist es, traditionelles Handwerk (Bäckerei) mit dem besten
Marketing erfolgreich zu kombinieren und somit eine Alternative zu den
industriellen Brotprodukten im Herzen von Zürich anzubieten.


This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen


Lavendelseife von meiner eigenen Produktion


ASSOCIATED MEMBER


NICOLE BRANDES


NICOLE BRANDES


 Owner, Trusted Coach & Consultant

 01.10.1962

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 Timon Wick

 Outdoors, Film, Cars

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Brandes Core Management

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ASSISTANT

Katja Beste
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Board Positions

Verwaltungsratsmandate

Beirätin at Innovation World

What I need

Was ich brauche

True encounters with ladies who speak with brain, heart and soul

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiring, soul-nourishing connection, laughing;
sharing with authentic, like minded women, who rock their world

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

If you once need compassion, an open ear or a second opinion in business or life matters, try me! Pick my professional multi-background with corporate top management and entrepreneurship experience; I can also offer a "from-zero-to-hero-story" knowing life at first hand (for those interested: you'll find that in my book); today I have the privilege to be a confidant to nice personalities, who have accomplished plenty but feel empty and wonder what's next. I serve as a catalyst for positive change and help people thrive by shifting from the good life to a fulfilling and meaningful life - if this resonates with you, I am here!

I'd like to achieve...

Das möchte ich gerne erreichen...

Companionship and support, in which we make each other better persons in a place, where we can just be ourselves.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen







I can't wait to meet you. And I thank those, who already welcomed me with great warmth. See you soon!



DR. MED. SABINE BRUCKERT

As a specialist in dermatology and venereology FMH with additional specialisation in paediatric dermatology, Dr. med. Sabine Bruckert is part of the core medical team at the Dermis Skin Clinic in Bülach. She has extensive experience in the diagnosis and treatment of skin diseases and combines precise medical expertise with empathetic, patient-oriented care – both in classic dermatology and in aesthetic applications.

DR. MED. SABINE BRUCKERT

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-  05.06.1976
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-  Nils Vejlstруп
-  Skiing, cooking, my family

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ASSISTANT

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Board Positions
Verwaltungsratsmandate

none

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

meet great women & Sisterhood

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Dermatology, AntiAging, Dermatosurgery, Beauty Business, emotional Leadership

I'd like to achieve...
Das möchte ich gerne erreichen...

role model for women as entrepreneurs

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-

Gabriela Brunner stands for holistic, art-inspired design that blends architecture, design and creative forms of expression. Her GABRIELA BRUNNER STUDIO creates authentic spatial concepts, individual products and carefully curated works of art. With a wide range of workshops, she also creates an inspiring place where creativity can be experienced, deepened and shared.





GABRIELA BRUNNER





GABRIELA BRUNNER


 Owner / Artist / Designer / Educator

 27.09.1967

 gbhome@bluewin.ch
Untere Bahnhofstrasse 18, 9500 Wil, Switzerland


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 Roman

 Gardening, cooking, discovering magic places, spending quality time with loved ones, reading historical fiction, having a good laugh, look at life with an open mind and challenge my comfort zone frequently

 www.linkedin.com/in/gabriela-brunner-50039670/

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Board Positions
Verwaltungsratsmandate

Masterworks Museum Bermuda

What I need
Was ich brauche

Honest and open communication
Sharing of experience when I need it

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Open mindset
Support when I need advice
Thought provoking sharing

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Art Education - Local and International
Architectural Design - Local and International
Product Design - Local and International
Interior Design - Local and International
Project Management - Local and International
Conscious Lifestyle - Universal

I'd like to achieve...
Das möchte ich gerne erreichen...

Help members feel comfortable to share
Inspire fellow sisters

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

My creative flow
My knowledge
My visions



GUDRUN BUSCH

As a specialist in preventive medicine and orthomolecular medicine, Gudrun Busch helps people on their path to greater vitality and healthy ageing. At her practice, Biotuning GmbH in Aarau, she combines sound advice on vital substances with a clear focus on longevity. Her approach strengthens individual metabolic processes and promotes sustainable health literacy.

GUDRUN BUSCH



Inhaberin Praxis für Orthomolekularmedizin
(Vitalstoffberatung)



20.09.1968



+41 78 610 52 62

Biotuning GmbH



Kasinostrasse 30
5000 Aarau, Switzerland



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gb@biotuning-swiss.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking und Inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Gesundheit, Präventivmedizin und Orthomolekularmedizin, Longevity,
Gesund alt werden

I'd like to achieve...

Das möchte ich gerne erreichen...

Beitrag leisten zum gesund bleiben im Alltag, Gesunde Lebensspanne
verlängern

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Infos zur Orthomolekularmedizin



ASSOCIATED MEMBER

YASMIN
CACHEMAILLE GRIMM

YASMIN CACHEMAILLE GRIMM



Partnerin



22.10.1979



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Dörniweg 31, 4125 Riehen, BS



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Urs Grimm



Hospitality, travel, culture, sport & wellbeing



www.linkedin.com/in/yasmin-c-cachemaille-grimm-a087625b/

UNISONO Hospitality Management AG Schindellegi | Lörrach | Hamburg



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8834 Schindellegi, Switzerland



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ycg@unisono-hm.ch
www.unisono-hm.com

Board Positions

Verwaltungsratsmandate

UNISONO Hospitality Management

What I need

Was ich brauche

Trustful contacts | Contact to family offices and PE-Investors

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Interesting discussions that help me and my business to grow,
Networking

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Hospitality & Wellbeing Management, Leadership development,
Inspiring others, Building bridges between generations, Customer
Journey

I'd like to achieve...

Das möchte ich gerne erreichen...

Building and nurturing community through my hospitality vision

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

The power of energy, Inspiration, Hospitality essentials

With a well-established career in strategy, M&A and corporate and investment banking, Fanny Chan Huberty combines analytical precision with creative flair. Today, she is shaping POLITAINS, a Franco-Swiss fine jewellery brand that creates bespoke pieces from 18-carat gold, rare gemstones and ethical diamonds - jewellery that combines empowerment, aesthetics and craftsmanship.



FANNY CHAN HUBERTY

FANNY CHAN HUBERTY

-  Founder
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-  fanny@politains.com
Seestrasse 361, 8038 Zurich, Switzerland
-  +41 79 528 34 83
-  Nicolas Hubert

Board Positions

Verwaltungsratsmandate

none at present, but might look for someone who is interested to be at politains board

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood, and sincere connections

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Business plan, financial valuation, project management, commodity, gemmology and jewelry advices

I'd like to achieve...

Das möchte ich gerne erreichen...


Sharing authentic moments and honest talks with women in business.
Having a space to share ideas freely


This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Politains Gmbh

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www.politains.com





SOPHIE CHIQUET


Sophie Chiquet stands for visionary corporate fashion that combines design, function and sustainability. With her design thinking approach, she has been developing circular concept collections with CQ Corporate Fashion since 1998 that make brands visible and shape entire industries. Today, she brings her 30 years of haute couture experience, from Dior to Escada, to innovative, durable solutions for medicine, hospitality and industry.


SOPHIE CHIQUET

 Entrepreneur, Founder & CEO

 29.01.1970


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+41 61 534 63 62

 Sport, Reading, Yoga - and raising my 12year old daughter (is a priority not a hobby;))

 www.linkedin.com/in/sophiechiquet

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 +41 44 291 30 55
info@cqcorporatefashion.com
www.cqcorporatefashion.com
www.cqprotectiveclothing.com

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche

meeting new likeminded powerful women&men, strong collaborations, meeting investors, building an A-team

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood & committed members

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Empathy, Design Thinking, UX Strategist, Visionary, Fashion, Design, Art, Trends

I'd like to achieve...
Das möchte ich gerne erreichen...

That CQ Corporate Fashion GmbH stands for innovative Concept Collections improving our health. Long lasting fashion with a WHY!

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

www.cqprotectiveclothing.com a project I founded during the lockdown and which will improve our health... more to come very soon!


Sandra De Vito is Managing Partner and Delegate of the Board of Directors at Bratschi AG. With over 25 years of experience in civil litigation and commercial criminal law as well as in national and international arbitration, she advises companies on complex M&A, licensing and joint venture disputes. She has acted as chair or arbitrator in over 100 proceedings and is recommended multiple times by Chambers, Who's Who Legal and other directories.





SANDRA DE VITO





SANDRA DE VITO

 Managing Partner / Attorney at law / Producer

 08.04.1973


 sandra.devito@bratschi.ch
Ormisstrasse 51, 8706 Meilen, Switzerland


 +41 79 318 09 77

 Sports, Movies, Flying, Writing

 www.linkedin.com/in/sandra-de-vito-bieri-12610b5/

Bratschi AG Plan S Productions GmbH

 Bahnhofstrasse 70
8001 Zurich, Switzerland

 +41 58 258 10 00
sandra.devito@bratschi.ch
www.bratschi.ch

Board Positions
Verwaltungsratsmandate

Member and Delegate of the Board of Directors Bratschi AG

What I need
Was ich brauche

trustful relationships, honest interest in one another

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Connections, interesting talks with passionate ladies willing to perform out of the box and connect to dots

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

besides legal issues, I am happy to help realizing ideas; I am a very solution oriented person. I can motivate people to achieve their dreams.

I'd like to achieve...
Das möchte ich gerne erreichen...

Get back to the roots and still continue to built on what I have achieved so far. For back to the roots see "This is what I want to share..."

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

My new baby: Plan S Productions GmbH



MELANIE DIETIKER

Melanie Dietiker stands for empathetic, clear and impact-oriented brand development. With RAUMundSTYLE, she advises companies on marketing, communication and has shaped brands such as BICO and HAPPY. As the owner of Monochromel, she also brings her keen sense of monochrome, timeless aesthetics to the table – a strength that combines strategic clarity, style awareness and human warmth.

MELANIE DIETIKER



Owner / CEO



01.09.1974



melanie.dietiker@outlook.com
Landstrasse 23, 5426 Lengnau, Switzerland



+41 79 584 59 36



Design, Sports, Travelling, Culinary, Hospitality



www.linkedin.com/in/melaniedietiker/

RAUMundSTYLE by Mel Dietiker

Interior Design & Marketing

Angela Bruderer AG

Head of Purchasing / Member of the Board



+41 79 584 59 36
info@monochromel.ch
www.monochromel.ch

Board Positions

Verwaltungsratsmandate

Stiftungsrätin FIM Football is More Foundation, Schaan

What I need

Was ich brauche

Contacts to interior designers and design retailers /concept stores in CH
Places/stores for a brand cooperation
Best practice ideas in sourcing
Contacts to the Hospitality Industry and Interior Design

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration, cooperation, engagement, open-minds

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing & Communication - from strategy, concept to implementation.
Interior Design and Branding.

I'd like to achieve...

Das möchte ich gerne erreichen...

Being able to follow my passion: marketing & communication and interior design. Support companies in developing an identity-creating relationship with marketing & communication towards their consumers. Support people in discovering the beauty in the simple with minimalistic design.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Jelena Dunjic is Senior Relationship Manager and Director at LGT Bank, as well as Deputy Team Head in Private Banking Switzerland. She serves discerning clients with a clear focus on wealth accumulation, long-term investment planning and individualised support.

With many years of experience in private banking, she combines analytical strength, trust-building and a strong client focus to deliver sustainable financial solutions.



JELENA DUNJIC

JELENA DUNJIC



Relationship Managerin



06.01.1989



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Travelling, reading, good conversation with good people



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LGT Bank AG



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9490 Vaduz, Liechtenstein



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jelena.dunjic@lgt.com

ASSISTANT

Raffaella Neff
+423 235 27 89
raffaella.neff@lgt.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Inspiration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Giving and receiving commitment and meeting many inspiring women, great moments and conversations

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Banking and Finance, Relationship Management

I'd like to achieve...

Das möchte ich gerne erreichen...

You never stop learning and my wish is to learn a lot of new things about myself and my goals. I also find people very inspiring and would like to meet many great women here, which serve me as a role model, both professionally and privately.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



CHARLOTTA FALK

With a strong ability to turn complexity into clarity, Charlotta Falk supports companies as a Creative Consultant at Futureworks. With over 15 years of experience in branding, marketing and communications, she creates authentic business stories and customer-focused strategies that foster resilience and sustainable growth.

CHARLOTTA FALK



Creative Consultant
Management Team Member



16.11.1980



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David Falk



Friends, cooking, hiking



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Futureworks AG



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www.futureworks.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Good conversation and discussion, friendship and business partners

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Brand Strategy and Positioning, Customer Experience,
Employee Experience, Go-to-market Strategy, Storytelling,
Strategic Communications

I'd like to achieve...

Das möchte ich gerne erreichen...

To find like-minded and differently-minded individuals that support professional and personal development.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



MAGALI FIECHTER

Magali Fiechter is CEO and founder of Nextwire and supports management teams in rethinking work for the AI age. After 15 years in digital and transformation consulting - including at Simon-Kucher, SparkOptimus and Kearney - she combines strategy, technology and organisational design. As a guest lecturer at ETH Zurich, she teaches digital business and empowers companies to leverage AI potential in a human-centred and impact-oriented way.

MAGALI FIECHTER



Partner



22.11.1989



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8803 Rüschlikon, Switzerland



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Raffael Fiechter



Ski, Hike, Horseback Riding, Piano

Simon Kucher



Amstelveenseweg 500
Amsterdam, Netherlands



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ASSISTANT

Tess Köhler
tess.köhler@simon-kucher.com

Board Positions

Verwaltungsratsmandate

None (yet!)

What I need

Was ich brauche

Inspiration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Exchange on business & personal topics

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Commercial Growth, Building & Leading Teams,
Digital Transformation

I'd like to achieve...

Das möchte ich gerne erreichen...

Top Female Voice

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen








Creativity & Business Sense, My Network

Camilla Douraghy Fischbacher is Creative Director at Fischbacher 1819 and shapes the overall image of this traditional company worldwide. She is responsible for the collections of interior fabrics, wallpapers, carpets and home accessories and stands for the highest material quality, innovation and sensual textile culture. Under her leadership, the company has received several international design awards – including Red Dot, German Design and the Green Award – for its sustainable Benu Fabrics, which are made from recycled materials. Her global trend research and design team translate inspiration, craftsmanship and sustainability into timeless textile elegance.



CAMILLA D. FISCHBACHER

CAMILLA D. FISCHBACHER

-  Creative Director
-  13.5.1970
-  cd.fischbacher@fischbacher1819.com
-  +41 79 599 02 52
-  Michael Fischbacher
-  Photography, traveling
-  www.linkedin.com/in/camilladouraghy/

Board Positions
Verwaltungsratsmandate

What I need
Was ich brauche
nothing really.. I am here with an open mind

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

I like to meet other women who have similar challenges to work in a management position and lead people. But more importantly to meet interesting people who inspire me

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am very visual .. I would say I could help with everything related to aesthetics.. Packaging , labels, design, logos pattern, photography advertisement interior decoration etc.



I'd like to achieve...
Das möchte ich gerne erreichen...

I would like more people to know about how important good materials and quality is in our daily lives and how this philosophy would help us all not to consume and waste so much

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Fun times with interesting people who teach us something we don't know

Christian Fischbacher Co. AG


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www.fischbacher.com


The development of people and organisations is at the heart of Mildred Fischli's work. As a coach and consultant, she supports clients through periods of change, strengthening their self-confidence and decision-making skills and creating space for clarity and growth. With her resource-oriented approach, she combines mindfulness, structure and effective methods for sustainable personal and professional development.





MILDRED FISCHLI

MILDRED FISCHLI


 Owner / Executive & Leadership Coach / Workshop Facilitator

 26.04.1981


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 Tobias Fischli


 Reading, Tennis, Travel, Foodie adventures

 www.linkedin.com/in/mildredfischli/

 If you like to get an instant reply, please send me a text message.

Mildred Fischli Coaching & Consulting

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 mildred@mildredfischli.com
www.mildredfischli.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I need a dynamic and supportive network of powerful and empowering female leaders to exchange innovative ideas and insights with.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Through the League of Leading Ladies, I hope to gain access to unique experiences/events, diverse perspectives, and opportunities for collaboration that will fuel both personal and professional growth.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

orkshop design and facilitation (especially related to self-awareness and communication skills), Group coaching, Speaking/Presentation skills, Executive & Leadership (1:1) coaching, Mentoring

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to achieve a higher level of success in my business endeavors while contributing meaningfully to a thriving community of forward-thinking women.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Two fascinating, insightful books I am currently reading and highly recommend: Mind Magic by Dr. James R. Doty, and The Psychology of Money by Morgan Housel



MARION FOGLI

As co-founder and Deputy CEO of Alpi Bank, she plays a decisive role in shaping Switzerland's first digital private bank. Under the motto 'Finance Made Human', she combines technological innovation with personal advice and makes investment principles accessible to a wider audience. With 'Behind The Bank', she also provides insights that convey financial knowledge in an understandable and accessible way.

MARION FOGLI



Deputy CEO



02.07.1981



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1246 Corsier, Switzerland



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Ski, pilates, swimming, walking, opera, classical music and reading



www.linkedin.com/in/marion-fogli/



If you would like an instant reply, please send me a wahts app message

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Find an inspiring space for genuine exchange, where I can learn from diverse experiences, broaden my perspective, and build meaningful connections with ambitious and supportive women.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Support in structuring ideas, tackling challenges, or simply being a listening ear. My focus is always on collaboration and creating practical, meaningful solutions.

I'd like to achieve...

Das möchte ich gerne erreichen...

Continue growing personally and professionally, connecting with like-minded women who value progress and authenticity. I also want to refine my skills while staying true to my core values of collaboration and kindness.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Bring positive energy, constructive ideas, and my experience in fostering human-centered projects. I believe every interaction is an opportunity to learn and grow together, even in small ways.

Stéphanie Fuchs is the founder and CEO of Stéphanie Fuchs Consulting and is one of the leading experts on Swiss and Liechtenstein tax law as well as digital and cross-border tax structures. She advises companies, private individuals and Web3 players on complex tax issues - from M&A, transfer pricing and ESG tax to blockchain, crypto assets and international compliance standards. As a lecturer on crypto tax and a member of the Crypto Valley Association, she combines in-depth expertise with clear advice for an increasingly digital financial world.



STÉPHANIE FUCHS

STÉPHANIE FUCHS



CEO / Founder



28.01.1983



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8405 Winterthur, Switzerland



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Poetry writing, hiking, Zen meditation, Literature, Music



<https://www.linkedin.com/in/stéphanie-fuchs>

Stéphanie Fuchs Consulting



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www.stephaniefuchs-consulting.com

Board Positions

Verwaltungsratsmandate

WIW3 CH in planning

What I need

Was ich brauche

Space for thoughtful exchange with women who navigate complexity with grace. A setting where ideas are not merely shared but questioned, where experience meets curiosity, and where reflection is not a luxury, but a natural part of growth. A circle where trust is earned through presence, not performance and where ambition is not loud, but deliberate.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Encounters that stay with me. Conversations that challenge the way I think, not only about work, but about direction, courage, and responsibility. Inspiration from others who are building not only companies or careers, but lives shaped by clarity and values. Support that is generous, sharp, and unafraid. And a sense of sisterhood but not as a label, but as lived connection. Where solidarity is not spoken, but shown. And also growth, not in volume, but in depth.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Taxes and structuring

I'd like to achieve...

Das möchte ich gerne erreichen...

To grow my firm into a recognised voice at the intersection of tax, technology, and governance - a space where precision meets relevance. To help decision-makers see tax not as an afterthought, but as a design question: central to how we build structures, define accountability, and shape sustainable outcomes. To inspire a new generation of professionals to see tax as a field where clarity, courage, and conviction matter. And to work with clients and peers who care not only about compliance, but about impact and who understand that even the most technical work carries ethical weight.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Like belief, tax is personal. It touches how we live, what we value, and what we choose to build. It asks for trust, for responsibility, and sometimes, for the courage to stand by quiet decisions. There is a kind of truth in it. Not loud, but lasting. That is the magic I work with. That is tax.


Claudia Gabler is a communications consultant, journalist, Certified Happiness Trainer and Chief Communication Officer and Chief Happiness Officer of FYNREST Agency.


With many years of experience in corporate publishing, content strategy and media relations, she helps companies position their brands effectively and tell compelling stories. Her focus is on clear communication, strategic storytelling and high-quality content that creates visibility and relevance.





CLAUDIA GABLER

CLAUDIA GABLER


 Positive Communication Advisor & Chief Happiness Officer

 17.11.1976

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Stämpflistrasse 47, 3052 Zollikofen, Switzerland


 +41 79 204 28 22


 Markus Strahm

 Travelling (especially Road Trips), Music, Reading, Happiness Studies

 www.linkedin.com/in/claudiagabler/

Claudia Gabler Beratungen & FYNREST Agency

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fynest.agency

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Inspiration, thinking outside the box, finding new ways, leaving legacy, explore new paths with joy, curiosity and passion.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration, sharing best practice, exchanging on topics that matter, experiencing different leaders from different industries with different backgrounds. Together we can make the difference!

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Public Relations, Positive Communication, Crises Communication, Crises Prevention, Media Training, Certified Happiness Trainer (HSA 2025)

I'd like to achieve...

Das möchte ich gerne erreichen...

That female leaders support each other and rise together, leading by example, with benevolence, and being great role models for the next generation of Leading Ladies.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Happy Storytelling, positive communication, press readiness are not reserved for men. Let's do it!

Franziska Gisiger is a proven expert in banking, capital market and corporate law as well as in compliance. After holding senior positions and board mandates at SIX, she is now Head of Legal & Compliance at Glarner Kantonbank, where she is responsible for legal and compliance management, leads the relevant teams, supports the bank on complex legal, compliance and governance issues and advises clients on inheritance law and distribution of estates.



FRANZISKA GISIGER



FRANZISKA GISIGER



Head Legal & Compliance



22.05.1980



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Reading (crime novels), sport (fitness and yoga), travelling (culture) and I love to listen to music



www.linkedin.com/in/franziska-gisiger



If you like to get an instant reply, please send me a text message (private mobile)

Glarner Kantonbank



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8750 Glarus, Switzerland



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www.glkb.ch

Board Positions

Verwaltungsratsmandate

What I need

Was ich brauche

Exchange of experiences and honest advice from ladies in a similar position as I am, and also from others - to get a different perspective, think out of the box, to not feel alone with some issues. Sometimes, I just need a glass of wine with fantastic female friends.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

See under "what I need". I hope to meet a lot of fantastic ladies who exchange their experiences with me and are open to support each other in this sometimes too hectic and not empathic enough world.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Business and legal skills: See my LinkedIn profile. In addition, I am a good listener and someone to "Pferde stehlen" and to laugh with (a day without laughing would be weird for me). Long-term trust, diversity, inclusion and an open communication are also close to my heart.

I'd like to achieve...

Das möchte ich gerne erreichen...

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen






What helps me after a bad day: Dancing in my kitchen (without freaking out as I do not want to have problems with my neighbors... :-)



ASSOCIATED MEMBER

MARTINA GMÜR

MARTINA GMÜR

-  16.04.1977
-  martina@gmuers.com
Küngenmatt 8, 8055 Zurich, Switzerland
-  +41 79 769 75 00
-  Horses, riding, travelling
-  www.linkedin.com/in/martina-gmuer/

Board Positions

Verwaltungsratsmandate

Chairman of the Board of Directors Schweizerischen Rheinhäfen (Port of Switzerland),
Member of the Board Swiss Indian Chamber of Commerce

What I need

Was ich brauche

Like-minded peopel, inspiring talks, valuable insights and experience sharing

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meeting great and inspiring people, gain/share/connect experience, new perspectives and fresh ideas, learn and have fun

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Internationalisation, Digitalisation, Strategy,
(New) Product Development, Design Thinking

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-


Camille Godet combines over 20 years of experience in the international luxury and fashion business with digital excellence. At Google, she supports global brands such as LVMH in data-driven marketing and growth strategy and leads the Women@ Google Zurich community. Previously, she was responsible for international sales and market strategies in Europe, the US and Asia at Hermès, IWC, OMEGA and Dent de Man.




CAMILLE GODET





CAMILLE GODET


 International Digital Marketing & Strategy
Women@ Google Lead for Zurich

 25.08.1977

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 +41 78 817 43 77


 Alexandre Godet

 Yoga, Meditation, Education, Reading, Travelling

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Google

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cgodet@google.com
www.careers.google.com/teams/sales-service-support/

Board Positions
Verwaltungsratsmandate

None at present

What I need
Was ich brauche

To meet like-minded outstanding women

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood, Inspiration, Networking

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

International Sales, Marketing, Online Strategy, Luxury, Watchmaking industry, Communication

I'd like to achieve...
Das möchte ich gerne erreichen...

I want to keep learning, developing myself and strive in order to transmit, help and enable others

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-

Tamara Golliez offers a tailored training for women in leadership who want to move beyond outdated, male-dominated standards. It supports the development of an authentic communication style that builds trust, inspires teams, and creates presence without the need for dominance. The training strengthens emotional intelligence, confidence, and visibility by using facial expression awareness and faceyoga for clearer and more effective communication.



TAMARA GOLLIEZ

TAMARA GOLLIEZ

-  Owner / Founder
Teacher and Mimik-Resonanz-Master
-  19.08.1961
-  info@tamara-faceyoga.ch
Zurlindenstrasse 111, 8003 Zurich, Switzerland
-  +41 79 437 33 31
-  reading books / traveling / bread baking
-  www.linkedin.com/in/tamara-golliez-faceyoga/

Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

including FaceYoga as a part of Health-Managements

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

connections

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Mimik-Resonanz Master
FaceYoga Teacher
Workshops / Speaker / Anatomy
Emotion reading



I'd like to achieve...
Das möchte ich gerne erreichen...

Emotional intelligence together with FaceYoga should be part of every leadership training

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

I like to share the importance of a relaxed and fresh appearance. Charisma is an important way to achieve trust.

Tamara Face Yoga®

-  By appointment only
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-  +41 79 437 33 31
info@tamara-faceyoga.ch
www.tamara-faceyoga.ch





ASSOCIATED MEMBER

LISELOTTE
GÖTZE

LISELOTTE GÖTZE

-  Owner / Publisher / Entrepreneur
-  21.03.1961
-  contact@larbol.ch
-  +41 79 202 36 10

Larbol AG

-  Hauptstrasse 34
8598 Bottighofen, Switzerland
-  www.larbol.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

-

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

-

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-





NADJA GREVEN


With over three decades of experience in the international fashion business, Nadja Greven has been shaping the development of Akris since 2004 - today as Director Wholesale DACH and Head of the Akris Academy. Previously, she was responsible for retail and wholesale strategies in Europe and established training and development programmes. Her career began in project management at the Igedo fashion fair, followed by senior sales roles at the HOLY FASHION GROUP. With a solid education in fashion, administration and leadership, she combines in-depth industry knowledge with strategic vision.

NADJA GREVEN

 Director Wholesale DACH und Akris Academy

 01.01.1966


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 Cooking, TRX, Pilates

 www.linkedin.com/in/nadja-greven-3a91b6183

Akris

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nadja.greven@akris.com
www.akris.ch

Board Positions
Verwaltungsratsmandate
currently not

What I need
Was ich brauche
insiring exchange, reflection, open communication

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
ideas for each other

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Leadership in Wholesale/ Retail/ Marketing/ Presetation/ Styling/
Visual Merchandising

I'd like to achieve...
Das möchte ich gerne erreichen...
network, possible cooperations


This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-


Sonja Griesshammer is an expert in money laundering and financial crime compliance. For almost twelve years, she has been strengthening the integrity of the financial sector at the Raiffeisen Group as Senior Compliance Officer FCC. Previously, she headed up sales at pro aurum Schweiz AG, where she was also responsible for key compliance issues.





SONJA GRIESSHAMMER


SONJA GRIESSHAMMER


 Financial Crime Compliance Officer
Raiffeisen Schweiz Genossenschaft

 26.08.1979

 s.griesshammer@bluewin.ch
Im Langwil 6, 8044 Gockhausen, Switzerland

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 Cars, Motorboat, Cycling, Reading,
Cooking, Fine Dining

 www.linkedin.com/in/sonja-griesshammer-a9986aal/

Board Positions

Verwaltungsratsmandate

not at present

What I need

Was ich brauche

Inspiring discussions with other ladies (and gentlemen) and insights in different ways of living, working, relaxing, healing and mastering life.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

sisterhood / interaction

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Financial Crime Compliance Topics (AML, CTF, Sanctions) / Precious Metals / Interaction with International Banks / Due Diligence, KYC

I'd like to achieve...

Das möchte ich gerne erreichen...


Being an inspiring part of that great club and network and sharing positive knowledge and ideas.


This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Raiffeisen Schweiz Genossenschaft

 The Circle 66
8058 Zürich-Flughafen, Switzerland

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sonja.griesshammer@raiffeisen.ch
www.raiffeisen.ch

Rebecca Guntern is Chief Commercial Officer at Sandoz and one of the most experienced leaders in the European healthcare industry. With over 25 years of pharmaceutical expertise – including at Roche and MSD – she shaped development in over 40 countries as President Europe. She also sits on the Board of Directors of BKW AG.





REBECCA GUNTERN



REBECCA GUNTERN

-  Chief Commercial Officer
-  23.05.1972
-  Lärchenstr. 14, 8800 Thalwil, Switzerland
-  +41 79 800 41 62
-  Reto Flückiger
-  www.linkedin.com/in/rebecca-guntern-014659b/

Sandoz AG

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-  rebecca.guntern@sandoz.com
www.sandoz.com

ASSISTANT

Stefanie Ruenz
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Board Positions
Verwaltungsratsmandate

BKW – Board Member

What I need

Was ich brauche

The possibility to share and reflect in a trusted & inspiring environment

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A platform to share and discuss a broad range of topics, where honesty and trust are core values and personal growth & reflection are the objectives

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Sparring partner for topics around leadership, strategy & transformation, personal development & career planning, D&I topics

I'd like to achieve...

Das möchte ich gerne erreichen...

Inspire leaders to promote diversity & inclusion within their organizations and in society; D&I should be part of the success formula and not a problem that needs solutions

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Sharing my broad and longstanding experience in business topics like leadership, strategy & transformation; providing support for all questions around career planning & professional development





ASSOCIATED MEMBER


DR MARA CATHERINE
HARVEY

DR MARA CATHERINE HARVEY


 Founder and CEO

 20.04.1971

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 Michele

 Writing books, handcrafts

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smartwaytostart.com
maraharvey.com

ASSISTANT

Adina Andreani
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info@equalmore.com

Board Positions

Verwaltungsratsmandate

Supervisory Board Member VP Bank Luxembourg SA

What I need

Was ich brauche

Connectivity to international entrepreneurs

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A space for connection, sharing, mutual business collaboration and personal support

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategy consulting, Wealth Management, Financial Literacy, Global transformation projects, Startup experience, Writing books

I'd like to achieve...

Das möchte ich gerne erreichen...

Continue to grow my start-up and build a portfolio career, moving out of the executive space after 25 years.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

If you have children, godchildren, grandchildren, nephews or nieces, do take responsibility to start their financial literacy learning journey early (by age 5)! It will be a gift of life skills they will value forever.

Daniela Haze Stöckli is a sparring partner for executives and an expert in future skills, talent development and strategic leadership. As an entrepreneur, advisor and career architect, she supports CEOs and top managers in positioning, potential analysis and organisational development with a strong focus on female empowerment.



DR DANIELA
HAZE STÖCKLI

DR DANIELA HAZE STÖCKLI



Partner



19.02.1971



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Markus Stöckli



Riding Icelandic horses and competing in tournaments,
Art & Design, Traveling



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Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Inspiration, Austausch mit Top Executives

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration | Netzwerk | Mental Health

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Career Sparring & Positioning für Top Executives und
Verwaltungsrat | VR Begleitung | Beirätin und Verwaltungsrätin |
Leadership | Future Skills | Aufbau von weiblichen Talent Pipelines |
Keynote Speaker | Connecting the Dots

I'd like to achieve...

Das möchte ich gerne erreichen...

Mehr Frauen über die gläserne Decke in Top Funktionen bringen, mehr
Diversität in Board Gremien, Vernetztes Denken und Handeln, Weg von
Stereotypen und Silodenken, mehr echtes ESG, VR-Mandate für ESG

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Share my many years of experience in positioning yourself optimally
on management boards and boards of directors. Courageously take on
professional challenges whose course and destination have not yet been
finalized.

ASSOCIATED MEMBER

ALEXANDRA HELBLING

ALEXANDRA HELBLING



CEO



25.03.1971



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8633 Wolfhausen, Switzerland



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Markus Weiss



Gardening, Jogging, Hiking, Friends&Family


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Physiozentrum.ch / Zürich



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8001 Zürich, Switzerland



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Board Positions

Verwaltungsratsmandate

keine

What I need

Was ich brauche

Branchenübergreifender Austausch, offene Gespräche, ehrliche Meinungen, gemeinsame Mission

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

neue Kontakte und Verbindungen, Know How Austausch mit Frauen in Führungspositionen, Gegenseitige Unterstützung und Mut

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, General Management, Sales, Marketing, Produktentwicklung & Design, Innovationsmanagement, Nachhaltigkeit und Gesundheitswesen

I'd like to achieve...

Das möchte ich gerne erreichen...

Zu einem Netzwerk mit Herz zu gehören und möglichst oft persönlich dabei zu sein.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Elisabeth Henning combines strategic clarity, digital excellence and strong leadership skills. The founder of nXt chapters supports senior executives aged 50+ in the next phase of their careers and advises companies and boards on growth, digitalisation and positioning - drawing on more than 25 years of experience in global tech corporations.



ELISABETH HENNING



ELISABETH HENNING



Founder



22.08.1974



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travel, sport, cooking, concerts, coaching



<https://linkedin.com/in/elisabethhenning/>

Board Positions

Verwaltungsratsmandate

Global Expert Board Member of Paris Metropolitan University
Senozon AG, Verwaltungsrätin
Board Mesh, Co Director
Board Owl, Teacher and Portfolio Career Coach

What I need

Was ich brauche

Netzwerk, interessante Business Kontakte, Inspiration für neue aktuelle Business Themen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Netzwerk, Business Kontakte und Partnerschaften. Inspirierende Gespräche und Austausch mit gleichgesinnten Frauen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

25yrs Global Sales Leadership & Go to Market Strategy in IT &Tech.
Systemic Business Coach, Online Entrepreneurship.

I'd like to achieve...

Das möchte ich gerne erreichen...

Als wertgeschätztes Mitglied wahrgenommen werden, dass anderen Frauen hilft, stärker und besser zu werden und den gleichen Support ebenfalls erhalten.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Most people think they have 2 lifes - until they realize they actually only have one. Therefore, follow your heart and strive for purpose in all you are doing.

nXt chapters



Walther Hauser Strasse 4B
8820 Wädenswil, Switzerland










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henning@xtchapters.com

Marianne Hopsch has been managing GH Goldhaus AG in Zurich since 1999 - a company renowned for its high-quality jewellery, personalised advice and timeless elegance. In addition to her entrepreneurial activities, she is involved with ROBIJ and supports young refugees in the canton of Zurich with career guidance.





MARIANNE HOPSCH

MARIANNE HOPSCH

-  Owner / Entrepreneur
-  01.09.1966
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-  +41 76 398 44 89
-  Fabio di Càsola
-  art, contemporary dance, theatre, yoga
-  bit.ly/marianne-hopsch

GH GOLDHAUS AG

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goldhaus@me.com
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maho design

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-  +41 44 211 58 22
mahodesign@me.com
maho-design.com

Board Positions
Verwaltungsratsmandate

Chairman of the Board & Founder ROBIJ
www.robij.ch

What I need
Was ich brauche
48h pro Tag

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
den Austausch mit spannenden Frauen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Unternehmens-und Mitarbeiterführung


I'd like to achieve...
Das möchte ich gerne erreichen...
möglichst viele Handwerks-und Dienstleistungsbetriebe
überzeugen, motivierten Flüchtlingen eine Chance zu geben


This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Ich helfe jugendlichen Flüchtlingen bei der beruflichen Integration im Kanton Zürich.
Gesucht sind Firmen, die Berufserkundungs- und Schnuppertage anbieten, damit die Jugendlichen sich schnellstmöglich in der Schweizer Berufslandschaft orientieren und eine Ausbildung starten können.


ASSOCIATED MEMBER


GIADA
ILARDO

GIADA ILARDO


 Founder & CEO

 31.05.1983


 giada@giahi.ch
Bahnhofstrasse 70, 8001 Zurich, Switzerland

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 Basil Flachsmann

 www.linkedin.com/in/giada-ilardo-08175138/
 you can meet me in my boutique or via mail or WhatsApp.
I am open to any kinds of requests and reciprocal support.

Giada Ilardo AG

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www.giahi.ch
www.giadailardocoaching.com

Board Positions

Verwaltungsratsmandate

I am currently the VRP of Giada Ilardo AG. What I Need: As part of our international expansion, we are looking for investors. I am open to interesting inquiries and opportunities for cooperation.

What I need

Was ich brauche

I am a passionate entrepreneur, my goal is to support people and to become a supporter too. I am open for all kinds of feedback, which helps me to grow. I am also open for cooperations and any kind of added value.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I aim for mutual growth and the exchange with interesting women.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

As a passionate entrepreneur, I offer the highest quality in tattoo and piercing services. As a jewelry producer and modern goldsmith specializing in ear and piercing jewelry, I provide a comprehensive range of jewelry-related services. I am committed to delivering unique and exceptional service in jewelry, piercing, and tattoos.

I'd like to achieve...

Das möchte ich gerne erreichen...

I plan to position my company internationally and establish locations around the world. As an entrepreneur, my goal is to be a role model for young women, demonstrating how passion, belief, and a strong will can create a successful story.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


If you identify synergies and opportunities that you would like to share with me, please do so. If you have contacts or valuable insights that could aid in our expansion, your contribution would be immensely valuable and much appreciated.





ANDREA ISLER


Andrea Isler supports people in shaping their career paths in a clear, confident and future-oriented manner. With Career Factory, she assists specialists and executives with career questions, assessing their current situation, application processes and personal development – always in a practical, empathetic and solution-oriented manner.


ANDREA ISLER

 Founder | Board Member | CEO & Career Coach


 29.06.1961


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 www.linkedin.com/in/andrea-isler-241abab8/

Career Factory Leadership Advisory & Career Development

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www.careerfactory.ch

Board Positions

Verwaltungsratsmandate

Chairwomen of the Board COURAGE YOUR WAY
Member of the Board Foundation Pestalozzianum
Member of Advisory Boards

What I need

Was ich brauche

Good company, inspiring humans, humor, create new business ideas and make it happen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Business member are well connected, networking with other organization and create impact

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

As strategic business thinker and people developer I love to explore new ideas and to enhance impactful business models. As social entrepreneur, executive advisor and passionate networker I am committed to becoming even better at what we do to be more effective, focused and inspirational. A distinctive combination of leadership and management experience leads into a creative, impactful and effective culture.

I'd like to achieve...

Das möchte ich gerne erreichen...

Acting mutually as an engaged member of our community

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Love to hear more about business, that aims to inspire others, to create meaningful impact, which acts as a catalyst for a sustainable future

Raffaella Iten Metzger is an entrepreneur, designer and founder of De Marquet. Inspired by the everyday lives of busy women, she designs versatile, high-quality bags made in Italy, such as the iconic 'Night & Day', which combines functionality, style and soul. She is also the creative force behind Ladies Drive Business Day.



RAFFAELLA ITEN METZGER



RAFFAELLA ITEN METZGER



Owner/Head of Design



15.12.1966



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Marc Metzger



Travelling/Fashion/Reading/Interiors/Christmas



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for quick answers best on whatsapp

De Marquet



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ASSISTANT

Virginia Metzger
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Board Positions

Verwaltungsratsmandate

None at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood, authentic relationships, sharing business experiences, network

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing, Brand Creation, Fashion Italy-Switzerland, Networking

I'd like to achieve...

Das möchte ich gerne erreichen...

an interesting, fascinating female network among passionate business people

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.demarquet.com - my baby after my two grown-up babies

Sarah Jacquesson has a passion for timeless, holistic garden design with architectural appeal. As co-owner and managing director of Hauser Design & Hauser Gärten, she designs high-quality outdoor spaces – specialising in lakeside properties, perennial planting and individual garden concepts from flooring to furnishings.



SARAH JACQUESSON

SARAH JACQUESSON



General Manager, Head of Brand & Design



10.02.1989



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Clément Jacquesson



Dog, Horse, Food, Wine, Travel, Hotels, Art, Design, Architecture, Gardens, Films, Series, City & Nature



www.linkedin.com/in/sarah-jacquesson-hauser-54232598/

Notes



currently open to work

Board Positions

Verwaltungsratsmandate

VR Hauser Holding AG (2017-2023)

What I need

Was ich brauche

Currently looking for new job opportunities, work with a purpose in a passionate and dynamic team

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Exchange with peers, Sisterhood, support system and sparring partners, a network that guides me in the next steps of my career

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, Business, Sales, Design (Interior & Garden), Construction Knowledge/ Network in the construction industry, Business/Brand Partnerships, KMUs/Familienunternehmen, Management, Customer Relationships with HNWI, Experience with succession planning (within our own family company)

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to achieve ambitious targets & goals of a company, whose values I share with a team that enjoys work and is passionate about what we do - first, I need to find the right company&team though :)

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

For everyone who is a fan of food I can highly recommend watching "Knife Edge: Chasing Michelin Stars" on Apple TV+. I recently watched it and found it very inspiring!



CRISTINA JÄGER

Cristina Jaeger empowers women to become confident investors. As the founder of herFinancialFreedom, she combines in-depth Swiss banking expertise with empowerment and financial education for women living internationally. She is a committed changemaker working to close the gender wealth gap.

CRISTINA JÄGER



Founder



20.09.



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Female Empowerment, Female Financial Literacy, Community Building, International Living, Trying to learn Spanish :D



<https://ch.linkedin.com/in/cristina-jaeger>

herFinancialFreedom Ltd



Switzerland & Hong Kong

Board Positions

Verwaltungsratsmandate

CEO of herFinancialFreedom

What I need

Was ich brauche

How can we break down the barriers for women talking finances/managing their (long-term) investments? Any ideas how to make those topics part of our everyday discussions help me to close the gender wealth gaps.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A supportive community that is uplifting and focused on growth

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Breaking down the intransparent finance world into simple, actionable tools, to ensure financial confidence for every woman.

Ask me anything about Finances, I will try to help wherever I can - there is no wrong question!

I'd like to achieve...

Das möchte ich gerne erreichen...

That women can take charge & speak confidently about their (long-term) finances.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen









Glad and excited to be part of this incredible motivating community, with inspiring and colourful stories I can learn from and give back with my expertise! Cannot wait to connect with you!





ALMUT JEHLE

Almut Jehle combines strategic clarity and transformational power with a strong focus on people. As Head of Business Transformation P&C at AXA Switzerland, she is responsible for central change programmes and founded Women@AXA. She is also involved as a diversity ambassador, board member and host of Goldpurpur magazine.

ALMUT JEHLE

-  Head Business Transformation P&C
-  21.05.1980
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-  Elias Jehle
-  Gardening, Print Magazines
-  www.linkedin.com/in/almut-elisabeth-jehle/
-  Founder & Publisher of Meraki

AXA Versicherungen AG

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www.meraki.jetzt

ASSISTANT

Nina Hubli
nina.hubli@axa.ch

Board Positions

Verwaltungsratsmandate

LRF (Liechtensteinischer Rundfunk)

What I need

Was ich brauche

Would be great to meet persons, that act as trusted advisor in supporting me in scaling my magazine. I'm a big believer in serendipity and it would be awesome if LLL could help me on that.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meet inspiring women, who encourage und support eachother on personal growth, gain visibility as a person and my expertise

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Personal Growth, Impactful Leadership, Transformative Strategies

I'd like to achieve...

Das möchte ich gerne erreichen...

Successfully scale my Magazine Meraki

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

How beautiful Liechtenstein as a country is :-)



ASSOCIATED MEMBER

DR KARINA AUDREY JEKER

DR KARINA AUDREY JEKER



Founder, Entrepreneur & CEO



17.02.1971



jeker@fbs-group.ch
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Golf, Reisen, Wellness



www.linkedin.com/in/dr-karin-jeker-weber

FBS Group AG



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www.femalebusinessseminars.ch

ASSISTANT

Samira Hermann
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Board Positions

Verwaltungsratsmandate

Tonisi Holding AG

What I need

Was ich brauche

Women with a Vision, people that inspire me

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

good, deep and honest conversations, people that share my vision, friends for live

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

20 years of lecturing in the fields of marketing & strategic management, helping people to find their own brand (personal branding training), offering companies a whole set of management trainings for their female talents. Leverage diversity management within companies

I'd like to achieve...

Das möchte ich gerne erreichen...

That honest gender diversity is a responsibility of each of us and that we all can make a difference by our actions

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Share a laugh and a good time and lead a responsible live full of sunshine and fulfillment



KIM JOHANSSON

Kim Johansson is the founder and CEO of SalesAhead AG, one of Europe's leading sales recruitment agencies. With over 16 years of experience, she combines a deep understanding of sales talent with an international perspective.

KIM JOHANSSON



Managing Director



06.03.1978



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Rafi Ghani



Horseback riding



www.linkedin.com/in/kimclarejohansson

SalesAhead AG



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www.salesahead.com

Board Positions

Verwaltungsratsmandate

Chairwoman SalesAhead AG

Advisory Board VRMandat.com

Stiftungsrätin / Board of Trustees Sara Aduse Foundation

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

To meet smart women and build up long-term relationships based on trust

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Search, Recruitment, HR, Sales Strategies, International Network

I'd like to achieve...

Das möchte ich gerne erreichen...

...to stay happy and healthy and be able to do what I love

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am also involved, alongside my headhunting activities, with the charitable organization The Sara Aduse Foundation, a foundation that fights against FGM (Female Genital Mutilation).

Khadijah Kadwani combines financial expertise as a certified accountant with creative strength as a make-up artist, producer and brand developer. She is a passionate saleswoman, quiet investor and consciously shares her mistakes openly to give others courage, guidance and access to financial education.



KHADIJAH KADWANI

KHADIJAH KADWANI



Owner/Entrepreneur



20.04.1987



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Mohammed Kadwani



Gardening, sleeping, meditation



If you like to get an instant reply, please send me a text message.

Kadwani Group GmbH



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ASSISTANT

Ritik Kumar
marketingpr@fabulique.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

strong collaboration partners, and to potentially invest financially in other LLL companies/opportunities I would feel confident I can add value

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

meaningful friendships, a loyal and supporting sisterhood from LLL and importantly to be a valuable and a supporting member to LLL.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Confident to share my failures & mistakes openly to help another, Financial Literacy (Certified & Qualified Accountant), Professional Makeup Artist, Strong communication skills, Branding for Creative concepts, silent investor, Saleswomen, Creative producer,

I'd like to achieve...

Das möchte ich gerne erreichen...

Business point of view : have a strong beauty brand presence in Switzerland, Personal & Business: importantly & eventually in the long term let go of all material gains/achievements/labels etc and live a simple technology free life embracing personal connections.(And always write with a pen and paper :))

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

A new journey I have started relating to Beauty. www.fabulique.com


Simone Keller stands for entrepreneurial foresight and mindful living. As a mother of five, she built up the real estate division of her family office and created special retreats. Her passion for yoga led her to co-found SANSEVA - with the desire to share beneficial places and experiences.





SIMONE KELLER





SIMONE KELLER


 Co-Founder & Managing Partner

 19.01.1978


 sk@kkinvest.ch
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 Matthias Keller

 running, horse riding, yoga, meditation, reading, travelling

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 simone@sanseva.com
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ASSISTANT

Sonja Steiner
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sonja.steiner@kkinvest.ch

Board Positions

Verwaltungsratsmandate

CEO KK invest

Member of the board of directors Prättschli AG

Member of the foundation board there for you

What I need

Was ich brauche

new interesting contacts

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & networking, meet new exciting women

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Real estate, network, Yoga division, social area

I'd like to achieve...

Das möchte ich gerne erreichen...

to introduce our wonderful retreats to many women and at the same time to get to know other exciting projects and support each other

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-





ASSOCIATED MEMBER


ANNIKA KESSEL

ANNIKA KESSEL


 CEO/Founder

 28.01.1983

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Business Partner: Hubert Rhomberg

 hiking, yoga, skiing, meditation

 www.linkedin.com/in/annika-kessel-60874380/

Cosmiq Universe AG

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www.cosmiquniverse.com

ASSISTANT

Nadija Cojanovic
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nadija@cosmiquniverse.com

Board Positions

Verwaltungsratsmandate

Cosmiq Universe AG

What I need

Was ich brauche

Investment introductions, PR article placements/visibility, brand cooperations

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Network, mutual female empowerment, friends, business & investment partners, speaking opportunities

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

business building, investor and commercial network, digital growth, social media marketing, commercial concepts, mindfulness, conscious business, sustainability

I'd like to achieve...

Das möchte ich gerne erreichen...

Exchangee, mutual empowerment, friends and business partners in the league of leading ladies. I would like to build a network of like minded hearts and minds

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I love the female power and energy when we work together. We can change the world.


Yulia Kirschner is a senior executive with over 20 years of global experience in strategy, business development, marketing and sales. As Chief Marketing & Sales International & OTC at Max Zeller Söhne AG and member of the Executive Board, she drives international growth, licensing, portfolio and lifecycle management across pharma and healthcare markets.





YULIA KIRSCHNER





YULIA KIRSCHNER


 Chief Marketing & Sales
Member of the Executive Board

 11.11.1978

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 Burghard Drews

 the world of herbal medicines, Art, Photography, Design,
Reading and Discovering new places

 www.linkedin.com/in/yulia-kirschner-a7178926/

Max Zeller Söhne AG

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zellerag.ch
phytocacao.ch

ASSISTANT

Eda Halaci
eda.halaci@zellerag.ch

Board Positions

Verwaltungsratsmandate

Member of the IHK Board Thurgau

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Trusted circle to exchange honest leadership experiences and build meaningful collaborations. Curated connections and sparring that helps amplify my work in women's health, prevention and the future of evidenced based herbal medicines.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Business Development, Marketing, Online Strategy, Creative Thining, Healthcare & Pharma, Women's Health, Talks and presentations around women's health, self-care, pro-againg society, prevention and the mega trend plant health

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to help make evidence based herbal medicines and products more visible and understood, especially around women's health needs across life stages. Ultimately, I want to contribute to a culture where women feel informed, confident, and supported to prioritize their health before problems escalate.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

our fantastic designer: <https://studioaulac.framer.website/>





ASSOCIATED MEMBER


MAHIMA LUCILLE KLINGE

MAHIMA LUCILLE KLINGE

 Owner / Entrepreneur


 26.03.1971

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 Kai Klinge

 www.linkedin.com/in/mahimaklinge/

 If you like to get an instant reply, please send me a whatsapp message. I am branding myself as just Mahima .. No last name

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www.instagram.com/mahimamindset
www.youtube.com/@TheSpiritualRebelWithMahima

Board Positions

Verwaltungsratsmandate

World Womans Organisation

What I need

Was ich brauche

Partnerships, Sponsors, Collaboration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & Mentoring Collaboration, Love & Laughter

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Transformational Mentor, Writing, Group Facilitator, Speaking, Buisness Development and Sales, Embodiment Coach, Spiritual healer

I'd like to achieve...

Das möchte ich gerne erreichen...

Strong female support of feminin energies. Making new friendships, learning and growing together. Creating beautiful memories.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

<https://podcasts.apple.com/ch/podcast/the-spiritual-rebel-podcast-with-mahima/id1788566403?l=en-GB>



BEA KNECHT

Bea Knecht is one of Switzerland's best-known tech pioneers. As an entrepreneur, software engineer and co-founder of Zattoo, she has been shaping the digital landscape for years. She speaks openly in the media about identity, social structures and the challenges faced by women and transgender people. With her clear voice for technological innovation, equal opportunities and social responsibility, she is one of the most influential thought leaders in the industry.

BEA KNECHT



Chairwoman



25.05.1967



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Camping, Espresso, Architektur, Musik, Reisen, Kunst

Genistat AG



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www.genistat.ch
www.levuro.com
www.zattoo.com/ch/company

ASSISTANT

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jolanda@organised.ch

Board Positions

Verwaltungsratsmandate

Zattoo AG

Levuro AG

Genistat AG

Fanfare Switzerland GmbH

Schweizerische Herzstiftung

Schweizerische Medienkommission (Member)

CH++

Gesellschaft für Marketing

What I need

Was ich brauche

Spannende Begegnungen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Leute kennenlernen

Gescheiter werden und auch etwas weitergeben

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Unternehmertum

Politik

Investments

Sense-making & a walking „Beapedia“

I'd like to achieve...

Das möchte ich gerne erreichen...

Öffentliche Meinung beeinflussen

Investments (Venture Fund) professionalisieren

Wetter-Apps

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Mein Manifest für erfolgreiches Unternehmertum für Frauen

Marion Koch heads up the private investment business at Swiss Life Switzerland. With a background in science and over 15 years of experience, she combines analytical precision with strategic foresight. Through 'SelbstMacherinnen' (self-makers), she empowers women in particular to take control of their financial future.



MARION KOCH



MARION KOCH

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-  01.01.1983
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-  Interior design, literature, culinary arts
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Swiss Life Wealth Management AG

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www.swisslife-wealth.ch

ASSISTANT

Regula Schumacher
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Board Positions
Verwaltungsratsmandate

Finapct AG

What I need

Was ich brauche

Inspiring dialog with driven ladies

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Diversity and different perspectives

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategic advisory, Financial Advisory, Fintech

I'd like to achieve...

Das möchte ich gerne erreichen...

Growing the community of financially empowered women

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Raise awareness for how women can actively take control of their financial future


Nina Koller-Pargätzi combines event excellence with female empowerment. As the founder of BEYOND & Prestige, she creates unforgettable events, while as a cycle coach she empowers women to consciously use their feminine strength. She passionately accompanies transformation processes - inspiring, mindful and powerful.





NINA KOLLER-PARGÄTZI


NINA KOLLER-PARGÄTZI


 HOLISTIC Female Coach & FEMM Retreats
Founder & CEO bei BEYOND & PRESTIGE
Event-Management bei HOCKEY CLUB DAVOS AG

 08.10.1983

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 Joe Scherer

 Family is the most important to me as a mother of 4
I love Nature, reading and all Woman's Health related topic

 www.linkedin.com/in/nina-koller-pargaetzi-69ba94238/

Beyond & Prestige Nina Koller Zyklus Coaching

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ASSISTANT

Sina Adank
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Board Positions

Verwaltungsratsmandate

Vorstandsmitglied im VUSH (Verband unabhängiger Schweizer Hochzeitsplaner)

What I need

Was ich brauche

Sisterhood as a balance to my world full of Testosterone in which I grew professionally so far.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

The inspiration of Female Leaders in all its different facets

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Event and project management, holding and facilitating transformational spaces for women, Cyclical wisdom and women's health expertise, Pleasure & Relationship work, Embodiment, somatic, shamanic and tantric work

I'd like to achieve...

Das möchte ich gerne erreichen...

Personal Growth journey and connecting with Leaders

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


-





ASSOCIATED MEMBER


CLAIRE KOWARSKY


CLAIRE KOWARSKY


 Director & Co-owner

 28.03.1977


 c.kowarsky@hssipm.com
Heinrich-Bosshard-Strasse 24
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 +41 78 305 55 66


 Stephen Shields


 Being outdoors, being active (running mostly),
adventures with the kids, my husband and our dog

 www.linkedin.com/in/claire-kowarsky-21977a5/

 If you like to get a fast reply, please send me a WhatsApp

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 office@hssipm.com
www.hssipm.com
facebook.com/hssipm
instagram.com/hssipm

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I am socially motivated, meaning that I work best where there is collaboration - and I enjoy it the most! Eventually, we'd love to find a person with complimentary skills and strengths who could be a potential partner to join our boutique IP consulting firm HSS IPM. That person would help to grow the foundations of our company we have cultivated over the past six years, and take us to even greater heights.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meeting interesting and inspiring members, and helping others to achieve their goals, through meaningful connections.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Legal advice (licensed AU and US lawyer), international contract review and negotiation, intellectual property law with specialization in domain name disputes, intercultural empathy.

I'd like to achieve...

Das möchte ich gerne erreichen...

Not being afraid to bite off more than I can chew, then chewing hard! Help others, do good in the world. Having a happy family life.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


I love meeting new people and helping to develop positive relationships among my friends and colleagues. Please, don't hesitate to ask if you think I might be able to help you!


Claudia Kraaz is a leadership, executive and resilience coach and a member of the board of directors at Zug Cantonal Hospital. With many years of management experience, two specialist books and workshops for businesswomen, she empowers managers and teams in change, resilience and authentic female leadership.





CLAUDIA KRAAZ

CLAUDIA KRAAZ


 Owner / Coach / Trainer / Board Member / Author
formerly Head of Communications


 13.06.1967

 claudia.kraaz@stressandbalance.ch
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 +41 79 433 90 20


 Thomas Werder

 Sports (Tennis, Gym, Dancing), Reading, Wine & Food,
Family & Friends, 2 Cats

 www.linkedin.com/in/claudia-kraaz-expertin-für-nachhaltige-leistungsfähigkeit-532b49a2/

STRESS AND BALANCE

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Board Positions
Verwaltungsratsmandate

Zuger Kantonsspital

What I need
Was ich brauche

positive vibes, an interest in others, new perspectives

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

contacts with inspiring women

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

coaching, training, communications, leadership, stress management/
resilience building, change, authentic female leadership

I'd like to achieve...
Das möchte ich gerne erreichen...

to be inspired and to inspire

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

I hope to also inspire others with my broad experience, my openness, my sensitivity - and my two books (in German only): "Nachhaltig leistungsfähig bleiben - Praxis-Tipps für den Business-Marathon" and "Erfolg! Erfolg? Auf Spurensuche in Gesprächen" (interview book)



ANDREA LEDERER

Andrea Lederer is a senior digital and commercial leader with deep expertise in enterprise transformation, eCommerce, omnichannel growth, data & analytics, CRM, AI-enabled workflows and digital operating models. Since 2024, she has served as Chief Digital Officer at Weleda, aligning digital capabilities with growth, profitability and long-term value creation.

ANDREA LEDERER



Chief Digital Officer



01.04.1981



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Padel Tennis, Kitesurfing



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Weleda AG



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ASSISTANT

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Board Positions

Verwaltungsratsmandate

None

What I need

Was ich brauche

Contacts (with focus Switzerland)

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking & Inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Online Retail, Sales & Marketing; Digital Transformation and New Digital Business Scale-Ups, Omnichannel, Speaking / Presentation Skills

I'd like to achieve...

Das möchte ich gerne erreichen...

Advance further in my field and areas of expertise

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen






Weleda's Transformation Journey

Nadine Leuenberger is the founder of Heads for Brands and a proven expert in HR solutions for retail, branding and retail trade. With her in-depth understanding of the industry, strong network and clear passion, she supports companies in German-speaking countries in finding the right talent - precisely, agilely and in line with their brand.



NADINE LEUENBERGER

NADINE LEUENBERGER

-  Founder
-  30.07.1983
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-  www.linkedin.com/in/itsnadineleuenberger/

Board Positions

Verwaltungsratsmandate

hearts and brains GmbH / Shareholder

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Austausch um mich beruflich wie persönlich zu entwickeln.
Sparringpartner

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Search, Recruitment

I'd like to achieve...

Das möchte ich gerne erreichen...


-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Heads for Brands GmbH

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www.headsforbrands.ch

Minna Levanto stands for strategic clarity, positive energy and impact-driven leadership. As an experienced communications and business leader, she drives transformation, innovation and measurable results. She navigates complex global environments with confidence, connects stakeholders at all levels and creates structures that enable growth.



MINNA
LEVANTO



MINNA LEVANTO



Corporate Communications Partner



21.06.1979



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Oberblattstrasse 8, 8832 Wollerau, Switzerland



+41 79 675 99 72



Mikko Syrjanen



Yoga, Travel



www.linkedin.com/in/minna-levanto/

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I am looking for networking with other professional women

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meet other working women and entrepreneurs, support and get support for career growth

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communications, Marketing, Employee Engagement, DEI (Diversity, equity & inclusion)

I'd like to achieve...

Das möchte ich gerne erreichen...

I believe that by networking, sharing ideas and supporting each other, women can better achieve their full potential. I hope I can bring ideas, share ideas and learn from others in this network.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-


Atlantic Forwarding Group





ASSOCIATED MEMBER


CHRISTINA LIPP


CHRISTINA LIPP

 Inhaberin, CEO und Verwaltungsrätin der Futureworks AG
Inhaberin, CEO und Verwaltungsrätin der Corealis Consulting AG

 20.12.1966

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Rainstrasse 19, 6314 Unterägeri, Schweiz

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 Sozialwissenschaften, Philosophie, Oldtimer,
Wandern mit meinem Hund

 www.linkedin.com/in/christina-lipp/

Board Positions

Verwaltungsratsmandate

Futureworks AG
Corealis Consulting AG

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking, neue Perspektiven und Ideen, spannende Insights

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Inspiration und gegenseitige Unterstützung fördern;
einen diskursiven Austausch pflegen, wenn es um Business Themen geht;
die Balance zwischen Wertstiftung, Intelligenz und Humor zu finden, um eine positive Umgebung zu schaffen

I'd like to achieve...

Das möchte ich gerne erreichen...


alternative Sichtweisen auf die Geschäftswelt erhalten


This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Futureworks AG

 Förlibuckstrasse 10
8005 Zurich, Switzerland

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 christina.lipp@futureworks.ch
www.futureworks.ch





ANDREA LUDER

For over 19 years, Andrea Luder has been supporting national and international companies with complex transformation projects. As a founder of emediately AG, she combines leadership, project expertise, change management and cultural development. With entrepreneurial thinking and a holistic approach, she creates structures, strategies and processes that have a lasting impact and achieve measurable results.

ANDREA LUDER

-  Founder / CEO
-  18.03.1971
-  andrea.luder@emediately.ch
-  +41 79 427 70 59
-  Golf, Wine & Dine, Scuba Diving, Sports, Friends
-  www.linkedin.com/in/andrealuder/

emediately ag

-  Hornbachstrasse 50
8008 Zurich, Switzerland
-  www.emediately.ch

Board Positions Verwaltungsratsmandate

emediately ag / VRP
Republica / VR

What I need Was ich brauche

Inspiring exchange, Impulses and "sisters", Business Network

What I would like to get out of LLL Club Was ich mir vom Club erwarte

trusted sparring partnering and exchange with female leaders to grow and exceed boundaries together

My skills (in these fields I can offer help) Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, Changemanager, Business and Transformation Driver, Walk-the-Talk, Digital Expert, Idealist, Make it Happen & Finding pragmatic, clear Solutions

I'd like to achieve... Das möchte ich gerne erreichen...

I strive for Change. Build rules to a better world together, combine all assets of our society and build the best possible solution out of it. I strive for win-win solutions for the companies their customers and employees to achieve sustainable worldclass results together.

This I want to share with my LLL sisters Das möchte ich unbedingt mit dem Club teilen

Energy, Idealism & Heart :). Best Practises of togetherness, collaboration and entrepreneurship


Patrizia Luise combines psychosocial counselling with organisational development and work integration. As training manager at the Logosynthesis Institute Switzerland and consultant at the Tikla Consultancy Group, she trains specialists and career changers, accompanies development processes and promotes sustainable change in people and organisations. She works also as trauma-informed coach supporting young people in their processes.





PATRIZIA LUISE





PATRIZIA LUISE


 Co-Founder, Coach, Trainer, Entrepreneur, Consultant


 18.03.1966

 luise@bluewin.ch


 +41 79 191 51 90


 Personal growth, Cats, Travelling, People, Driving fast cars

 www.linkedin.com/in/patrizia-luise-00894ba9/

 If you want reach me, so write a message on WhatsApp

P & P Coaching GmbH

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luise@tikla.world
www.tikla.world
www.logosynthesis.ch

Board Positions
Verwaltungsratsmandate

none at present

What I need
Was ich brauche

A strong network

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

sisterhood, genuine connections, co-inspirations, co-creations

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Consultancy, development of people and organisations, guide in changing processes

Trainings for professionals in therapy

Coaching in the model of Logosynthesis®

I'd like to achieve...
Das möchte ich gerne erreichen...

new connetions in this wonderful community and maybe a genuine valuesystem in which people can develop in a freedom

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

I am a Master Trainer in Logosynthesis® - a brilliant model for personal and spiritual development.


Tünde Lukacs is the Founder and CEO of The Change Republic, an IMD- and ICF-certified executive and career coach and AI consultant. After nearly two decades of leading teams and driving transformation, including as a Partner at EY in Switzerland, she now works with senior leaders and organisations across Europe to navigate change with clarity and confidence. Tünde supports people on their career and leadership journey as a coach and advises organizations with tailored programs on adopting AI. Tünde is also a keynote speaker on corporate and community events and at the end of 2025 she held her first TEDx talk on "What AI Can't Hear" in Zurich. Her mission is to build human centred, AI ready leadership that makes a lasting impact.




TÜNDE LUKACS





TÜNDE LUKACS

 Founder, Executive & Career Coach, AI Adoption Consultant & Keynote Speaker


 19.01.1984

 tl@thechangerepublic.com
Hügelweg 1, 8854 Galgenen, Switzerland


 +41 79 575 61 02


 Emiliano Boffi

 Running and hiking

 www.linkedin.com/in/tuende-lukacs-change/

The Change Republic GmbH

 Rötibodenstrasse 34
8820 Wädenswil, Switzerland

 tl@thechangerepublic.com
www.thechangerepublic.com

Board Positions

Verwaltungsratsmandate

Currently not serving on any boards.

What I need

Was ich brauche

As a new founder and former EY Partner, I am looking for meaningful connections with members who value executive coaching, AI adoption and future ready leadership. Introductions to companies seeking coaching, AI readiness or keynote speaking are welcome; I am excited to explore collaborations and potential synergies.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I joined the LLL Club to build authentic relationships with inspiring women, share experiences about entrepreneurship, and create joint projects and events. I hope to learn from fellow members while supporting their growth, and to find partners who share my passion for human centred leadership and purposeful change.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

- Executive, leadership & career coaching for senior leaders and emerging leaders. www.thechangerepublic.com/star
- AI adoption consulting: helping leaders integrate AI tools strategically while staying deeply human. www.thechangerepublic.com/ai
- Keynote speaking on leadership, AI transformation, change mindset and the human side of technological disruption. www.thechangerepublic.com/speaker
- Building change ready cultures, strengthening psychological safety and resilience in teams. www.thechangerepublic.com/companies

I'd like to achieve...

Das möchte ich gerne erreichen...

I aim to build a strong network within the club, collaborate on initiatives that make an impact, and contribute to a community of women leaders who support each other's growth. Growing The Change Republic's reach in executive coaching, AI consulting and speaking across Europe is also a key objective.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

After nearly two decades in corporate leadership, I have taken the leap into entrepreneurship. It is an exciting and challenging journey, and I am grateful for any advice and feedback. I look forward to sharing lessons learned, exploring partnerships, and championing human centred, AI ready leadership together.



ASSOCIATED MEMBER

ANNA
LUNDQUIST

ANNA LUNDQUIST



CEO



25.10.1974



anna@go-integral.ch



+41 79 540 98 92



Fedrik Lundquist



My family, building things, agility



www.linkedin.com/in/anna-lundquist-8b452a8/

go integral gmbh



Obere Halde 9
5453 Remetschwil, Switzerland



+41 79 540 98 92
anna@go-integral.ch

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Soundingboard for ideas, growing my network in Swiss KMU's

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Interesting discussions that help me grow as a person, Openness, Fun together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leading companies, especially handling increased complexity and speed of change. Change management, making large changes happen, involving everyone in the organization and creating long-term sustainable results. Supporting different parties to understand all perspectives, building a foundation where 1+1 equals much more than 2.

I have long experience in: General management, Supply management, Production management, R&D management

I'd like to achieve...

Das möchte ich gerne erreichen...

I strive to support Swiss KMU's to strengthen their market position and their effectiveness. Ultimately win back business that once moved to low cost countries, doing it through innovation, quality, speed and reliability.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


My passion for leadership




ASSOCIATED MEMBER


ALEXANDRA MACHNIK


ALEXANDRA MACHNIK


 Chief Digital Officer (CDO),
Member of the Executive Board @lvoclar

 17.03.

 alexandramachnik@icloud.com
Luessirainstrasse 50, 6300 Zug, Switzerland

 +41 79 264 82 43

 my family, sport, barbequing at extraordinary places

 www.linkedin.com/in/alexandramachnik/

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Continuous growth of my network into the Pharma, Medtech, FMCG & Tech Industrie

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Connect with inspiring people to drive change

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Holistic E2E Digital Transformation - addressing the business, IT and people side through the tremendous power of technology

I'd like to achieve...

Das möchte ich gerne erreichen...

Being and contributing to the change I want to see in this world to create a better place for my daughter and the next generation of leaders

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I'm always there if you need any help.


Be confident in what you do and follow your vision - there is nothing that can stop you living your dreams except yourself by not believing in them.


ASSOCIATED MEMBER


CARLA MALDONADO




CARLA MALDONADO

 Global Strategy and Workforce Transformation

 19.11.1978


 maldonadocav@gmail.com
Hasenlohweg 1, 6315 Oberägeri, Switzerland

 + 41 78 220 00 44


 Raphael Huber


 Gym, Traveling, Meditation, Reading, Yoga

 www.linkedin.com/in/carlamaldonado

 If you like to get an instant reply,
please send me a Whatsapp message

MV Global Advisory

 Zug, Switzerland

 cmaldonado@mvglobaladvisory.com
www.mvglobaladvisory.com

Board Positions

Verwaltungsratsmandate

Open to board roles in strategy, digital transformation or responsible AI.

What I need

Was ich brauche

Connection and dialogue with remarkable women.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiring conversations and meaningful exchange of knowledge.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategic foresight, AI & workforce transformation, responsible tech adoption, US real estate, international affairs.

I'd like to achieve...

Das möchte ich gerne erreichen...

Grow personally and professionally while contributing to the community.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.palmbeachpolohub.com

www.airbnb.com/users/27668989/listings

www.andinaschweiz.ch

Wellington, Florida rental properties and Alpaca clothing business

Maria Manolioudi is an internationally experienced marketing executive with 15+ years across 50+ markets, including senior roles at Breitling and Meta. She studied Business Administration and Marketing at top international business schools. She specializes in global brand and growth strategy and AI-driven digital transformation. Having worked in five countries, she is a data-driven, entrepreneurial leader and a strong advocate for female leadership.





MARIA MANOLIUDI





MARIA MANOLIUDI


 Marketing Consultant & Advisor
Fractional CMO | Adjunct Professor

 05.07.1986


 maria.manolioudi@gmail.com
Waffenplatzstrasse 65, 8002 Zurich, Switzerland

 +41 78 406 20 91


 Sandro


 Reading and writing books, Pilates, Tennis, Meditation

 www.linkedin.com/in/maria-manolioudi-5bb49a23/

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Own Marketing Consulting

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8002 Zurich, Switzerland

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maria.manolioudi@gmail.com

Board Positions

Verwaltungsratsmandate

Open to interesting mandates

What I need

Was ich brauche

Open to relevant projects or contacts and inspirational connections.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Cross-share knowledge, ideas, opportunities, challenges, experiences.
Interesting networking and meaningful connections.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

International Business, GTM, Marketing & Media Strategy and Planning,
Marketing Transformation.

Digital Marketing, Marketing Analytics and Technology/ AI digital
transformation.

Organizational design and team culture in marketing/ sales or digital.
Luxury & Lifestyle, Retail, eCommerce, Tech.

I'd like to achieve...

Das möchte ich gerne erreichen...

Develop and shape my own business after many years in corporate
and help other companies and entrepreneurs succeed through modern
marketing practices guided by strong values.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


-





ASSOCIATED MEMBER


TERESA A. MARTINEZ


TERESA A. MARTINEZ

 RVP, Success Management in Switzerland

 11.04.1969

 teresa.martinez@bluewin.ch
Vordergasse 30, 8615 Wermatswil, Switzerland

 +41 79 837 73 80

 Sailing, Running, Hiking, Music and Dogs:-)

 www.linkedin.com/in/teresaamartinez/

Board Positions

Verwaltungsratsmandate

none at the present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration & Sisterhood

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Bridge between IT and Business. Deep knowledge around the topic digital transformation and well versed in leading such change management projects. B2B and B2C Sales/Marketing Executive with experience in ICT, Retail, consumer goods and financial services industries.

Deep understanding of customer needs, go-to-market and distribution channels regarding data analytics, cloud and future workplaces.

I'd like to achieve...

Das möchte ich gerne erreichen...


Continue learning, inspiration, get other perspective from different industry and be part of a longlasting sisterhood

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.salesforce.com/eu/campaign/bwbw/

Salesforce

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www.salesforce.com


ASSOCIATED MEMBER


SARAH MEIER

SARAH MEIER

 Founder / CEO

 05.05.1974

 sarah.meier@parentsatwork.com
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 Chris Meier

 Gardening, Reading, Running, Traveling

 www.linkedin.com/in/sarah-meier-51946a61/

parentsatwork GmbH

 Gattikonerstrasse 52
8136 Gattikon, Switzerland

 info@parentsatwork.com
www.parentsatwork.com

Board Positions

Verwaltungsratsmandate

None at present

What I need

Was ich brauche

As my business and brand grows, I need to learn from your experience: how to be consistently visible, how to lead people, how to believe in my own potential and own each step forward

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Collaboration
Co-creation
Connections

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Selling using coaching and relationships, building community through shared purpose, coaching on work & family integration

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd love to grow in confidence, to feel I belong
To give back too where I can

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

ASSOCIATED MEMBER

VIRGINIE MEISSER

VIRGINIE MEISSER



Intrapreneur in Medical Affairs Pharma-/Med Tech



27.12.1985



virginie.meisser@gmail.com
Hofstrasse 10, 8853 Lachen, Switzerland



+41 79 765 18 24



Yoga, Personal Growth



www.linkedin.com/in/virginiemeisser/

Board Positions

Verwaltungsratsmandate

Looking for a mandate

What I need

Was ich brauche

Exchange of experiences, knowledge and business opportunities

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Trustful and meaningful conversations in a relaxed setting

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Operations Management, Quality Management System, Consulting and Evidence Generation with Medical Devices and Real-World Data

I'd like to achieve...

Das möchte ich gerne erreichen...

My objective by being a LLL member is to establish a long-term, reliable and good-minded network of people who help each other, take the time and have an genuine interest helping in each others careers

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

IMy published article on a Machine Learning use case:
<https://lnkd.in/ebHkiz4s>

F. Hoffmann-La Roche AG



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4070 Basel, Switzerland



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ginny.meisser@roche.com
www.roche.com

Ariane Mellenthin is an internationally experienced marketing executive with 20 years of expertise. She combines customer-centric strategy with operational excellence and leads global teams through transformations.

With her boutique consultancy Mellenthin + Partner GmbH, she supports companies and C-level executives as an advisor, interim manager and angel investor.



ARIANE MELLENTHIN

ARIANE MELLENTHIN

 Founder & Managing Director


 13.02.1975


 ariane.mellenthin@gmail.com

 Fine Arts, Design, Reading & Writing, Cats

 www.linkedin.com/in/arianemellenthin/

Mellenthin + Partner GmbH

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ariane@mellenthin.ch

NOTES

Mellenthin + Partner is a consultancy specialised in commercial strategy along the entire value chain of marketing from idea to go-to-market strategy (from start-up to global companies) - on a mandate basis and in interim management

Board Positions

Verwaltungsratsmandate

Open for board membership mandates

What I need

Was ich brauche

Inspiring and exciting challenges

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Ranging from deep conversations in a safe environment amongst peers to supporting each other in and with business opportunities

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Human-centric and insight-led business strategy

E-commerce and digital marketing

Leadership and organisational transformation in matrix organisations

Industry expertise: Medtech/Medical devices/OTC,

FMCG (Food/Snacking), Kosmetik/Personal Care, Finance/Banking

I'd like to achieve...

Das möchte ich gerne erreichen...

To lead, shape and decide to create valuable impact

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

"Curiosity doesn't kill the cat!"


Doris Merz Nardone is a passionate entrepreneur who has been shaping the beauty industry for over 30 years as CEO and Chairwoman of PM Care Systems AG.


As a member of the HEMLATA board, she is also committed to promoting education and financial independence for young women – guided by a clear set of values and a focus on sustainable impact.





DORIS MERZ NARDONE

DORIS MERZ NARDONE


 Entrepreneur/Owner

 02.04.1962

 doris.merznardone@pmcare.ch
Badmattweg 16, 5610 Wohlen, Switzerland


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 Claudio Nardone

 People, Culture, Traveling, Food, Reading

 www.linkedin.com/in/doris-merz-nardone-0a863a

PM Care Systems AG

 Buckhauserstrasse 24
8048 Zurich, Switzerland

 +41 43 444 60 50
info@pmcare.ch
www.pmcare.ch

Board Positions

Verwaltungsratsmandate

Chairwomen PM Care Systems AG
Member of the board of trustees LGFB
Member of the Board at HEMLATA

What I need

Was ich brauche

Inspiration and new challenges

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Open discussion, Advises and Exchanges

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Experience in beauty distribution, sales, business development & entrepreneurship, change management

I'd like to achieve...

Das möchte ich gerne erreichen...

being part of a powerful and successful female network

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Sharing is caring - everyone (most of us) started small

ASSOCIATED MEMBER

MARIA MICU



MARIA MICU



CFO



19.09.1978



mmdelia@yahoo.com
Roosstrasse 72, 8105 Regensdorf, Switzerland



+41 78 920 33 66


www.linkedin.com/in/mariamicufcca/

Zurich Resilience Solutions



Mythenquai 2
Zurich, Switzerland


www.zurichresilience.com

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

interesting chats, connections, new inspiration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Exchange business ideas, friendly support, connections

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

mentoring, listening, as well as: finance, corporates, network,
business advisors

I'd like to achieve...

Das möchte ich gerne erreichen...

enriching connections with LLL members, trustworthy relationship,
strong support

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Feel free to reach out any time, together we are stronger :-)



BUSINESS CLUB MEMBER
Leaving the club on April 7 2026

MIMI MOLLERUS

MIMI MOLLERUS



CEO



02.11.1972



mimi@mollerus.com
Zuerichstrasse 22, 8700 Kuesnacht, Switzerland



+41 79 476 36 52
+41 43 488 00 66



Philipp Richner



water, snow & sun



www.linkedin.com/in/mimi-mollerus-31047b/



If you like to get an instant reply, please send me a text message

Maison Mollerus AG



Seestrasse 74/78
8703 Erlenbach, Switzerland



+41 44 829 28 67
info@mollerus.com
www.mollerus.com

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

... gute Ideen, Lösungen zu finden, Kontakte zu erhalten von Personen, die der gleichen Herausforderung unterliegen und die mit tollen neuen Firmen kooperieren und neue Ideen umsetzen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

... neue Kontakte, Businesslösungen und neuen Marketingideen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

... Transformation & Familienunternehmungen sowie KMU

I'd like to achieve...

Das möchte ich gerne erreichen...

... Lernen, lachen & leben

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


... schöne Momente, Inspiration und Vertrauen





ASSOCIATED MEMBER

JOY MÜLLER

JOY MÜLLER

 Leiterin Markt
Mitglied der Geschäftsleitung SWICA

 jcm24@mac.com

 +41 79 572 37 04

 www.linkedin.com/in/joy-müller-b4033162/

Board Positions
Verwaltungsratsmandate

What I need
Was ich brauche


What I would like to get out of LLL Club
Was ich mir vom Club erwarte


My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I'd like to achieve...
Das möchte ich gerne erreichen...

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

SWICA Gesundheitsorganisation

 Römerstrasse 38
8401 Winterthur, Switzerland

 +41 52 244 21 72
joy.mueller@swica.ch



MONIKA MUELLER

Monika Mueller is the founder of Signature Five and supports women in discovering their authentic style and living confidently. With her holistic approach, she combines personal styling, clarity and empowerment - for a look that reflects personality, professionalism and inner strength.

MONIKA MUELLER



Founder



25.12.1979



info@signature-five.com
Fritz Honegger Weg 3
8803 Rüschtikon, Switzerland



+41 76 581 59 97



Tobias Mueller



Reading, curious to learn, travelling, theatre and anything to do with spirituality and personal

Signature Five



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8803 Rüschtikon, Switzerland



+41 76 581 59 97
info@signature-five.com

ASSISTANT

Thabi Ndaba
ndabathabile1@gmail.com

NOTES

I have a VA and doesn't live in this country

Board Positions

Verwaltungsratsmandate

None

What I need

Was ich brauche

Growing my business in a healthy way in Switzerland.
Connecting with women who are ahead.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I would like to get connection, as being an business owner can be lonely but i also would like to be surrounded in a room full of women who are way ahead and inspiring.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Personal style and brand alignment, presence coaching, and digital marketing. I can help women express who they truly are through how they show up—visually and strategically. That includes everything from curating a wardrobe that aligns with their brand to building funnels and marketing systems that support their business growth.

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to achieve a business that makes it easier for women to be seen as experts without second-guessing how they appear—so they can focus on creating impact and being influential. At the same time, I want to make how we buy clothing more sustainable and help save the boutiques.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I have a style newsletter that comes out weeklyish Style Me Sunday... which also includes inspiration for what to wear on Monday to work. :)



NINA MÜLLER

Nina Müller combines creativity, craftsmanship and strategic clarity. The former CEO of Jelmoli and current head of the Lalique Group is leading the traditional company into a modern future by combining heritage, culture and performance. With international luxury experience, she stands for empathetic, value-oriented leadership.

NINA MÜLLER



CEO



04.09.1969



nina.muller@me.ch
Feilengasse 5, 8008 Zurich, Switzerland



+41 78 657 90 63



skiing, hiking, cooking and enjoying good food with friends, city trips



www.linkedin.com/in/ninamariamuller/

Board Positions

Verwaltungsratsmandate

Alnatura AG

What I need

Was ich brauche

I love the idea of sisterhood

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Diversity and different perspectives.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

leadership, management, retail, out of the box mindset, international experience within premium and luxury brands and retailers

I'd like to achieve...

Das möchte ich gerne erreichen...

be a committed member of the club

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Exchange. Challenge.

Lalique Group SA



+41 78 657 90 63
www.lalique.com

Claudia Naegeli is an accomplished finance and payments expert with over 20 years of international experience. At J.P. Morgan, she serves Swiss large-cap companies globally and has in-depth expertise in liquidity, transaction and risk management. She is a strong relationship builder with strong negotiation and problem-solving skills.



CLAUDIA NAEGELI



CLAUDIA NAEGELI



Client Advisor



09.07.1976



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outdoor sport, renovating old houses, good food, family



William White



www.linkedin.com/in/claudia-naegeli-2b51703a/

J.P. Morgan



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8027 Zurich, Switzerland



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claudia.naegeli@jpmorgan.com
www.jpmorgan.com/payments

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

extending my network

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

exchange of ideas and knowledge as well as inspiring conversations with like-minded women

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

banking & finance, relationship management, navigating in a global high pressured organisation and across multicultural teams

I'd like to achieve...

Das möchte ich gerne erreichen...

continuous growth from a personal and professional perspective as well as being part of a longstanding sisterhood

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen







-

Carole Nicolas is co-founder of LABO Spa and has been working in the beauty and wellness industry for over 20 years. In 2005, she created Zurich's first day spa – characterised by high quality standards, international spa experience and genuine hospitality. Together with her team, she has created a place of tranquillity, beauty and well-being.



CAROLE NICOLAS

CAROLE NICOLAS

-  Owner/CEO
-  05.05.1963
-  carole.nicolas@labospa.ch
-  +41 79 456 96 16
-  Sophie Abellard
-  Design, Reading, Sports, Culinary

LABO Spa

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-  +41 43 497 34 40
info@labospa.ch
labospa.ch

Board Positions
Verwaltungsratsmandate

LABO AG

What I need
Was ich brauche

New perspectives, meeting energizing people, sparring ideas for new ventures

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Leverage the sister community, testing ideas, building projects

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Entrepreneurship, board experience and coaching

I'd like to achieve...
Das möchte ich gerne erreichen...

Get more board mandates for small and medium size businesses (KMU) that need support to turn around or simply enhance their business. Together with a community, build a sustainable system from an energy and nutrition standpoint

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-



ASSOCIATED MEMBER

ALINA NOWAK

ALINA NOWAK



Owner



26.11.1973



info@a-nowak.ch
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Reisen, Lesen


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Alina Nowak Consulting & Business Akademie



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Board Positions

Verwaltungsratsmandate

derzeit keine

What I need

Was ich brauche

Neue Welten zu entdecken, Inspirationen, Neue Begegnungen,
Herausforderungen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Austausch, neue Vernetzungen, Ideen gemeinsam entwickeln und nach
vorne bringen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Aufbau von Unternehmen, Vertrieb, Führungskräfteentwicklung

I'd like to achieve...

Das möchte ich gerne erreichen...

Dass wir Frauen uns weiterhin so toll inspirieren und unterstützen wie
bisher

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Finde das, was du liebst. Und begnüge dich niemals mit etwas
Geringerem




ASSOCIATED MEMBER


LARA MICHAELA PAIR


LARA MICHAELA PAIR

 Rechtsanwältin, Verwaltungsrätin & Business Coach


 11.11.1978

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 Meditation, Reading, Yoga - and I love to train dogs

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www.pairfactlegal.com

ASSISTANT

Bonnie Thottukadavil
office@pairfactlegal.com

Board Positions

Verwaltungsratsmandate

Computer Controls AG
Swiss Tool Trading Holding AG

What I need

Was ich brauche

Strong Ladies

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Ich möchte mich mit interessanten Frauen, die auch im Geschäftsleben stehen, austauschen. Es ist mein Wunsch, dass wir uns gegenseitig unterstützen.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Meine Stärke ist eine praktische Herangehensweise mit zugeschnittenen Lösungsansätzen, ob dies im Business Mindset, im juristischen Bereich oder im Verwaltungsrat ist. Neue Perspektiven und effizientere Resultate sind meine Passion.

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to ensure that women support one another without being a tea party. I want to empower and be empowered.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I wrote a book - a non-legal one :-D

Gulnaz Partschefeld is a presenter, lecturer and Head of Events Office at the University of St. Gallen. As an event and media professional, she combines conceptual strength, innovative power and networked thinking. Her focus is on community, science, art and education - and the creation of effective experiences.



DR GULNAZ
PARTSCHEFELD

DR GULNAZ PARTSCHEFELD



Moderator | Lecturer | Head of Events Office



02.07.1981



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Yves Partschefeld



life long learning



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University of St. Gallen Events Office



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www.unisg.ch/de/newsroom/

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Space for the exchange of expertise and experience on a wide range of relevant topics

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Creating wonderful and meaningful encounters and experiences

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an event and media professional focused on community, innovation, science, art and education - and I the creative head able to help you when something innovative, sustainable and engaging needs to be conceptualised, redesigned or rethought.

I'd like to achieve...

Das möchte ich gerne erreichen...

Ah, that's the great puzzle.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am inviting you all for a coffee or tea at the University of St.Gallen, with an art tour with artworks by Giacometti, Miró, Richter and the new community artwork "St.Gallen Clicker" (which I designed together with a London mixed media artist Lewis Davidson) as well as the Akris photo exhibition. The easiest way to meet me - and I'm looking forward to meeting each and every one of the LLL Community!

Emilija Petrova is an expert in international trade and sustainable supply chain strategies. With her deep understanding of the market, she develops effective, future-oriented concepts and combines profitability with environmental awareness. As a certified leadership coach, she empowers people and organisations in change and growth processes.



EMILIJA PETROVA



EMILIJA PETROVA



Managing Director/Founder



20.08.1967



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+41 79 246 68 83



Golf, tennis, travel, mindfulness, spirituality



<https://www.linkedin.com/in/emilija-petrova-a2b4232/>

Oriya GmbH



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Board Positions

Verwaltungsratsmandate

At my company

What I need

Was ich brauche

What I value most is the opportunity to share experiences, receive genuine support, and stay motivated through meaningful connections with fellow members — creating a strong, inspiring network that uplifts and empowers us all.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

What I expect from the club is to connect with inspiring, like-minded women, to support and elevate one another, and to create a space where we can grow, share, and thrive together — as trailblazers in our fields and champions of each other's success.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Management, Operational Impact, Sustainability, Supply Chain, Certified IPEC Coach and Energy Leadership Assessment practitioner. Empowering passion-driven leaders, teams and individuals to cultivate purposeful and balanced life that foster authentic connection, conscious leadership, and sustainable impact.

I'd like to achieve...

Das möchte ich gerne erreichen...

For the club to continue to grow into a dynamic, intergenerational community that continues to thrive — rooted in mutual support, shared purpose, and the empowerment of all its members.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

The ancient spiritual wisdom of Kabbalah www.kabbalah.com

As HR Executive at Swiss Re, Nicole Pieterse strengthens the future viability of people and organisations in an increasingly complex risk landscape. As Head of HR for Reinsurance Property & Casualty and previously for EMEA, she shapes strategic HR initiatives, promotes leadership excellence and coaches teams through change and growth.



NICOLE PIETERSE



NICOLE PIETERSE



Head Human Resources



22.04.1977



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Gordon Pieterse



Swimming, enjoying nature



www.linkedin.com/in/nicole-pieterse-3555173

Swiss Re



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ASSISTANT

Agata Kocianova
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agata_kocianova@swissre.com

Board Positions

Verwaltungsratsmandate

Non but open to contribute my expertise and experience in relation to Talent & Culture

What I need

Was ich brauche

Outside in perspective, particular in the Swiss society but also more broadly macro questions (economy, politics, social issues)

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A tribe full of belonging, inspiration and support. In case there is the opportunity to provide exposure to Board dynamics and external stakeholders that would be beneficial for my personal growth as HR professional

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, Talent & Culture - educational, advice, speaking

I'd like to achieve...

Das möchte ich gerne erreichen...

Have impact at a larger scale on the overall functioning and affordability of the insurance market (through people)

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

ASSOCIATED MEMBER

LIDIA PITITTO



LIDIA PITITTO



Consultant



31.05.1973



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Tobias Bamert



pilates, spinning and long walks with my lovely dog



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EMA Partners Switzerland AG

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www.ema-partners.ch

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

Network with great women

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

It's a small world and getting to know the sisters in the club

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Talent identification/Networking/Scouting Restaurants

I'd like to achieve...

Das möchte ich gerne erreichen...

empowerment and support/networking opportunities/ecucation/
cultural and social enrichment

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



ASSOCIATED MEMBER

CAROLINE
PRENN

CAROLINE PRENN



Co-Owner of Medical Aesthetics GmbH



25.09.1972



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+41 79 840 93 35



Philipp Klinck



www.linkedin.com/in/caroline-prenn-28632b1/

Board Positions

Verwaltungsratsmandate

none currently

What I need

Was ich brauche

business sisterhood, patients for my treatment

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

networking, building new opportunities, acquire new patients

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communication + High technology and Financial Services technology consulting, sales, account management, PR, market dissemination & exploitation, business case creation, art / artist management

I'd like to achieve...

Das möchte ich gerne erreichen...

Drive Innovation and creativity - along all kinds of areas to ensure a healthy economy

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

sustainable anti-aging and bodyforming,
cooking other interesting projects

Medical Aesthetics GmbH



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8200 Schaffhausen, Switzerland




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www.med-aesthetics.ch


Ivana Putincanin is the founder and architect of LakeSideDevelopment AG. She has been working as an architect since 1990, taught at ETH Zurich for ten years and was politically active from 1994 to 2018. With over 70 projects to her name, she combines architecture and art to create innovative, unconventional solutions - precise, visionary and goal-oriented.





IVANA PUTINCANIN

IVANA PUTINCANIN

 Owner / Entrepreneur


 07.03.1964

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 Christoph Jaggi

 www.linkedin.com/in/ivana-putincanin/

 If you like to get an instant reply, please send me a text message.

Board Positions

Verwaltungsratsmandate

LakeSideDevelopment ag

What I need

Was ich brauche

good vibes

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & committed members

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)


Architecture ARTS Sustainability


I'd like to achieve...

Das möchte ich gerne erreichen...

share my experiences

LakeSideDevelopment ag LSD.lu

 Matten 8
6331 Hünenberg, Switzerland

 +41 79 124 07 00
ivana@lsd.lu
www.lakesidedevelopment.ch

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

my experiences and a lot of good time together

Elisabete Ramalho is an international business leader with over 20 years of experience. At Google, she leads partnerships with global CPG and luxury companies and drives digital marketing and AI strategies. She also serves as an independent board member and certified leadership coach.



ELISABETE RAMALHO

ELISABETE RAMALHO



International Business Leader
Non-Executive Board Member



17.03.1979



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Paul Giangiordano



Drawing, Jogging, Reading



www.linkedin.com/in/elisabete-ramalho-1485004/



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Google Invygo



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www.google.com

Board Positions

Verwaltungsratsmandate

Independent Board Member, Invygo.com
Former Chair Remodecoders.com
Former Co-chair, Advisory Board IE Business School

What I need

Was ich brauche

Meaningful, forward-moving connections

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sparring. Lifting each other

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Digital Transformation, Tech/AI in Business, Corporate Governance,
B2B Marketing, Executive Coaching, Organizational Change and
Transformation

I'd like to achieve...

Das möchte ich gerne erreichen...

Meaning, exchange and FUN!

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

We can move the world for better, one conversation at a time



EDDA RETTINGER

Edda Rettinger is CHRO of the ARX Group and shapes People & Culture, Communication and Marketing internationally. Previously, she shaped the digital transformation as HR Director at Calida. With many years of experience at Swisscom, she is one of the leading experts in recruiting, talent acquisition and HR innovation.

EDDA RETTINGER



CHRO



24.01.1976



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Golfing, Traveling, Hard Rock Concerts, Driving fast cars,
Wine & Fine Food



www.linkedin.com/in/edda-rettinger-225460b/



my preferred communication channel is whats-app :-)

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

open minded people with humor and passion

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

strong female network, advice in critical business topics

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Human Resources, Leadership, Executive Search & HeadHunting, Social Media, Employer Branding, StartUps, Digital Business, HR Tech, Mentoring

I'd like to achieve...

Das möchte ich gerne erreichen...

being part of a strong female community, create impact and helping others to build their "dream career"

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

there are no stupid questions :-)! Please ask, if you need help, advice or just a friendly word

ARX, Grono



ARX
c/o Pini Group
Thurgauer Strasse 40
8050, Switzerland



edda.rettinger@arx.ing


Andrea Riesen helps leaders and organisations find direction when the map runs out. She turns complexity into clarity with calm precision, human insight, and a well-timed sense of humour.





ANDREA RIESEN





ANDREA RIESEN

 Managing Director / Owner / Entrepreneur


 05.06.1976

 andreariesen@hotmail.com
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 travelling, explore new cultures

 www.linkedin.com/in/andrea-riesen

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arc - Andrea Riesen Consulting

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Board Positions
Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Engaged and supportive club members who enjoy exchanging perspectives. I believe in give & take - and in conversations where listening counts as much as speaking.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration in all aspects of life - professional, personal, and everything in between. Thought-provoking exchanges, honest questions, and the occasional reminder that we're all figuring things out as we go.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Aviation industry expertise: from commercial strategy to adoption, with a strong focus on revenue optimisation. Bridging strategy and people: turning complex challenges into workable, human solutions. Start-up mentorship: pragmatic guidance, best practices, and calm sparring when things get messy

I'd like to achieve...

Das möchte ich gerne erreichen...

To help create an atmosphere where people feel safe to share, ask, and challenge ideas. I'm equally happy to contribute experience and to ask for yours - growth usually happens somewhere in between.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Honest perspectives, thoughtful questions, and experiences from both smooth and messy moments. Plus a belief that progress is easier - and more enjoyable - when we don't take ourselves too seriously.





SUSANNE RITTER


Susanne Ritter is a Solution-Focused Coach (ICF) and supports international specialists and executives in career, leadership and transition issues. With comprehensive assessment expertise (including Birkman, MBTI, DISC), she helps people master change with confidence and find professional clarity and new growth.

SUSANNE RITTER

 Career Transition,
Executive & Leadership Development Coach


 26.07.1971

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 Daniel Ritter

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RPT

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Board Positions

Verwaltungsratsmandate

I am the Board Chair at Her Next Steps. We are an NGO offering Micro Loans, Business Coaching & Educational Scholarships to Motivated Women in Africa who wants to build their own business or take on education that will multiply into their local community.

What I need

Was ich brauche

I / we would love to connect with business women who has an interest in supporting motivated women in Africa as they are growing their business or taking on education, giving them an independent and sustainable life for their families

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

MY best hopes are to meet other business women who live kindness and are supportive of each other. Also, would I love to connect to Business Women who have interest in supporting greater causes in addition to running their business or managing corporate business responsibilities for an exchange of ideas and learnings.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am a Career Transition, Leadership Development & Executive Coach and very happy to support women in leadership as well as executives through coaching

I'd like to achieve...

Das möchte ich gerne erreichen...

I believe in creating opportunities for women around the world - making a difference one relationship at the time!

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

"The Heart of Leadership is Connection, and Connection is about Empathy, Curiosity and Emotional Courage"
- this quote by Brene Brown speaks to my core beliefs.








Laurence Rochat is a transformation coach and long-standing brand ambassador for Audemars Piguet. After holding leading roles in hospitality management, the former Swiss Ski elite athlete now empowers people, combining a performance mindset with mindfulness and supporting sustainable personal development.



LAURENCE ROCHAT



LAURENCE ROCHAT

-  Olympic Medallist / Athlete /
Luxury Brand Ambassador / Speaker /
Entrepreneur / Consulting
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-  laurencerochat@bluewin.ch
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-  +41 79 342 54 77
-  Marc Girardelli
-  Sport in nature (cycling, hiking, skiing),
Reading, friends, dancing,
Family, meditation, travelling, working
-  www.linkedin.com/in/laurence-rochat-b4911311/

Audemars Piguet Suisse SA & Laurence Rochat Concept sarl

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www.audemarspiguet.com/com/fr/home.html

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood & networking
Learning from other fields

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Speaking & communication skills, Sales & Customer experiences,
Events, Hospitality, Coaching / mentoring, Motivation

I'd like to achieve...
Das möchte ich gerne erreichen...
Learn & share experiences and expertise. Make friends with new people
and their worlds.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-








Bianca Römer-Dienes combines creative staging, artistic flair and many years of leadership experience.

As the founder of MIO by Bianca, she creates sensual worlds of experience, while also developing limited edition artworks as an artist. Prior to this, she managed UBS branches in the Bernese Oberland for over 18 years.



BIANCA RÖMER-DIENES

BIANCA RÖMER-DIENES

-  Owner /CEO / Entrepreneur
-  07.06.1967
-  bianca.roemer@icloud.com
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-  +41 79 455 70 47
-  Dr. Thomas Dienes
-  painting / photography / the fine arts / travel
-  www.linkedin.com/in/bianca-römer/

Board Positions

Verwaltungsratsmandate

group de reflexion Zähringer Privatbank Bern

What I need

Was ich brauche

lived & vibrant community

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

sisterhood & commitment

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I create worlds - everything to do with (sales)experience events / photography & art / sales management / sales trainings

I'd like to achieve...

Das möchte ich gerne erreichen...

exciting encounters & mutual support & fun together

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

knowledge & experience / my personal & business relationships

MIO by Bianca Römer-Scholl GmbH

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-  Carrer d'es Vall 17
07620 Spain
-  www.mio-by-bianca.com
www.bianca-roemer-dienes.com
bianca.roemer@icloud.com

Arlette Rüegg has been a goldsmith in Zurich for over 30 years and is the co-founder of sueños.

Together with Kaspar Rüegg, she creates bespoke, one-of-a-kind pieces with a high level of craftsmanship, attention to detail and a clear design language. The focus is on personal consultation, individual design and the joy of turning dreams into jewellery.



ARLETTE RÜEGG



ARLETTE RÜEGG



Owner / Entrepreneur



02.10.1968



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Kaspar Rüegg



My dog/creative working



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sueños Arlette & Kaspar Rüegg



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+41 43 497 31 20
welcome@suenos.ch
www.suenos.ch

Board Positions

Verwaltungsratsmandate

Owner sueños Jewelen & Schmuck

What I need

Was ich brauche

Creative exchange / open minded business inspiration / networking

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

great moments / interesting conversations / different perspectives
outside the box / inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

over 30 years experience in jewellery / design / making / selling

I'd like to achieve...

Das möchte ich gerne erreichen...

continue to build my business

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.suenos.ch

Jewellery dreams specially for you/ having a good time with a great
sisterhood

ASSOCIATED MEMBER

DR. **SINJA**
RÜBERG
WIEDERSEINER

DR SINJA RÜBERG WIEDERSEINER



CEO



04.01.1975



sinja@rueberg.ch
 Zelgliweg 5, 8311 Brütten, Switzerland



+41 79 832 65 18



Patrick Wiederseiner



Hiking, Skiing, Talking, Listening, having Fun...
 and my Company :-)


www.linkedin.com/in/sinjarueberg

Levista GmbH



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 8311 Brütten, Switzerland



+41 44 509 41 15
sinja.rueberg@levista.ch
www.levista.ch

Board Positions

Verwaltungsratsmandate

From my own company / Open for other Mandates (Expertise in Legal & Insurance as Attorney-at-Law / Dr. iur and for developing High Performance People/Teams)

What I need

Was ich brauche

At the moment the most: Holiday ;-) and at one time a horse as I would like to start again riding

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Great Discussions far from Small Talk

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

If you find out my talents, I'm happy to help you with them ;-).

I can help you and your team in case of Stress, Conflicts, Crisis, Communication.

See the Voice of my Customers www.levista.ch/feedbacks/

I'd like to achieve...

Das möchte ich gerne erreichen...

To have a happy life and be able to say at the end: it was worse of it

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Good Times!

Barbara Ryter is the founder and co-CEO of Contcept Communication. A former journalist (including for 20 Minuten, Blick and Schweizer Illustrierte), she combines strategic consulting with strong media and storytelling skills. She is an expert in PR, publishing, events, influencer marketing and start-up communication, with a particular focus on sustainable brands.



BARBARA RYTER



BARBARA RYTER



CEO



14.03.1972



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Sports, Nature

Contcept Communication



Hardturmstrasse 76
8005 Zurich, Switzerland



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contact@contcept.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Spannende Persönlichkeiten kennenlernen, Austausch auf Augenhöhe, Networking

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communication, Network, PR, Influencer Marketing, Digital Marketing

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

Yvonne Samaritani stands for strategic communication with journalistic depth. With over 20 years of experience in journalism, corporate communications and consulting, she now works at Weleda. Previously, she shaped communications at Migros, XING and as co-founder of JUNE Corporate Communications.



YVONNE SAMARITANI

YVONNE SAMARITANI

-  Chief Group Corporate Communication Officer
-  15.07.1984
-  yvonne.samaritani@gmail.com
Stockerstrasse 54, 8810 Horgen, Switzerland
-  +41 79 508 12 82
+41 79 483 40 04
-  Skiing, Hiking, Biking, Cooking
-  www.linkedin.com/in/yvonne-samaritani

Board Positions

Verwaltungsratsmandate

None

What I need

Was ich brauche

Contacts (with focus Switzerland)

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking & Inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Online Retail, Sales & Marketing; Digital Transformation and New Digital Business Scale-Ups, Omnichannel, Speaking / Presentation Skills

I'd like to achieve...

Das möchte ich gerne erreichen...



Advance further in my field and areas of expertise

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Weleda's Transformation Journey

Weleda AG


-  Dychweg 14
4144 Arlesheim, Switzerland
-  ysamaritani@weleda.ch
weleda.ch


Gudrun Sander is a professor and senior lecturer at the University of St. Gallen. As head of the Competence Center for Diversity, Disability and Inclusion (CCDI), she is a recognised expert in diversity management, inclusion and organisational development. Through her research and practical projects, she shapes sustainable change in companies and institutions.





PROF. DR. GUDRUN SANDER

PROF. DR. GUDRUN SANDER


 Professor of Business Administration
Director Institute for International Management and Diversity Management IIDM – HSG
Director Competence Center for Diversity, Disability and Inclusion

 18.04.1964

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 Stefan Sander

 Traveling

 www.linkedin.com/in/gudrun-sander

University of St. Gallen, IIDM - HSG Competence Centre for Diversity and Inclusion CCDI

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ASSISTANT

Kalliopi Chante
Kalliopi.Chante@unisg.ch

Board Positions

Verwaltungsratsmandate

PRME Principles for Responsible Management Education,
Working Group on Gender Equality
Mitglied der Women's Empowerment Principles Leadership Group (WEPs LG)
Vorstand Stiftung zur Erforschung der Frauenarbeit

What I need

Was ich brauche

Support to scale up the CCDI

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Mutual support, exchange of ideas, implementation of joint innovative projects, fun

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Workshops, speeches, strategy development, development of innovative new concepts, train female high potentials, analyses of data, see patterns and think out of the box

I'd like to achieve...

Das möchte ich gerne erreichen...

to position the CCDI as THE competence centre for diversity and inclusion and scale it up to several 100 employees

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


How to empower women
How to make the world more inclusive





CLAUDIA SCHEER


Claudia Scheer is an expert in high-end real estate, with over 20 years of experience in marketing, management, and renovation projects. As an entrepreneur at Scheer Immobilien GmbH and RE/MAX Collection broker, she provides empathetic and professional support to property owners—backed by SVIT expertise and certified coaching know-how.


CLAUDIA SCHEER

 Inhaberin / Broker Owner

 03.10.1967


 claudia.scheer@remax.ch


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 Dancing, Yoga, Wellness, painting, Biking

 www.linkedin.com/in/claudiasscheer

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www.remax.ch/staefa

ASSISTANT

Fritz Oestreicher
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fritz.oestreicher@remax.ch

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

I am looking for thoughtful strategic input and fresh perspectives to support the sustainable growth and further development of my business.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A space for valuable networking in a strong sisterhood, characterized by appreciation, inspiration, new impulses, and genuine connections.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Real estate sales and lettings, property searches and valuations, marketing of new-build projects, customized sales strategies and professional marketing, combined with secure transaction processing and empathetic client service. In addition, I support the strategic connection of real estate investors with suitable partners, projects or opportunities within my established network, always with a clear focus on success, trust and strong partnerships.

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to grow meaningful connections, exchange experiences with inspiring women and create new impulses and collaborations based on trust and mutual support.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I would like to share my passion for real estate as well as my personal experiences and insights from the real estate world with the club.



SILJA SCHILLING

Silja Schilling is a performance marketing expert with over 17 years of experience and Managing Director of ad agents Zurich. She combines a deep understanding of technology with strategic thinking and has successfully managed more than 250 projects. She is committed to female leadership and demonstrates how modern leadership is created through diversity and measurable results.

SILJA SCHILLING



Managing Director



02.12.1993



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Busskirchstrasse 172
8645 Rapperswil-Jona, Switzerland



+41 76 260 18 36



Stefan Brunner



cooking, traveling, yoga & pilates, knitting

ad agents AG



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8008 Zürich, Switzerland



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silja.schilling@ad-agents.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Tolle und diverse Frauen in meinem Leben, Austausch auf Augenhöhe zu den verschiedenen Herausforderung in Leben, Führung und (Familien-) Unternehmertum, von anderen lernen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Mein Herz schlägt für:

All things Marketing: Online & Performance Marketing,
Digitales Marketing, Marketing Strategie
Und... Gen-Y-Leadership, Life-Life-Balance

I'd like to achieve...

Das möchte ich gerne erreichen...

Junge Frauen in Unternehmertum und Führung verbinden, gegenseitiges Empowerment und Inspiration, mehr miteinander weniger gegeneinander

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Marketing is no rocket science aber so einfach ist es eben doch nicht ;-)



ASSOCIATED MEMBER

TRIABADI SCHMIDT

TRIABADI SCHMIDT



Founder



15.07.1971



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Klaus Maier



Piano & Dance


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Brand Intention GmbH



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www.brandintention.ch

Board Positions

Verwaltungsratsmandate

VR bei port-neo Zürich AG

What I need

Was ich brauche

Increase my Network

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I appreciate the exchange with other women leaders, would like to expand my network, gather new impulses and have fun together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an idea generator, sparring partner and have a deep sense and good feeling for structure and processes. Together with my clients I bring their vision into action and thus create the necessary changes.

I'd like to achieve...

Das möchte ich gerne erreichen...

unconditional sisterhood

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



IRIS SIDLER

Iris Sidler is a solicitor at PRINS specialising in intellectual property and commercial law. She advises companies on IP, IT, e-commerce and contractual issues, publishes specialist articles and supports business development. As a speaker, she talks about legal issues, AI, copyright, ethics, health and leadership – always with a focus on solutions and practical applications.

IRIS SIDLER



Lawyer



27.07.1976



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Sägestrasse 55, 5600 Lenzburg, Switzerland



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Painting and being creative, enjoying nature, learning, exploring with friends and family



www.linkedin.com/in/iris-sidler-11a00058

PRINS Intellectual Property AG Patent-, Marken- und Rechtsanwälte



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NOTES

Furthermore, I am a certified Hypnotist and Havening Therapist
www.havening.org/directory/grid/view/details/14/1483-Iris-Sidler

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Open-mindedness, empathy, empowerment, reliability, discretion, honesty, creativity, knowledge - that is also what I can give back

What I would like to get out of LLL Club

Was ich mir vom Club erhoffe

Open-minded sparring partners or business partners, inspiring conversations, mutual support

My skills (in these fields I can offer help)

Meine Talente (in diesen Fachbereichen kann ich Unterstützung anbieten)

Legal advice in the areas of IP (copyright, trademark law, patent law, design law, IP strategy, IP roadmaps), IT (namely AI, software, OSS), communication and media, unfair competition, e-commerce, Swissness, contract law

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to ensure that all start-ups build their businesses on a solid legal foundation and that female entrepreneurs are familiar with copyright rules and the legal principles of e-commerce.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen








Do not hesitate to call me, preferably on my mobile phone!

ASSOCIATED MEMBER

ZEHRA SIRIN





ZEHRA SIRIN

-  Founder/Managing Director
-  03.03.1974
-  zehra.sirin@bluewin.ch
-  +41 79 424 51 51
-  Carlo Santurbano
-  Natur, Jogging, Yoga/Mediation
-  www.linkedin.com/in/zehra-sirin-6a9b31100

Size Consens AG

New Work Solutions

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Rütiweg 1, 8955 Oetwil a. d. Limmat (Sitz/Postadresse)
-  +41 44 750 51 52
zehra.sirin@size-consens.ch
www.size-consens.ch
www.size-academy.ch

ASSISTANT
Fitore Sinani

Board Positions

Verwaltungsratsmandate

Zertifizierte Verwaltungsrätin mit Schwerpunkt auf Change und digitale Transformation

What I need

Was ich brauche

Ein inspirierendes und stärkendes Netzwerk sowie die Möglichkeit, Transformationen zu begleiten und Change gemeinsam zu Erfolgsgeschichten zu entwickeln.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Business Sisterhood in verschiedener Hinsicht

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategien anders denken, wirksam mit Prozessen und Digitalisierung verbinden und Menschen mit Kopf, Hand und Herz für Neues und kulturelle Entwicklung begeistern.

I'd like to achieve...

Das möchte ich gerne erreichen...

Mein Netzwerk erweitern, um die Entwicklung von Size Consens AG / Size Academy durch Austausch, Kooperationen und gemeinsame Initiativen weiterzuentwickeln

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Mein Erfolgsbuch: Die 5-Sterne-Strategie – Exzellentes Beschwerdemanagement in Zeiten von Online-Bewertungen, ISBN-13: 978-3-86881-641-9



TRUDE VIOLE STENE

Tracy Stuart Kautzmann is a coach, trainer and transition expert with an international background spanning seven countries. As Director at Reboost Online, she accompanies people through change processes, strengthens leadership skills and supports career development. She is also an author and co-founder of the NGO Her Next Steps.

TRUDE VIOLE STENE



Founder, CEO



21.05.1964



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Skiing, sailing and staying active
Opera and culture. Impact investing
Learning and engaging at international events



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Triple Solution AG



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www.triplesolutionskincare.com
www.future4children.com

Board Positions

Verwaltungsratsmandate

Founder and President, Future4Children
Advisor to impact driven ventures

What I need

Was ich brauche

Strategic exchange with fellow founders and entrepreneurs
Impact aligned investment dialogue

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Authentic connections with interesting women.
Thought provoking dialogue and inspiring topics-

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Entrepreneurship, Brand Strategy, Business Development,
Impact Models, Sustainable Value Creation, Leadership

I'd like to achieve...

Das möchte ich gerne erreichen...

To build genuine and lasting relationships, and to contribute to an atmosphere of openness, trust and substance

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Entrepreneurial insights from building Triple Solution and founding Future4Children


Tracy Stuart Kautzmann is a coach, trainer and transition expert with an international background spanning seven countries. As Director at Reboost Online, she accompanies people through change processes, strengthens leadership skills and supports career development. She is also an author and co-founder of the NGO Her Next Steps.





TRACY STUART KAUTZMANN

TRACY STUART KAUTZMANN


 Co-Founder of Her Next Steps
Managing Director, Reboost Online

 10.09.1970


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68220 Hegenheim, France

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+33 389 67 00 34

 Jean-Christophe Kautzmann

 Triathlete, Crossfitter, Co-Founded NGO Her Next Steps,
cooking, writer

Her Next Steps

 +41 79 820 79 60
tracylee@hernextsteps.com

Board Positions

Verwaltungsratsmandate

Co-Founder of NGO Her Next Steps

What I need

Was ich brauche

I am passionate about seeing women grow in their development, their growth and business

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I would like to network with women in leadership positions who are interested in IMPACT Group's Leadership Development Coaching Solutions

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Change, Transition, Career Development, Women In Leadership Coach and Facilitator

I'd like to achieve...

Das möchte ich gerne erreichen...

Continue to grow Her Next Steps in my personal life, and continue to grow new client company partnerships in Switzerland for my professional life

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Tracy Stuart Kautzmann helps people who are stuck get unstuck! Facilitates, Empowers and Guides individuals and companies who wish to grow their careers or going through transition





ASSOCIATED MEMBER


SMITA SUCHDE GRUETTER


SMITA SUCHDE GRUETTER

 Founder / Lead Skills Academy

 03.12.1959

 smitasuchde@gmail.com
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 Music, Films, Long walks, Travel and Design



HEMLATA

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www.hemlata.org

Board Positions

Verwaltungsratsmandate

President of the Board at HEMLATA

What I need

Was ich brauche

introductions to aligned partners/clients + feedback on my work at HEMLATA

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Trusted connections, and inspiring dialogue that leads to collaboration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Community building, facilitation/workshops, partnership development, storytelling/communication, Travel trips to India

I'd like to achieve...

Das möchte ich gerne erreichen...

To build genuine relationships and contribute to an atmosphere of openness, trust, and action

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

What I'd love to share: Stories of our HEMLATA Scholars + learnings from building HEMLATA



YASEMIN TAHRIS

Yasemin Tahris is an occupational and organisational psychologist and co-founder of flowit. She combines psychological models with AI to provide employees with accessible, effective coaching. In addition to her start-up work, she supports research projects and invests in impact-oriented ventures as a business angel.

YASEMIN TAHRIS



Founder/ CEO



25.10.1987



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Bilal Tahris



Yoga; Horses; Family



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www.kalaidos-fh.ch/de-CH/Forschung/
Fachbereich-Wirtschaft/Team

ASSISTANT

Ilayda Demokan
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ilayda.demokan@flowit.ch

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Interessante Kontakte und einen inspirierenden Austausch

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Gegenseitige Unterstützung; spannender, inspirierender Austausch; Learnings teilen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Applied Science; Psychology; Human Resource Management; New Work; People Analytics; Human Centred AI; Leadership through people analytics and trust

I'd like to achieve...

Das möchte ich gerne erreichen...

In mein persönliches Netzwerk investieren; Spannende Frauen kennen lernen; Inspirierende Gespräche führen die mich beruflich aber auch privat bereichern

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



ANJA THALER

As a member of the management team at Sportgastro AG, Anja Thaler coordinates human resources, marketing and sales, as well as IT and decoration. As a lecturer, board member and university ambassador, she combines psychological depth with practical organisational development and actively shapes cultural change.

ANJA THALER



Member of Management Board
Leiterin Stabstellen & Dienste Sportgastro AG



21.07.1992



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Finishing my doctoral thesis & Flying with PPL



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Sportgastro AG



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3014 Bern, Switzerland



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www.meindschungel.ch/anja-thaler
www.scb.ch/club/scb-icehockey-ag/mitarbeitende
www.wirtschaftsschule-five.ch/dozenten-dozentinnen/
anja-thaler-2

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

A strong network.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

An opportunity to network and to get to know ambitious women who are striving for excellence.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

HR knowledge, recruiting expertise, assessment of personal traits for risk management and innovation, resilience training.

I'd like to achieve...

Das möchte ich gerne erreichen...

To gain and give inspiration in order to empower others and myself to develop our full potential and turn it into reality.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am very much looking forward to starting the CAS Verwaltungsräte in St. Gallen in January.

Mylène Thiébaud supports SME and foundation decision-makers in effectively shaping change. As founder of Transformy GmbH and managing director of SwissBoardForum, she combines technical expertise, strategic experience and over 20 years of leadership. She creates clarity, asks the right questions and promotes sustainable organisational development.



MYLÈNE THIÉBAUD

MYLÈNE THIÉBAUD



CEO SWISS Board Forum
Inhaberin Transformy GmbH



22.09.1977



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+41 31 332 58 68



Hansjürg von Niederhäusern



Englische Rosen, Kochen und
Spielen mit meiner Kinder



www.linkedin.com/in/MyleneThiebaud

SWISS Board Forum

Transformy GmbH



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3110 Münsingen, Schweiz



my@transformy.ch
+41 78 885 03 85
www.transformy.ch

Board Positions

Verwaltungsratsmandate

Bin offen für VR-Mandate

What I need

Was ich brauche

Sichtbarkeit, Partnerschaften und neue engagierte Mitglieder für das SwissBoardForum (SBF). PR-Möglichkeiten um die Mission und Aktivitäten des SBF in der Öffentlichkeit zu präsentieren/diskutieren. Dazu bin ich immer offen für spannende Projekte welche Win-Win-Situationen generieren und sinnstiftend sind.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Im Ladies Drive Club suche ich vor allem nach einem inspirierenden Netzwerk von gleichgesinnten Frauen, die die gleiche Leidenschaft für beruflichen Erfolg und persönliche Entwicklung teilen. Ich strebe nach einer Gemeinschaft, die nicht nur Wissen teilt, sondern auch dazu beiträgt, gegenseitiges Wachstum und Erfolg zu fördern.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Entwicklung von Synergien rund um die Mission vom www.swissboardforum.ch, der schwergewichtig auf Schweizer KMU- und Familienunternehmen fokussierten VR- und Corporate Governance Plattform für echten Praxisaustausch. Netzwerk. Keynote. Spirituelle Retreat für persönliche Standortbestimmung und Wachstum. Begleitung von Strategieprozesse. Coaching von C-Level Führungskräfte.

I'd like to achieve...

Das möchte ich gerne erreichen...

Die Professionalität der Verwaltungsrat- und Stiftungsratsaktivitäten mit unserem Austausch-Netzwerk stets erhöhen. Der Gap zwischen Generationen helfen zu reduzieren und konstruktive Lösungen für die Schweiz erarbeiten. Gelassen und gesund im Alltag tragfähige Beziehungen pflegen.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Das Leben ist zu kurz, um oberflächliche Beziehungen zu pflegen. Ich suche immer nach dem, was jemanden wirklich bewegt, mit einem offenen Ohr für authentische Menschen.



SASKIA TOENNESMANN

Saskia Toennesmann is Senior Industry Manager at Google Switzerland and advises global FMCG and luxury brands on digital transformation and growth strategies. With over 14 years of experience in retail and brand marketing – including at Google, Henkel and TBWA – she combines data-driven insights with strategic brand management.

SASKIA TOENNESMANN



Senior Industry Manager for global Luxury and CPG Brands



08.12.1988



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Google Switzerland GmbH



Gustav-Gull-Platz 1
8004 Zurich, Switzerland

Board Positions

Verwaltungsratsmandate

Not presently

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Building meaningful connections, network with women to learn for each other, share experiences in the professional and private life for personal growth and reflection.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

10+ Years experience in (Digital) Media + Marketing, Brand Building and Go to Market Strategies, Performance Marketing, Swiss Retail Experience

I'd like to achieve...

Das möchte ich gerne erreichen...

Becoming part of the LLL family by building trusted relationships, giving back to the club what the club gives me in terms of connection and growth

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I've had the privilege of living in 5 different countries since I've been 11 years old and growing up in an international environment. My father was moved to Istanbul, Turkey, when I was a child and it opened my eyes to the world, different places/ambiances, people/characters/backgrounds and I am very much enjoying meeting new people who share something about their life, background, their loves + their struggles, so I cannot wait to meet all the LLL ladies!

Jacqueline Totzke Christoffel is the managing director of EntwicklungsART GmbH and supports executives and organisations in change and development processes. With extensive leadership and management experience in various industries, she helps companies to effectively shape change and develop their potential in a targeted manner.



JACQUELINE TOTZKE CHRISTOFFEL

JACQUELINE TOTZKE CHRISTOFFEL



Founder & CEO



16.10.1965



j.totzke@entwicklungsart.swiss
Weierbachweg 6, 5722 Gränichen, Schweiz



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Reto Christoffel-Totzke



Kochen und Backen, Krimis lesen, Reisen und neue Orte entdecken, feines Essen und guten Wein geniessen, einfach mal nichts tun



www.linkedin.com/in/jacqueline-totzke-christoffel-38707537

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

kreative Gespräche und manchmal auch ein bisschen fantasieren

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

vielfältigen Austausch mit spannenden Ladies; Tipps und Tricks; tragendes Netzwerk

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Kultur-, Werte-, Organisations- und Personalentwicklung, Human Resources Management, Coaching, "Generationen"-Themen

I'd like to achieve...

Das möchte ich gerne erreichen...

Ein erfülltes Leben führen, irgendwann noch einmal etwas Neues / "Verrücktes" beginnen und auf alle Stationen gerne zurück blicken

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

EntwicklungsART GmbH



j.totzke@entwicklungsart.swiss
www.entwicklungsart.swiss



MORGAN VAN OVERBROEK

Morgan Van Overbroek is president of the Swiss Polo Association – the first woman ever to hold this position. She shapes the Polo Park & Country Club Zurich, promotes mixed and women's polo, and is committed to horse welfare and young talent. In addition to sport, she runs a wine company, loves expeditions, and combines her passion for horses, nature, and art.

MORGAN VAN OVERBROEK



President / Entrepreneur



27.02.1975



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Sébastien Le Page



polo, worldwide horseriding adventures, hiking, nature, watercolor, sailing



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Quick answer ? WhatsApp me

Polo Park & Country Club Zürich In Vino GmbH



Rietstrasse 12
8472 Seuzach, Switzerland



www.polopark.ch
www.in-vino.ch

ASSISTANT

Sylvia Wyrsh
sylvia@polopark.ch

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Make polo more popular, find partnerships, forge solid relationship with inspiring women.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Standing together through challenges and triumphs, offering support when it's needed and celebrating every success. Always open to collaborations.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Media, Marketing, Networking, Community management, Adventurist

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to nurture my inner peace and find happiness in everything around me. I am determined to embrace change and empower myself with every experience. LLL is the perfect nest for this.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

"You're better than you think you are."
Sunny Hale (best ever woman polo player).

ASSOCIATED MEMBER

MARA VERGANI

MARA VERGANI



Entrepreneur
Philanthropist
Event holder & Host
Enthusiast for cultivating of smart tools for various life situations



maraverгани@gmail.ch



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Maraconcept.GmbH



mara@maraconcept.ch

Board Positions

Verwaltungsratsmandate

What I need

Was ich brauche

Events /Workshops in company's with Light Up Tool!

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Cultivating positiv Behaviour at workplace and in private life.
Strong negotiations skills (intensive onlinecourse at Harvard)

I'd like to achieve...

Das möchte ich gerne erreichen...

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen



ASSOCIATED MEMBER

BARBARA VETTOREL

BARBARA VETTOREL

-  HR Director EMEA
-  25.07.1972
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-  +41 79 429 49 50
-  abstract painting, writing, running
-  www.linkedin.com/in/barbaravettorel/

3A Composites Core Materials

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5643 Sins, Switzerland
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www.3acomposites.com

NOTES:

www.barbaravettorel.com

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

A safe space, a community of benevolent, non-judgemental women who dare to be vulnerable and strong, and who equally enjoy giving and receiving

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Ich schätze den Austausch, das Netzwerk und die Kraft der Sisterhood

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

HR Expertise, Transformation und Leadership

I'd like to achieve...

Das möchte ich gerne erreichen...

serve as many people as possible so when I leave this plane I have made a change for the better

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Thrilled to be here :-)

Sabine Vincenti is Group CFO of Embassy Jewel AG and has more than 20 years of management experience in international and private equity-led companies. She stands for strategic financial planning, M&A expertise, IT harmonisation and effective transformation - underpinned by integrity, clarity and leadership.





SABINE VINCENTI



SABINE VINCENTI

-  Group CFO
-  22.06.1971
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-  Sandro
-  Skifahren, Wandern, Musik

Embassy Jewel AG

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Sabine.Vincenti@embassy.ch

Board Positions
Verwaltungsratsmandate

None at the moment

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood and Expansion of my network

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategic Planning, Change Management, Finance and Controlling, Financing

I'd like to achieve...
Das möchte ich gerne erreichen...

To be a valuable member of the LLL

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Himalayas Children's foundation
www.himalayas-children.ch







Dr Tanja Volm is a specialist in gynaecology and obstetrics, palliative medicine and hospital hygiene. After working in clinical practice in Heidelberg and Ulm, she has been managing EVO Consult in Switzerland since 2004. She advises hospitals, acts as an expert witness, conducts leadership training courses and teaches at universities in Zurich, Lucerne and Bern.



TANJA VOLM



TANJA VOLM

-  Entrepreneur
-  03.03.1968
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EVO Consult Swiss GmbH and Doc-Cert AG

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ASSISTANT

Ursina Wetter
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NOTES

prefer mails

Board Positions

Verwaltungsratsmandate

none (except my own companies)

What I need

Was ich brauche

opinions of other women

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

interested in other women and their ideas and thoughts

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

all about medicine, all about running, projects and strategies

I'd like to achieve...

Das möchte ich gerne erreichen...

to be a happy and healthy person

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

would like to share ideas how to be a happy and healthy person

Jeannine Vythoulkas-Arnold has been an expert in PIM/MDM for over 20 years and is driving forward the development of digital end-to-end supply chains. As managing director of foryouandyourcustomers Baar, she focuses on integral leadership that empowers people and offers customers added value.



JEANNINE VYTHOULKAS-ARNOLD

JEANNINE VYTHOULKAS-ARNOLD

-  CEO
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Board Positions
Verwaltungsratsmandate
none at the present

What I need
Was ich brauche
-



What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Business Talk to like minded sisters

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Lead the way to digitisation, Female Leadership, Female Leadership in IT, Master Data Management

I'd like to achieve...
Das möchte ich gerne erreichen...

I would like to get an exchange with business sisters, with inspiring talks and supporting atmosphere.

foryouandyourcustomers Baar AG

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ASSISTANT
Anna Marienberg
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This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Our ExplodedView: An other view how to look at a company:
<https://foryouandyourcustomers.com/de/beitraege/fachartikel/die-exploded-view-in-drei-branchen/>
<https://foryouandyourcustomers.com/posts/expert-article/the-exploded-view-in-three-sectors/>







Ursula Wagner ist Top Executive Coach, Mit-Inhaberin des Coaching Center Berlin und Ausbilderin von über 500 Coaches. Nach Stationen im Konzern und in den Medien prägt sie heute mit ihrem Ansatz Integral Development die Coachingwelt. Als Autorin, Vordenkerin für Motivation und Karrieren sowie digitale Entrepreneurin verbindet sie Praxis, Forschung und Innovation.





URSULA WAGNER, PHD



URSULA WAGNER, PhD

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-  Personal contact whatsapp via cell phone - please allow for 24hrs

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www.coachingcenterberlin.de
integralhealthacademy.de
ursulawagner.com

ASSISTANT

Team: +49 30 434 00 294
kontakt@coachingcenterberlin.de

Board Positions

Verwaltungsratsmandate

Board President International Organisation for Business Coaching (not for profit Coaching Organisation committed to excellence in coaching standards globally)

What I need

Was ich brauche

All I need is love - and some deep dives with my sisterhood

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I am inspired by business women who have built their own business or rock it in the corporate world

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Coaching with depth at crossroads of careers or stepping out of corporate careers, Coach-training internationally certified, Holistic Health & Longevity for leaders, owners and corporate settings with data based health coaching bridging rational thinking and self care

I'd like to achieve...

Das möchte ich gerne erreichen...

Kindness and inspiration make me thrive. I would like to extend my support for member's projects and enjoy ideas and contacts for our mutual benefit - knowing that we are doing great things for the world anyway!

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Ice bathing and heat therapy - the feminine way. With a lot of research and without macho attitude. Wonderful Susanna Soeberg:
<https://soeberginstitute.com/pages/about>





ASSOCIATED MEMBER


BETTINA WARNECKE

BETTINA WARNECKE

 Geschäftsleitung / Co-Owner

 25.07.1975


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 Hiking, travelling, exploring new places & cuisines

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 bettina@mamalicious.ch
www.mamalicious.ch
www.warnecke.works
www.integpartner.com

Board Positions
Verwaltungsratsmandate

none at present

What I need
Was ich brauche

Looking for collaboration & advertising partners for the Mamalicious community / new coachees as a systemic business coach / mandates in the area of strategy implementation work and organisational development

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Mutual benefit & support

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Systemic business coaching / strategy implementation & organisational development / Media collaborations

I'd like to achieve...
Das möchte ich gerne erreichen...

Build my businesses

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

If you like to target mums with your products/services, please get in touch with me!

Heidi Weber Rüegg stands for modern, joyful leadership. Formerly a kindergarten teacher, she later trained in business administration, psychosocial management, organisational development and energy work, and spent over 25 years leading teams in international companies. Since 2007, she has been managing Impact Development GmbH and helping executives achieve greater effectiveness in a more human way.



HEIDI WEBER RÜEGG

HEIDI WEBER RÜEGG



Owner/ Entrepreneur



09.10.1973



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Roger Rüegg



Running, reading, laughing, enjoying time with wonderful people



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Impact Development GmbH



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8805 Richterswil, Switzerland



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www.joyful-leadership.ch

ASSISTANT

Kirsten Götzinger
kirsten@virtualistin.de

Board Positions

Verwaltungsratsmandate

currently none

What I need

Was ich brauche

I am a huge fan of clarity and clear standards. Not in a stubborn way but in way, that creates commitment and belonging.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Being member in a mind- and heartfelt tribe of business women and leaders - sharing experiences/knowledge - inspire each other - a place, where we can share thoughts and ideas about creating a powerful world, where the heart and the frequency are the most powerful forces

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Female Leadership, Transformation of Organisation (from typical hierarchy to self-organised ways), energy and frequency work, inner work (personal development, consciousness work), act as a sparring partner who brings in clarity and who is able to read a situation on a subtle level

I'd like to achieve...

Das möchte ich gerne erreichen...

I have the vision of a "new" world of work (and in general). I want to be a driver of the change & transformation to a world, where consciousness and heart are more important than pure logic, that feminine energy is anchored as a forward-looking power, that joy is spread as a fundamental energy (frequency), that people are empowered to remember who they really are and live authentically their true selves.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

How impactful the work with energy & frequency can be, how powerful joy can be established and much more ;-)



ASSOCIATED MEMBER

VALERIE WEDEKIND

VALERIE WEDEKIND



unicorn



11.10.1976



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Lars Wedekind



Familie, Yoga, Laufen, Reisen und Lesen


www.linkedin.com/in/valerie-wedekind-9a283448


Gerne kommuniziere ich via WhatsApp!

Board Positions

Verwaltungsratsmandate

open

What I need

Was ich brauche

inspiration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood, exchange, support

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Excellent listener and sparring partner

I'd like to achieve...

Das möchte ich gerne erreichen...

Happiness in self-employment

self-employed

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Happiness, peace and joy


ASSOCIATED MEMBER


STEPHANIE WEISENBERGER




STEPHANIE WEISENBERGER


 Global Head HR Corporate Solution/ Swiss Re

 29.04.1968

 weisenberger@sunrise.ch
Stockenstrasse 10, 8802 Kilchberg, Switzerland


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 Marc Strolz

 my list of interest is long - skiing, swimming, cooking, travelling, supporting 2 school projects, creating connections

 www.linkedin.com/in/stephanie-weisenberger/

Swiss Re

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8002 Zürich, Switzerland

 stephanie_weisenberger@swissre.com
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Board Positions

Verwaltungsratsmandate

FluxBid Co

What I need

Was ich brauche

A non-judgemental network with inspiration, open minds and hearts and a good laugh

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Grow my network, exchange on multiple topics from business to personal (not mutually exclusive), learn about things I have not heard so far, enjoy the LLL events in a relaxed atmosphere

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Board exchange, coaching, experience in different industry on corporate level, building up small scale business, how to celebrate success & misses

I'd like to achieve...

Das möchte ich gerne erreichen...

Create meaningful relationships

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen


Ask me anything

ASSOCIATED MEMBER

JANINE WEIZ-BÜHLER



JANINE WEIZ-BÜHLER

-  Navigator/ CEO
-  17.12.1978
-  j@nnewb.ch
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-  Jonathan Bühler
-  Family & Friends, Interior Design & Gardening,
Travelling & Exploring New Places, Yoga
-  ch.linkedin.com/in/janine-weiz-b%C3%BChler-a3550255

Freitag lab. AG

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Board Positions
Verwaltungsratsmandate

Open for Mandates

What I need
Was ich brauche

Networking with other industries, exchange and meet with interesting women, share experiences

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Fresh Input & Inspiration,
Networking & Collaboration,
New Business Ideas,
Business Insights from other Brands/ Companies,
Fantastic Sisterhood

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Passionate Marketeer & C-Level Creative; particularly skilled in Product Management, Collection Design, Sustainability & ESG, Cradle-to-Cradle Circular Design, 3D-Product Development, all fields of Marketing & Communication, CRM& Loyalty, Retail Design, Change Management, New Work Leadership

I'd like to achieve...
Das möchte ich gerne erreichen...

Intensify working with a highly engaged and passionate female network to get new input and to also empower younger female talents.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

All my experience of more than 20 years with being a creative leader in medical products & textiles & fashion.





ALINE WEY SPEIRS


Aline Wey Speirs is a partner at Charles Russell Speechlys AG and has specialised in resolving complex conflicts for over 20 years. She assists clients with business and personal disputes - in court, mediation or arbitration proceedings - and guides them towards viable solutions with clarity and empathy.


ALINE WEY SPEIRS

 Partner / Attorney / Mediator


 16.03.1978


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 Jivamukti Yoga, Gardening, Travel

 www.linkedin.com/in/aline-vey-speirs/

Charles Russell Speechlys

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Board Positions

Verwaltungsratsmandate

- ERNI Group Holding AG, Member of the Board, Head of Nomination and Compensation Committee
- Zugerberg Finanz AG, Member of the Board

What I need

Was ich brauche

genuine connections to business sisters

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

new ideas and inputs on how to lead my team and further our joint careers in this challenging market

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an attorney and problem solver. My skill is in advising people in conflict situations, to discern a strategy, find the right legal remedies or to negotiate a solution. I also act as a mediator and advise at the intersection of personal, family, and business matters.

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to solve and remedy conflict situations and to empower women to safeguard their rights be it in their role as board member, director, employee, daughter, sister, wife or mother

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

In order to make smart choices you sometimes need to reach out to others. Please don't hesitate to contact me.

Stella Wolfgruber is a partner at Avalor Investment AG and brings extensive international experience in asset management, particularly in US matters. After working in private banking and asset management in Switzerland and Singapore, she joined Avalor in 2020.



STELLA WOLFGRUBER



STELLA WOLFGRUBER

-  Partner
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www.avalor.ch/en/

Board Positions
Verwaltungsratsmandate
Swiss-American Society

What I need
Was ich brauche

Expanding my network and possible connections to new clients who either wish to touch the topic wealth management for the first time or looking for a second opinion

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Meet strong and authentic women, inspiring conversations with independent and leading ladies

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Female touch to a financial portfolio and tailor-made wealth management services. Precise, passionate and holistic approach.

I'd like to achieve...
Das möchte ich gerne erreichen...

Support and encourage more women to touch the topic wealth management and investments and to take care of their financial situation

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Every mountain can be climbed and every horse can be ridden


Nadine Zollinger-Pittori is a solicitor and partner at Eversheds Sutherland, as well as holding a Lic. iur. and LL.M. She heads up the Technology, Media & Telecommunications division and brings with her many years of experience as General Counsel and Chief Compliance Officer in the telecoms industry. There, she was responsible for M&A, restructuring, a sports channel and HR. She also chairs the BaselMedia Foundation and sits on the board of Suissedigital.




NADINE ZOLLINGER



NADINE ZOLLINGER

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-  Daniel Zollinger
-  Piano, Reading, Sports, I love to travel
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Eversheds Sutherland AG

-  Stadelhoferstrasse 22
8001 Zürich, Switzerland

Board Positions

Verwaltungsratsmandate

Präsidentin der Stiftung Telebasel
Vorstandsmitglied Suissedigital

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

broadening of the mind, meaningful, trustful relationships

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Experience in Telco, Media, Law, HR Management

I'd like to achieve...

Das möchte ich gerne erreichen...

Distribute my own product

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

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