



THE LEAGUE OF
LEADING LADIES

BUSINESS CLUB

MEMBER PROFILES 2025

VERSION 5
12.06.2025

BUSINESS CLUB
FOR EMPOWERED
WOMEN

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220 LIDIA **PITITTO**

222 CAROLINE **PRENN**

224 IVANA **PUTINCANIN**

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228 EDDA **RETTINGER**

230 ANDREA **RIESEN**

232 SUSANNE **RITTER**

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240 DANA **RULF**

242 SINJA **RÜBERG WIEDERSEINER**

244 BARBARA **RYTER**

246 GUDRUN **SANDER**

248 SILJA **SCHILLING**

250 TRIABADI **SCHMIDT**

252 YVONNE **SCHNEIDER**

254 IRIS **SIDLER**

256 ZEHRA **SIRIN**

258 TRACY **STUART KAUTZMANN**

260 SMITA **SUCHDE GRUETTER**

262 YASEMIN **TAHRIS**

264 MYLÈNE **THIÉBAUD**

266 SASKIA **TOENNESMANN**

268 JACQUELINE **TOTZKE CHRISTOFFEL**

270 PRIANTHY **TSCHOPP**

272 MORGAN **VAN OVERBROEK**

274 MARA **VERGANI**

276 BARBARA **VETTOREL**

278 SABINE **VINCENTI**

280 TANJA **VOLM**

282 JAMIE **VRIJHOF-DROESE**

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ALL YOU
NEED
TO KNOW

CORE VALUES

WE ALWAYS ASK EACH OTHER:
WHAT CAN I DO FOR YOU?

WE LOVE GOING THE EXTRA MILE

NO LIPSERVICE - MORE ACTION

WE ARE ONE VOICE FOR MEN AND WOMEN WITH A VISION

WE SHARE BEST PRACTICES AND KNOWLEDGE

SEE EACH OTHER AS A SOURCE OF INSPIRATION

WE DO BUSINESS TOGETHER

WE PUT OUR HEART, MIND AND SOUL
INTO THE SMALLEST ACTS

WE GET INVOLVED IN OUR LLL COMMUNITY

WE LEVERAGE EACH OTHER'S CAREER

LLL CONFERENCE

PLEASE NOTE:

In case a conference needs to be postponed all tickets are valid for the new, postponed date according to our terms of service
(www.ladiesdrive.world/agb/)

Please note, that we do not reimburse money in case you cannot attend the conference.

1

The attendance at the LLL Conference is mandatory for all our members, except our associated members.

Associated members can order one of our VIP Tickets CHF 1'600.00 + VAT (instead of CHF 2'300.00 + VAT) including single bedroom, ticket, full board.

Please note: Stella will book the rooms for all of us.

DEADLINE FOR CONFERENCE-REGISTRATIONS: 20.03.2026

Let Stella know until March 20th, 2026 if you would like to join the conference.

Important: Please let us know no later than March 20th, 2026 if you are going to attend the conference. If you cancel your room short term, we need to pay it anyway, except you have a medical certificate.

2

We offer a special **Bring-a-Friend Ticket** for the LLL Conference at 20% off the regular price. You can purchase it for CHF 1,840.00 instead of CHF 2,300.00 (excl. VAT).

If you'd like to order, simply email [sst@leagueofleadingladies.com](mailto:ssst@leagueofleadingladies.com) and include your friend's full contact details. Stella will take it from there.

Please note: We have a limited supply of these tickets.

3

The conference website will be updated on a regular base - so always have a look at it.

You can always pass it on to your friends: <https://ladiesdrive.world/league-of-leading-ladies/>

4

Save The Date 2026:

April 13th & 14th, 2026 @ Victoria-Jungfrau Grand Hotel & Spa, Interlaken
"The Chameleon Effect"

5

If you like to suggest a speaker, write to: [sst@leagueofleadingladies.com](mailto:ssst@leagueofleadingladies.com)

THE CHAMELEON EFFECT



CREATED BY

LADIES DRIVE
Business Sisterhood since 2007



THE LEAGUE OF
LEADING LADIES
CONFERENCE

LEAGUE OF LEADING LADIES CONFERENCE 2026

APRIL 13th & 14th, 2026

VICTORIA-JUNGFRAU GRAND HOTEL & SPA, INTERLAKEN

WWW.LEAGUEOFLEADINGLADIES.COM

MEETING SCHEDULE 2025

MONTHLY MEETINGS IN ZURICH

Always: last Monday per month. Get in around 5:30 p.m.
Locations change - but we normally meet in Zurich area.
You'll get a personal invitation by email about 3 weeks in advance by Sandra-Stella.
This invitation includes a link to our location.
Please always register online.

CANCELLATION POLICY MONTHLY MEETINGS

Same day cancellations will be fully charged.

FIND ALL THE DATES AND LINKS

(including .isc docs) on our Dropbox:
<https://www.dropbox.com/scl/fo/dze5kji80jbj15pz01xd/AKKrl2XRtLzdcMAKVgNy2zc?rlkey=lu3pblki895ld9utl9ig-kqtq0&st=ma2buw2k&dl=0>

Monday, 26.5.2025

@ Grieder, Bahnhofstrasse Zurich

Monday, 30.6.2025

@ Rahn & Bodmer Privatbank Zurich (free of charge)

Monday, 25.8.2025

@ Pier7, Zurich

Monday, 29.9.2025

@25 Hours Europaallee Zurich

Monday, 27.10.2025

@ Haute Private Club Zurich

Monday, 17.11.2025

Pre-Christmas Dinner in Collaboration with Meister 1881, starting at 5:00 pm,
seated Dinner at Restaurant Metropol Zurich at 7:00 pm

Thursday, 04.12.2025

Breakfast together with the Bargesprache Privé Club
@25 Hours Europaallee Zurich

SAVE THE DATE:

LLL Conference "The Chameleon Effect"

April 13th & 14th, 2026 @ Victoria-Jungfrau Grand Hotel & Spa, Interlaken

Always check out the latest updates here: www.leagueofleadingladies.com

LLL MEMBERSHIP TERMS & SERVICES

With your membership you also agree to our terms of service: www.ladiesdrive.world/agb/
*included services are subject to modifications fees for other clubs

FOLLOWING SERVICES ARE INCLUDED IN THE ANNUAL MEMBERSHIP FEE

Access to monthly dinners (offline or online meetings)

LLL provides access to a community of business women (by invitation only)

Every member is a mentor for at least two other members (free of charge)

Every member can be approached for a first meeting if you need help or support (free of charge - 1 hour)

You can use the know-how and wisdom of the club as a think tank

Always be aware of data protection. Use the information in our member booklet for getting in touch with people. It is forbidden to use the data for marketing activities

You can get a list of email addresses of all club members to invite them to an event or share important updates with them - always ask for permission from the president's office first (contacts below)

The club gives you access to speaking opportunities, headhunters, career developers and coaches. Please ask the president's office if you have specific needs. Placing ads or advertorials in Ladies Drive products with a 40% discount. www.ladiesdrive.world/werbung (German and English version, see also special discounts for Startups).

Free Ladies Drive subscription (print magazine) 4x per year (costs of CHF 20.-/year is included in your membership). If you'd like to be featured in our magazine (40'000 print run 150'000 readers), or in our Holistic Health Podcast, or be a speaker at one of our Bargesprache events touch base with Stella. Ladies Drive has a reach of round about 200'000 (Social Media 45'000, Blog 5'000 per week, Print 40'000 copies).

FURTHER SERVICES UPON AVAILABILITY

Access to the LLL conference (without additional costs including single room at the hotel and full board during the conference). The attendance is mandatory for members.

SAVE THE DATE: LLL Conference „The Chameleon Effect“ 13th & 14th of April, 2026
@Victoria-Jungfrau Grand Hotel & Spa, Interlaken

Access to our Bargesprache events @ZKO House Zürich (no additional costs)
www.ladiesdrive.world/agenda

27.05.2025	Bargesprache Vol.76
02.07.2025	Bargesprache Vol.77
18.09.2025	Bargesprache Vol.78

Access to our monthly Bargesprache digital webinars (no additional costs)
www.ladiesdrive.world/agenda

06.02.2025
06.03.2025
03.11.2025
02.12.2025
15.12.2025

Access to online masterclasses (according to schedule - no additional costs) with exceptional leaders from all over the world

Further treats and special deals upon availability (special events, free tickets to other events and conferences)

LLL POLICY — IMPORTANT NOTES

DOWNLOAD LINK

to this booklet, LLL Conference documents
or our Monthly Dinner Schedule:

<https://www.dropbox.com/scl/fo/dze-5kji80jbj15pz01xd/AKKrl2XRtLzdc-mAKVgNy2zc?rlkey=lu3pblki895ld9utl9ig-kqtq0&st=ma2buw2k&dl=0>

1

POLITENESS POLICY

Please reply to an inquiry of another club member within
two working days (add always the following subject: "LLL CLUB")

2

MENTORSHIPS

Everyone is a mentor for at least two other members (without of charge)

3

LLL IS...

- a place where you shall feel safe. That's why we call the „Chatham House Rule“.
- This rule needs to be followed strictly by everyone.
- a place where you shall share your thoughts & feelings
- a place where we do business together or leverage each other's career
- a place where we share wisdom actively
- your tool to get access to other inspiring women in business, not an education service

4

PERSONAL DATA

Any abuse of personal data given to you in this booklet or through
any other channel will be sanctioned by suspension.

5

AND MOST IMPORTANT:

LLL is your personal think tank. Use it wisely.

MANIFESTO

The League of Leading Ladies is a **living, breathing business club** — an inspiring collective, a powerful alliance of businesswomen, entrepreneurs, and senior leaders who uplift, empower and enable one another to grow, every day of the year.

Within the League, **genuine connections** are formed, **new perspectives** emerge, and **lasting friendships** take root. It is a space where seeds of intention are planted and nurtured — yielding harvests of personal and professional success.

Business and wellness.

Lifelong learning and personal development.

Growth and reflection.

Commerce and soulful connection.

At its heart, the League of Leading Ladies is built upon the **five pillars of holistic wellbeing**: spiritual, physical, intellectual, relational and emotional.

- It is a space that invites meaning, depth and authentic growth.
- Mindfulness and renewal — recognizing that a strong mind nurtures a healthy body, and the body in turn sustains the mind.
- Intellectual richness that inspires, challenges and broadens horizons.
- Trust-based relationships that go far beyond surface-level exchanges — grounded instead in resonance and mutual respect.
- A safe space for emotion, transformation and the development of unshakable self-worth.

Much like in nature — where nearly 80 per cent of trees are interconnected through an underground fungal network known as the mycelium — we **sustain, protect and support** each other through an invisible yet powerful web of mutual care. This is a network that transcends conventional business contacts and fosters a multidimensional **sisterhood of purpose and presence**.

The League of Leading Ladies is both **platform and fertile ground** — enabling each of us to grow, flourish and thrive at every level of our (professional) being.

GET TO KNOW
YOUR SISTERS

SANDRA-STELLA TRIEBL

BUSINESS CLUB PRESIDENT & FOUNDER

SANDRA-STELLA TRIEBL



Owner / Publisher / Entrepreneur
Co-Owner & CEO Swiss Ladies Drive GmbH
Board Member at SANDS AG



07.05.1973



sst@leagueofleadingladies.com



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Sebastian Triebel



If you like to get an instant reply,
please send me a text message or WhatsApp



Meditation, Reading, Yoga



www.linkedin.com/in/sandrastellatriebel

Swiss Ladies Drive GmbH



Villa Weingut Julian, Haufen 201
9426 Lutzenberg, Switzerland



www.ladiesdrive.world
www.bargesprache.ch
www.femaleinnovationforum.ch
www.leagueofleadingladies.com
www.youtube.com/ladiesdrive
www.facebook.com/ladiesdrivemagazin
www.tiktok.com/@ladiesdrive

ASSISTANT

Fabienne Dawa Suter
fs@swissladiesdrive.com
+41 79 884 43 73

Board Positions

Verwaltungsratsmandate

Board Member at SANDS AG

What I need

Was ich brauche

We are always looking for sponsorings, advertising partners etc.
Business Opportunities in Africa, India and Singapore

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & committed members

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Media, Marketing, Online Strategy, Guerilla Marketing, Sponsoring,
Startups, Speaking/Presentation Skills

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to share my network, my contacts and my knowledge with my
sisters. Please touch base with me anytime.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.tiantribal.com

www.meinbossdieschlampe.com



ANDREA THERESIA
ACHHAMMER

ASSOCIATED MEMBER

ANDREA THERESIA ACHHAMMER



Sabbatical



06.02.1981



Andrea.Achhammer@gmx.ch



+41 79 262 20 25



Joachim Schreglmann



Design, Sports, Travelling, Culinary



www.linkedin.com/in/andrea-achhammer-934038183

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Austausch unter Gleichgesinnten

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

spannende, inspirierende Menschen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Projektmanagement, Versicherungs-Know-How,
HR Management, open Mindset, Change

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



SARA
ADUSE

ASSOCIATED MEMBER

SARA ADUSE



Owner / Publisher / Entrepreneur



02.01.1992



sara.aduse@saraadusefoundation.org
Werkstrasse 21, 8636 Wald, Switzerland



+41 78 967 41 62



Reading, sport, walks in nature



www.linkedin.com/in/sara-aduse/



Wenn Sie eine sofortige Antwort erhalten möchten,
senden Sie mir bitte eine SMS.

Sara Aduse Foundation



Bergstrasse 110
8032 Zurich, Switzerland



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info@saraadusefoundation.org
www.saraadusefoundation.org/de/

ASSISTANT

Stefanie Fink
stefanie-fink@saraadusefoundation.org

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Ich habe meine Stiftung gegründet, um die weibliche Genitalverstümmelung zu beenden. Mir ist bewusst, dass dieses Ziel nicht einfach zu erreichen ist. Doch einfach nichts dagegen zu unternehmen, ist keine Option für mich. Aus diesem Grund habe ich all meinen Mut zusammen genommen und mich entschieden, alles in meiner Macht Stehende zu tun, um Mädchen vor dieser grausamen Praxis zu schützen. Was ich benötige, ist Unterstützung, know how und Solidarität. Menschen, die mir helfen, dieses Ziel zu verwirklichen. Da es sich um ein kollektives Thema handelt, das über 250 Millionen Frauen und Mädchen betrifft, können wir es nur als Gesellschaft gemeinsam lösen. Dafür setze ich mich ein und erkläre mich bereit, diese Aufgabe ernst zu nehmen. Mein Engagement dafür ist fest. Es ist schön, euch auf diesem Weg kennenzulernen.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sich gegenseitig unterstützen und vernetzen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Medienarbeit, Öffentlichkeitsarbeit
Gründung einer Stiftung, Moderation, Soziale Medien

I'd like to achieve...

Das möchte ich gerne erreichen...

Mein vorrangiges Anliegen ist es, weltweit die weibliche Genitalverstümmelung zu beenden. Gleichzeitig setze ich mich dafür ein, dass Kinder, die bisher wenig Aufmerksamkeit erfahren haben, eine Stimme erhalten und so einen positiven Beitrag leisten können. In Bezug auf meine persönlichen Ziele strebe ich nach Heilung, tiefer Zufriedenheit, persönlichem Wachstum und einem sinnerfüllten Leben.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Ich freue mich, Euch alle kennen zu lernen.

LUZIA M. ALLGÄUER

BUSINESS CLUB MEMBER

LUZIA M. ALLGÄUER



Therapeutin
Spezialistin in Tibetischer Energiearbeit



19.07.1963



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Lorbeerweg 5, 6353 Weggis, Switzerland



+41 78 860 34 62



Thomas Allgäuer



Yoga, Meditation, fremde Länder bereisen,
Sport, Literatur, Gegenwartskunst



www.linkedin.com/in/luzia-allgauer-32595324/?originalSubdomain=ch



If you like to get an instant reply, please send me a text message

Luzia Allgäuer - Therapie



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6353 Weggis, Switzerland



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kontakt@luzia-allgauer.ch
www.luzia-allgauer.ch

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Inspirierende Gesprächspartnerinnen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Horizonterweiternde Kontakte mit unternehmerischen, offenen und authentischen Frauen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

In meiner Arbeit als Therapeutin in der komplementärmedizinischen Tibetischen Energiearbeit behandle ich Menschen mit körperlichen und psychischen Beschwerden und Leiden. www.luzia-allgauer.ch

I'd like to achieve...

Das möchte ich gerne erreichen...

Einerseits möchte ich meine Erfahrungen und therapeutische Fähigkeiten einem grösseren Kreis ähnlich gesinnter Frauen in der Schweiz zur Verfügung stellen; und andererseits geniesse ich auch den vergnüglichen, sozialen Austausch mit interessanten Menschen - bei einem guten Glas Wein.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Mein Mann hat ein neues, ganz tolles Buch publiziert:
„Das Unsagbare sehen“.

www.schwabe.ch/das-unsagbare-sehen-978-3-7965-4805-5

VALERIE ANDREY

BUSINESS CLUB MEMBER

VALERIE ANDREY



23.08.1970



valerie.andrey.siegel@gmail.com
Waldrain 24, 2562 Port, Switzerland



+41 79 658 27 28



learning, cooking, yoga, walking, gardening



www.linkedin.com/in/valerie-andrey-b23051a/

Board Positions

Verwaltungsratsmandate

watch sales academy - Member of the Executive Board
civag ag - Advisory Board

What I need

Was ich brauche

support / sponsoring for charity events

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

exchange and learn from other women. sharing interesting and memorable moments.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Passionate about people, training, events, customer experience, storytelling, design thinking, sales & business development

I'd like to achieve...

Das möchte ich gerne erreichen...

always open to learning new perspectives, finding solutions for sustainability

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.ladiesforladies.ch



CAROLINE AUSSAT

BUSINESS CLUB MEMBER

CAROLINE AUSSAT

-  Senior Store Design & Planning Project Manager
-  18.09.1971
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1245 Collonge-Bellerive, Switzerland
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-  Laurent Aussat
-  Tennis, Yoga, Meditation
-  www.linkedin.com/in/caroline-aussat/
-  If you like to get an instant reply, please send me a WA

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Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
New Opprtunities & Think Tank

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood & Sharing Best Practice & New Opprtunities & Inspiration

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Architecture, Interior Design, Luxury Retail

I'd like to achieve...
Das möchte ich gerne erreichen...
Working transversal, sharing my expertise, Cooperating with german part of Switzerland

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teil
www.neriandhu.com/en/about
https://rafaeldecardenas.com/



JASMIN
AZIZ

BUSINESS CLUB MEMBER

JASMIN AZIZ

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Estée Lauder Companies Switzerland

-  Hardturmstrasse 11
8031 Zurich, Switzerland
-  +41 79 897 35 84
www.elcompanies.com/en

Board Positions

Verwaltungsratsmandate

Swiss Diversity - Member of the Advisory Board
Look Good Feel Better - Mitglied des Stiftungsrats
Schweizerischer Kosmetik- und Waschmittelverband (SKW) –
Vorstandsmitglied

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking, Mentoring, Exchange to grow together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Exchange on Business Management & Leadership, Future of Work
& Talent Development, I&D & Women Empowerment, Swiss Luxury
Industry Strategy, Negotiation Skills, Yoga & Executive Coaching.

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



HANNY
BAGHDADI

BUSINESS CLUB MEMBER

HANNY BAGHDADI

-  Unternehmerin
-  29.11.1949
-  hanny.baghdadi@scooterfashion.ch
-  +41 79 657 63 87
-  Tarek Baghdadi
-  enjoying music, art, good food, walking
-  www.linkedin.com/in/johanna-baghdadi-149426a5/

Baghdadi International AG /
Scooter Fashion

-  Maienzugstrasse 4
5001 Aarau, Switzerland
-  +41 62 824 75 23
hanny.baghdadi@scooterfashion.ch

Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
hochspannende Gespräche, neue Erkenntnisse, Inspiration

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
fashion, design, production, retail, wholesale, event organisation,
presentation, speaking.
I can offer help for: analysis, strategy development, coaching,
vernetzen, Türen öffnen, vermitteln

I'd like to achieve...
Das möchte ich gerne erreichen...
Zukunft mitentwickeln

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-

TATJANA BAUECKER

ASSOCIATED MEMBER

TATJANA BAUECKER



CFO



08.10.1976



tatjana.bauecker@gmx.net
Chamerstrasse 28, 6300 Zug, Switzerland



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Travel, Food, Wine, Reading, Hiking, learning new things



www.linkedin.com/in/tatjanabauecker

NewBiologix SA



Route de la Corniche 6-8 Serine building
1066 Epalinges, Switzerland



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tatjana.bauecker@newbiologix.com
www.newbiologix.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Inspirational talks and new challenges

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

To connect with people who are positive and have a purpose. I see the LLL sisterhood as a community of likeminded women where we can enrich and empower each other.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Company Setup / Restructuring / Process Development /
Trouble Shooting / Management Sparring Partner /
Interim Management / Board Mandates
Multi-Industry Experience: Biotech, Healthcare, Luxury Goods, Retail,
Tourism, Sports Marketing, Fashion, Gaming

I'd like to achieve...

Das möchte ich gerne erreichen...

Help companies and entrepreneurs to reach the next level and/or get out of difficult situations

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Sharing Life Lessons Learned, new trends and have a fun time.
ZKF Weihnachtsbriefkasten / www.zkf.ch
ABURY Foundation / www.abury.org

SUSANNE B. BAUMANN

BUSINESS CLUB MEMBER

SUSANNE B. BAUMANN



Senior Executive Coach & Conflict Mediator



17.05.1975



sb@susanne-baumann.com



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Integral Theories, Nature, Meditation, Innovation



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Susanne B. Baumann Executive Coaching



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8314 Kyburg, Switzerland



coaching@susanne-baumann.com
www.susanne-baumann.com

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Exchange on leadership and innovation
Meaningful connections
Honest feedback and advise

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Insightful discussions on leadership with diverse perspectives and the exploration of collaborative opportunities.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Be there for you in stormy weather, analyzing together how to navigate it.
Sparring Partner, Conflict Mediation, Moderation of Board and Management Meetings, Individual & Team Coaching

I'd like to achieve...

Das möchte ich gerne erreichen...

Substantial contribution that leaders can improve their circumstances and refine their leadership style.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I look forward to contributing to the collective wisdom of the club, because I believe in the power of connecting and knowledge-sharing.



OLESJA
BECKER

BUSINESS CLUB MEMBER

OLESJA BECKER

-  Entrepreneur / Internationalization / eCommerce Expert
-  03.08.1983
-  olesja@manador.de
Felix-Dahn-Str.33
83209 Prien am Chiemsee, Germany
-  +49 152 09 00 27 25
-  Dirk Busshart
-  Ski, Travelling, Time with people I love
-  www.linkedin.com/in/olesja-becker-b16885139/
-  If you like to get an instant reply, please send me a text message.

Leslis GmbH

-  Postweg 4B
83209 Prien am Chiemsee, Germany
-  info@leslis.de
www.leslis.de

Board Positions
Verwaltungsratsmandate

none at present

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Beautiful connections and nice people

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

International expansion, international growth, digital marketing. D2C, go-to-market strategy, eCommerce, management, leadership

I'd like to achieve...
Das möchte ich gerne erreichen...

I would like to support as many entrepreneurs as possible to get their companies internationally successful and grow.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Neben meinem Marketing Business habe ich meine eigene Brand: www.leslis.de. Wir produzieren Premium Bettwäsche für Kinder und Eltern.

ANASTASIJA BEELER

BUSINESS CLUB MEMBER

ANASTASIJA BEELER



Head of Staff, Governance and M&A
Troubleshooter



16.09.1983



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Marc Beeler



Reading, hiking, painting, textile design, traveling



www.linkedin.com/in/anastasija-beeler-2933819/

Die Schweizerische Post Digital Services



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Confiserie Beeler AG



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Hauptgasse 33, 3280 Murten, Switzerland
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info@confiserie-beeler.ch
www.confiserie-beeler.ch/shop/aktuell

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I seek meaningful exchange with people who are rich in life experience, have an open heart, and bring their unique perspective to life and business.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking, Exchange, Inspiration, Community and Empowerment

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, community building, digital transformation and innovation, stakeholder management, networking and partnership development, workshops and speaking engagements, mentoring and fostering a positive and uplifting atmosphere.

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to create an environment, both professionally and personally, where the people around me feel happy, fulfilled, and healthy, inspiring them to unlock their potential and embrace the joy of life.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

<https://moulinjaune.com/>

The Moulin Jaune is an oasis of inspiration, immersing visitors in a boundless world of art, nature, imagination & kindness.



MANUELA BEER

BUSINESS CLUB MEMBER

MANUELA BEER



CEO



18.08.1969



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Hans Beer



Travelling, Fashion, Pilates, Healthy Food



www.linkedin.com/in/manuela-beer

PKZ Burger-Kehl & Co. AG



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manuela.beer@pkz.ch
www.pkz.ch

ASSISTANT

Xenia Wohlfeil
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xenia.wohlfeil@pkz.ch

Board Positions

Verwaltungsratsmandate

Testex AG

What I need

Was ich brauche

A network for exchange, support and inspiration among female leaders

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Valuable insights, fresh perspectives and opportunities for potential collaborations

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

General Management, Leadership, Retail, FMCG,
Luxury & Lifestyle, Marketing, Digital Expertise, CSR, Buying

I'd like to achieve...

Das möchte ich gerne erreichen...

Expanding network, sharing knowledge and empowering women

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I bring strategic expertise, innovative ideas and a passion for inspiring exchanges

JOANNE BERGIN

BUSINESS CLUB MEMBER

JOANNE BERGIN



Founder & Marketing Director



17.06.1974



joanne@brandspace.ch
Pfarrhausgasse 5, 8706 Meilen, Switzerland



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Stefan Renner

BrandSpace



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8706 Meilen, Switzerland



+41 76 277 28 22
joanne@brandspace.ch

Board Positions

Verwaltungsratsmandate

None at the moment

What I need

Was ich brauche

I need to increase my profile in the Swiss Business Community and I am looking for an assistance to help me.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I am looking forward to joining this engaging and interactive community. To learn, grow and connect.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing, Social media strategy, campaign marketing, events and workshops targeted at small businesses and creative entrepreneurs.

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to build a community within Switzerland to help me establish a strong and supportive community.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Hi everyone!

I'm Joanne, the founder of BrandSpace (www.brandspace.ch), where I assist businesses with branding and marketing services to help them grow and thrive. I love working with creative entrepreneurs and small businesses to bring their visions to life. If you're looking for support or simply want to chat about business ideas, feel free to reach out—I'd love to connect

ANDREA BERLINGER

BUSINESS CLUB MEMBER

ANDREA BERLINGER



Chairwoman Berlinger Group



30.05.1968



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Daniel Schwyter-Berlinger



Familie, lesen, reisen, Body-Work



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Berlinger & Co. AG
Berlinger Special AG
Antaris Ltd. NL
Berlinger Ltd. USA



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9608 Ganterschwil, Switzerland



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www.berlinger.com

Board Positions

Verwaltungsratsmandate

Chairwoman Berlinger Group
Board Member IHK St. Gallen Appenzell
Board Member Oertli Instruments AG
Supporting HEMLATA as a H100 Mentor (HEMLATA.ch/H100)
Board Member Innovationpark East Switzerland

What I need

Was ich brauche

Good and inspiring idea exchange in leadership topics such as leading boards, leading a CEO. Generally enlarge network of leading women and work together on opportunities.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

a solid network of bright and inspiring women who support each other and show true interest in the daily challenges of a leader. Network to help each other in getting good leads. Share experience.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

All kinds of ‘family business topics,’ crisis management, building up a small to a middle-size company, Chairwoman Topics.

I'd like to achieve...

Das möchte ich gerne erreichen...

Happiness and peace from the inside to the outside in my entire life.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

my experience



DUANGCHAI (JIN)
BERSIER

BUSINESS CLUB MEMBER

DUANGCHAI (JIN) BERSIER



Cartier Ambassador



18.03.1975



dbersier@swissonline.ch
Haldenrain 11, 6006 Luzern, Switzerland



Thomas von Arx



Cooking/baking, Snowboarding, Hiking,
Volunteering, Cycling



www.linkedin.com/in/duangchai-bersier-bb44632a/

Cartier Boutique Lucerne/co Embassy



Embassy Jewel AG
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Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
More friends and opportunities to learn from each other.

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Sales & digital marketing & communication / digital transformation

I'd like to achieve...
Das möchte ich gerne erreichen...
Expanded network and community for the Embassy Kirrhofer Community. Excellent cooperation between LLL and the Embassy this year and looking forward to continuing it in the future.
LLL is more than just a women's entrepreneurship club—it's a close-knit international community built on personal connections, idea exchange, and gathering together. Every member is treated with warmth and respect, fostering a welcoming and supportive atmosphere.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



DANIELA
BEYROUTI

BUSINESS CLUB MEMBER

DANIELA BEYROUTI



Founder & Managing Partner



12.07.1961



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Running & Rowing

Beyrouti & Partner
Executive Search GmbH



Zurich, Switzerland



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www.beyroutipartner.com

Board Positions
Verwaltungsratsmandate

none

What I need
Was ich brauche

I am happy, where I am right now in my professional and personal life

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Good conversations with inspiring leaders and women

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Recruiting, Interviewing, Coaching

I'd like to achieve...
Das möchte ich gerne erreichen...

Continue to build my business in executive search

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

You can achieve anything you want – you just need to want it enough. I was inspired to start running and within one year was able to run a half-marathon.



PAOLA
BIASON

ASSOCIATED MEMBER

PAOLA BIASON

-  Editorial Director
-  13.04.1965
-  paola.biason@srf.ch
Dietlikonerstrasse 15
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-  +41 79 407 12 58
-  Edi Estermann
-  Reading, Cooking, Discussing
-  www.linkedin.com/in/paola-biason-30a5a3176/

SRF / Gesichter und Geschichten

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ASSISTANT

Kim Käser
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Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
interesting encounters / further education /spannende Begegnungen
/ Weiterbildungen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
media support / mediale Unterstützung

I'd like to achieve...
Das möchte ich gerne erreichen...
-

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-

KARIN BJÖÖRN

BUSINESS CLUB MEMBER

KARIN BJÖÖRN



Owner / Founder



05.08.1971



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Neusatzweg 8, 4102 Binningen, Switzerland



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Golf, Langlauf, Skifahren, Fasnacht



www.linkedin.com/in/karinbjoorn/

Bjoorn Marketing GmbH



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4054 Basel, Switzerland



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welcome@bjoorn-marketing.ch
www.bjoorn-marketing.ch

NOTES

Signature mindset: Swedish clarity meets Swiss reliability. I believe in meaningful connections, responsible leadership – and that the journey matters just as much as the destination.

Board Positions

Verwaltungsratsmandate

ACI Group

Cell International AG, since 2011

What I need

Was ich brauche

Thought partnership, inspiration & personal growth

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood with strong women, personal and professional development, trust, resonance & connection

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing & communication strategies, event management, project leadership, media planning, digital transformation, sustainability, positioning.

Signature mindset: Swedish clarity meets Swiss reliability.

I believe in meaningful connections, responsible leadership – and that the journey matters just as much as the destination.

I'd like to achieve...

Das möchte ich gerne erreichen...

Broaden my board exposure and leadership impact

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

My experience as an entrepreneur, my courage to lead with clarity, and insights from 20+ years in communication & transformation

STÉPHANIE BORGE

ASSOCIATED MEMBER

STÉPHANIE BORGE

Verwaltungsratspräsidentin



15.04.1974



stephanie.borgemueller@gmail.com



Alte Landstrasse 3, 8803 Rüschlikon, Schweiz



+41 79 227 15 04



Thomas S. Müller



Schwimmen, Kochen

Juliette Groupe AG



Vulkanplatz 9
8048 Zürich, Schweiz



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stephanie@juliette-boulangerie.ch
www.juliette-boulangerie.ch

Board Positions

Verwaltungsratsmandate

VR Juliette Groupe AG

What I need

Was ich brauche

Inspirierende Menschen treffen, Erfahrungen austauschen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Ich möchte neue und inspirierende Power Ladies kennen lernen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategy/ Marketing/ Branding/ Transformation und Digitalisierung /
Management/ Public speaking skills

I'd like to achieve...

Das möchte ich gerne erreichen...

Mein Ziel ist es, traditionelles Handwerk (Bäckerei) mit dem besten
Marketing erfolgreich zu kombinieren und somit eine Alternative zu
den industriellen Brotprodukten im Herzen von Zürich anzubieten.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Lavendelseife von meiner eigenen Produktion

NICOLE BRANDES

BUSINESS CLUB MEMBER

NICOLE BRANDES



Owner, Trusted Coach & Consultant



01.10.1962



hello@nicolebrandes.com
Dollikerstrasse 68b
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Timon Wick



Outdoors, Film, Cars



www.linkedin.com/in/nicolebrandes/

Brandes Core Management



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www.nicolebrandes.ch

ASSISTANT

Katja Beste
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katja@nicolebrandes.com

Board Positions

Verwaltungsratsmandate

Beirätin at Innovation World

What I need

Was ich brauche

True encounters with ladies who speak with brain, heart and soul

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiring, soul-nourishing connection, laughing;
sharing with authentic, like minded women, who rock their world

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

If you once need compassion, an open ear or a second opinion in business or life matters, try me! Pick my professional multi-background with corporate top management and entrepreneurship experience; I can also offer a "from-zero-to-hero-story" knowing life at first hand (for those interested: you'll find that in my book); today I have the privilege to be a confidant to nice personalities, who have accomplished plenty but feel empty and wonder what's next. I serve as a catalyst for positive change and help people thrive by shifting from the good life to a fulfilling and meaningful life - if this resonates with you, I am here!

I'd like to achieve...

Das möchte ich gerne erreichen...

Companionship and support, in which we make eachother better persons in a place, where we can just be ourselves.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I can't wait to meet you. And I thank those, who already welcomed me with great warmth. See you soon!



DR. MED. SABINE
BRUCKERT

BUSINESS CLUB MEMBER

DR. MED. SABINE BRUCKERT

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-  05.06.1976
-  bruckert@dermis-hautklinik.ch
Solistrasse 9, 8180 Bülach, Switzerland
-  +41 79 610 04 05
-  Nils Vejlstrup
-  Skiing, cooking, my family

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ASSISTANT

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Board Positions
Verwaltungsratsmandate

none

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

meet great women & Sisterhood

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Dermatology, AntiAging,Dermatosurgery, Beauty Business, emotional Leadership

I'd like to achieve...
Das möchte ich gerne erreichen...

role model for women as entrepreneurs

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-



GABRIELA BRUNNER

BUSINESS CLUB MEMBER

GABRIELA BRUNNER



Owner / Artist / Designer / Educator



27.09.1967



gbhome@bluewin.ch
Schloss Watt, 9402 Mörschwil, Switzerland



+41 79 423 41 39



Roman



Gardening, cooking, discovering magic places,
spending quality time with loved ones, reading
historical fiction, having a good laugh, look at life
with an open mind and challenge my comfort zone
frequently



www.linkedin.com/in/gabriela-brunner-50039670/

Gabriela Brunner Studio



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9402 Mörschwil, Switzerland



info@gabrielabrunnerstudio.com
www.gabrielabrunnerstudio.com

Board Positions Verwaltungsratsmandate

Masterworks Museum Bermuda

What I need Was ich brauche

Honest and open communication
Sharing of experience when I need it

What I would like to get out of LLL Club Was ich mir vom Club erwarte

Open mindset
Support when I need advice
Thought provoking sharing

My skills (in these fields I can offer help) Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Art Education - Local and International
Architectural Design - Local and International
Product Design - Local and International
Interior Design - Local and International
Project Management - Local and International
Conscious Lifestyle - Universal

I'd like to achieve... Das möchte ich gerne erreichen...

Help members feel comfortable to share
Inspire fellow sisters

This I want to share with my LLL sisters Das möchte ich unbedingt mit dem Club teilen

My creative flow
My knowledge
My visions

GUDRUN BUSCH

BUSINESS CLUB MEMBER



GUDRUN BUSCH



Inhaberin Praxis für Orthomolekularmedizin
(Vitalstoffberatung)



20.09.1968



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Biotuning GmbH



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gb@biotuning-swiss.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking und Inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Gesundheit, Präventivmedizin und Orthomolekularmedizin, Longevity,
Gesund alt werden

I'd like to achieve...

Das möchte ich gerne erreichen...

Beitrag leisten zum gesund bleiben im Alltag, Gesunde Lebenspanne
verlängern

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Infos zur Orthomolekularmedizin



YASMIN CACHEMAILLE GRIMM

ASSOCIATED MEMBER

YASMIN CACHEMAILLE GRIMM



Partnerin



22.10.1979



yccg@bluewin.ch
Dörniweg 31, 4125 Riehen, BS



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Urs Grimm



Hospitality, travel, culture, sport & wellbeing



www.linkedin.com/in/yasmin-c-cachemaille-grimm-a087625b/

UNISONO Hospitality Management AG Schindellegi | Lörrach | Hamburg



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www.unisono-hm.com

Board Positions

[Verwaltungsratsmandate](#)

UNISONO Hospitality Management

What I need

[Was ich brauche](#)

Trustful contacts | Contact to family offices and PE-Investors

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

Interesting discussions that help me and my business to grow,
Networking

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Hospitality & Wellbeing Management, Leadership development,
Inspiring others, Building bridges between generations, Customer
Journey

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

Building and nurturing community through my hospitality vision

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

The power of energy, Inspiration, Hospitality essentials



FANNY
CHAN HUBERTY

BUSINESS CLUB MEMBER

FANNY CHAN HUBERTY



Founder



16.06.1988



fanny@politains.com
Seestrasse 361, 8038 Zurich, Switzerland



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Nicolas Hubert

Politains Gmbh



Seestrasse 361
8038 Zurich, Switzerland



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fanny@politains.com
www.instagram.com/politains
www.politains.com

Board Positions
Verwaltungsratsmandate

none at present, but migh look for someone who is interested to be at politains board

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood, and sincere connections

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Business plan, financial valuation, project management, commodity, gemmology and jewelry advices

I'd like to achieve...
Das möchte ich gerne erreichen...

Sharing authentic moments and honest talks with women in busi-
ness. Having a space to share ideas freely

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-



SOPHIE CHIQUET

BUSINESS CLUB MEMBER

SOPHIE CHIQUET



Entrepreneur, Founder & CEO



29.01.1970



sophie.chiquet@cqc corporatefashion.com
Horbургstrasse 118, 4057 Basel, Switzerland



+41 76 319 34 48
+41 61 534 63 62



Sport, Reading, Yoga - and raising my 12year old daughter (is a priority not a hobby;))



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CQ Corporate Fashion GmbH



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8005 Zurich, Switzerland



+41 44 291 30 55
info@cqc corporatefashion.com
www.cqc corporatefashion.com
www.cqprotectiveclothing.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

meeting new likeminded powerful women&men, strong collaborations, meeting investors, building an A-team

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & committed members

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Empathy, Design Thinking, UX Strategist, Visionary, Fashion, Design, Art, Trends

I'd like to achieve...

Das möchte ich gerne erreichen...

That CQ Corporate Fashion GmbH stands for innovative Concept Collections improving our health. Long lasting fashion with a WHY!

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.cqprotectiveclothing.com a project I founded during the lockdown and which will improve our health... more to come very soon!

SANDRA DE VITO BIERI

BUSINESS CLUB MEMBER

SANDRA DE VITO BIERI



Managing Partner / Attorney at law / Producer



08.04.1973



sandra.devito@bratschi.ch
Ormisstrasse 51, 8706 Meilen, Switzerland



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Ivo Bieri



Sports, Movies, Flying, Writing



www.linkedin.com/in/sandra-de-vito-bieri-12610b5/

Bratschi AG Plan S Productions GmbH



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8001 Zurich, Switzerland



+41 58 258 10 00
sandra.devito@bratschi.ch
www.bratschi.ch

Board Positions

Verwaltungsratsmandate

Member and Delegate of the Board of Directors Bratschi AG

What I need

Was ich brauche

trustful relationships, honest interest in one another

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Connections, interesting talks with passionate ladies willing to perform out of the box and connect to dots

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

besides legal issues, I am happy to help realizing ideas; I am a very solution oriented person. I can motivate people to achieve their dreams.

I'd like to achieve...

Das möchte ich gerne erreichen...

Get back to the roots and still continue to built on what I have achieved so far. For back to the roots see "This is what I want to share..."

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

My new baby: Plan S Productions GmbH



MAGALI
DELOOF

ASSOCIATED MEMBER

MAGALI DELOOF



Partner



22.11.1989



m.u.delooft@gmail.com
Crayenesterlaan 64, 2012 TL Haarlem, Netherlands



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Raffael Fiechter



Ski, Hike, Horseback Riding, Piano

Simon Kucher



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Amsterdam, Netherlands



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ASSISTANT

Tess Köhler
tess.köhler@simon-kucher.com

Board Positions
Verwaltungsratsmandate
None (yet!)

What I need
Was ich brauche
Inspiration

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Exchange on business & personal topics

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Commercial Growth, Building & Leading Teams,
Digital Transformation

I'd like to achieve...
Das möchte ich gerne erreichen...
Top Female Voice

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Creativity & Business Sense, My Network

MELANIE DIETIKER

BUSINESS CLUB MEMBER

MELANIE DIETIKER



Owner / CEO



1.9.1974



melanie.dietiker@outlook.com
Landstrasse 23, 5426 Lengnau, Switzerland



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Design, Sports, Travelling, Culinary, Hospitality



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RAUMundSTYLE by Mel Dietiker



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www.monochromel.ch
www.melmarketing.ch

Board Positions

Verwaltungsratsmandate

Stiftungsrätin FIM Football is More Foundation

What I need

Was ich brauche

Contacts to interior designers and design retailers / concept stores in CH, Places/stores for a brand cooperation.

Best practice ideas in marketing communication.

Contacts to the Hospitality Industry.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration, cooperation, engagement, open-minds

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing & Communication - from strategy, concept to implementation. Event organisation. Interior Design.

I'd like to achieve...

Das möchte ich gerne erreichen...

Beeing able to follow my passion: marketing & communication and interior design. Support companies in developing an identity-creating relationship with marketing & communication towards their consumers. Support people in discovering the beauty in the simple with minimalistic design.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

JELENA DUNJIC

BUSINESS CLUB MEMBER



JELENA DUNJIC



Relationship Managerin



06.01.1989



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Travelling, reading, good conversation with
good people



www.linkedin.com/in/jelena-dunjic-692046151/

LGT Bank AG



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jelena.dunjic@lgt.com

ASSISTANT

Raffaella Neff
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Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

Inspiration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Giving and receiving commitment and meeting many inspiring women,
great moments and conversations

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Banking and Finance, Relationship Management

I'd like to achieve...

Das möchte ich gerne erreichen...

You never stop learning and my wish is to learn a lot of new things about
myself and my goals. I also find people very inspiring and would like to
meet many great women here, which serve me as a role model, both
professionally and privately.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

CAMILLA D. FISCHBACHER

BUSINESS CLUB MEMBER

CAMILLA D. FISCHBACHER



Creative Director



13.5.1970



cd.fischbacher@fischbacher1819.com



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Michael Fischbacher



Photography, traveling



www.linkedin.com/in/camilladouraghy/

Christian Fischbacher Co. AG



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9015 St. Gallen, Switzerland



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cd.fischbacher@fischbacher1819.com
www.fischbacher.com

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

nothing really.. I am here with an open mind

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I like to meet other women who have similar challenges to work in a management position and lead people. But more importantly to meet interesting people who inspire me

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am very visual .. I would say I could help with everything related to aesthetics.. Packaging , labels, design, logos pattern, photography advertisement interior decoration etc.

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like more people to know about how important good materials and quality is in our daily lives and how this philosophy would help us all not to consume and waste so much

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Fun times with interesting people who teach us something we don't know

BÉATRICE FISCHER

ASSOCIATED MEMBER
Leaving the club on September 4 2025

BÉATRICE FISCHER



14.11.1965



beatrice.fischer65@gmail.com
Zollerstrasse 15
8703 Erlenbach, Switzerland



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Dr. Torsten Petersen



Golf, Travelling, Sport in General,
Reading and Writing



www.linkedin.com/in/beatricefischer65/

Board Positions

Verwaltungsratsmandate

Member of the foundation board of Swisscontact

Member of the foundation board of Zurich Zoo

Member of the foundation board of Stiftung Kultur.Gut.Kulinarik

What I need

Was ich brauche

After a long career in Banking, I have decided that going forward I will focus mainly on my NPO mandates and on writing.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking with interesting high powered
senior ladies from various industries

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communication, Finance, Sustainable Investing,
Marketing and Sponsoring, and a lot of common sense

I'd like to achieve...

Das möchte ich gerne erreichen...

peace on earth :); no seriously: I simply want to be able to look into the mirror every evening pleased with the result of the day and the way I acted

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



MILDRED FISCHLI

BUSINESS CLUB MEMBER

MILDRED FISCHLI



Owner / Executive & Leadership Coach / Workshop Facilitator



26.04.1981



mildred@mildredfischli.com
Im Maas 18, 8049 Zürich, Switzerland



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Tobias Fischli



Reading, Tennis, Travel, Foodie adventures



www.linkedin.com/in/mildredfischli/



If you like to get an instant reply, please send me a text message.

Mildred Fischli Coaching & Consulting



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8049 Zürich, Switzerland



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www.mildredfischli.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I need a dynamic and supportive network of powerful and empowering female leaders to exchange innovative ideas and insights with.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Through the League of Leading Ladies, I hope to gain access to unique experiences/events, diverse perspectives, and opportunities for collaboration that will fuel both personal and professional growth.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Workshop design and facilitation (especially related to self-awareness and communication skills), Group coaching, Speaking/Presentation skills, Executive & Leadership (1:1) coaching, Mentoring

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to achieve a higher level of success in my business endeavors while contributing meaningfully to a thriving community of forward-thinking women.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Two fascinating, insightful books I am currently reading and highly recommend: Mind Magic by Dr. James R. Doty, and The Psychology of Money by Morgan Housel



MARION
FOGLI

BUSINESS CLUB MEMBER

MARION FOGLI

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-  Ski, pilates, swimming, walking, opera, classical music and reading
-  www.linkedin.com/in/marion-fogli/
-  If you would like an instant reply, please send me a wahts app message

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-  +41 78 255 55 11
marion@alpian.com
www.alpian.com

Board Positions
Verwaltungsratsmandate
none

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Find an inspiring space for genuine exchange, where I can learn from diverse experiences, broaden my perspective, and build meaningful connections with ambitious and supportive women.

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Support in structuring ideas, tackling challenges, or simply being a listening ear. My focus is always on collaboration and creating practical, meaningful solutions.

I'd like to achieve...
Das möchte ich gerne erreichen...
Continue growing personally and professionally, connecting with like-minded women who value progress and authenticity. I also want to refine my skills while staying true to my core values of collaboration and kindness.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Bring positive energy, constructive ideas, and my experience in fostering human-centered projects. I believe every interaction is an opportunity to learn and grow together, even in small ways.

LAURE FRANK

ASSOCIATED MEMBER

LAURE FRANK



Head of Digital Business



25.04.1978



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Surf, snowboard, books



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Raiffeisen Schweiz



St Gallen
Switzerland



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www.raiffeisen.ch/st-gallen/de.html

ASSISTANT

Karin Schmid
karin.schmid@raiffeisen.ch

Board Positions

Verwaltungsratsmandate

open for new mandates

What I need

Was ich brauche

Inspirational talks and a supportive community of leading ladies

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking & getting to know incredible ladies

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Digital transformation cross-industry (Retail, Industry, Banking)

I'd like to achieve...

Das möchte ich gerne erreichen...

Access additional board positions, Develop new business idea

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Stories, learnings, inspiration

STÉPHANIE FUCHS

BUSINESS CLUB MEMBER

STÉPHANIE FUCHS



CEO / Founder



28.01.1983



stephanie.fuchs@bluewin.ch
Landvogt-Waser-Strasse 94
8405 Winterthur, Switzerland



+41 79 458 32 71



Poetry writing, hiking, Zen meditation, Literature, Music



<https://www.linkedin.com/in/stéphanie-fuchs>

Stéphanie Fuchs Consulting



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stephanie@stephaniefuchs-consulting.com
www.stephaniefuchs-consulting.com

Board Positions
Verwaltungsratsmandate

WIW3 CH in planning

What I need
Was ich brauche

Space for thoughtful exchange with women who navigate complexity with grace. A setting where ideas are not merely shared but questioned, where experience meets curiosity, and where reflection is not a luxury, but a natural part of growth. A circle where trust is earned through presence, not performance and where ambition is not loud, but deliberate.

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Encounters that stay with me. Conversations that challenge the way I think, not only about work, but about direction, courage, and responsibility. Inspiration from others who are building not only companies or careers, but lives shaped by clarity and values. Support that is generous, sharp, and unafraid. And a sense of sisterhood but not as a label, but as lived connection. Where solidarity is not spoken, but shown. And also growth, not in volume, but in depth.

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Taxes and structuring

I'd like to achieve...
Das möchte ich gerne erreichen...

To grow my firm into a recognised voice at the intersection of tax, technology, and governance - a space where precision meets relevance. To help decision-makers see tax not as an afterthought, but as a design question: central to how we build structures, define accountability, and shape sustainable outcomes. To inspire a new generation of professionals to see tax as a field where clarity, courage, and conviction matter. And to work with clients and peers who care not only about compliance, but about impact and who understand that even the most technical work carries ethical weight.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Like belief, tax is personal. It touches how we live, what we value, and what we choose to build. It asks for trust, for responsibility, and sometimes, for the courage to stand by quiet decisions. There is a kind of truth in it. Not loud, but lasting. That is the magic I work with. That is tax.

CLAUDIA GABLER

BUSINESS CLUB MEMBER

CLAUDIA GABLER



Communication Advisor & Chief Happiness Officer



17.11.1976



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claudia@fynest.agency
Stämpflistrasse 47, 3052 Zollikofen, Switzerland



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Markus Strahm



Travelling (especially Road Trips), Music, Reading,
Happiness Studies



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Claudia Gabler Beratungen & FYNEST Agency



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fynest.agency

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Inspiration, thinking outside the box, finding new ways, leaving legacy,
explore new paths with joy, curiosity and passion.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration, sharing best practice, exchanging on topics that matter,
experiencing different leaders from different industries with different
backgrounds. Together we can make the difference!

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Public Relations, Positive Communication, Crises Communication,
Crises Prevention, Media Training, Certified Happiness Trainer (HSA
2025)

I'd like to achieve...

Das möchte ich gerne erreichen...

That female leaders support each other and rise together, leading by
example, with benevolence, and being great role models for the next
generation of Leading Ladies.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Happy Storytelling, positive communication, press readiness are not
reserved for men. Let's do it!

VANESSA GENTILE

BUSINESS CLUB MEMBER

VANESSA GENTILE



Head of Marketing Salesforce Switzerland



13.04.1979



vanessa.gentile@salesforce.com
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Piano & Dance



www.linkedin.com/in/vanessa-gentile-74b63024/

Salesforce Switzerland



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www.salesforce.com/eu/campaign/bwbw/

Board Positions

Verwaltungsratsmandate

Management and Member of the Leadership Team in Switzerland

What I need

Was ich brauche

Increase my Network, find new partners for our Bring Women Back to Work initiative

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

connect with new women and get inspired by so many great leaders, learn and grow

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Language (Spanish, Portuguese, Italian, French, German and English)
Business development, Digital transformation and an apasssionated, working mum, in Tech

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to increase gender balance in IT, support women in tech and expand our program in other countries

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

The story and the program of Bring women back to work ;-)

FRANZISKA GISIGER

BUSINESS CLUB MEMBER



FRANZISKA GISIGER

-  Head Legal & Compliance
-  22.05.1980
-  fgisiger@gmx.ch
Friedhofstrasse 65, 8048 Zurich, Switzerland
-  +41 79 566 18 19
-  Reading (crime novels), sport (fitness and yoga), travelling (culture) and I love to listen to music
-  www.linkedin.com/in/franziska-gisiger
-  If you like to get an instant reply, please send me a text message (private mobile)

Glarner Kantonalbank

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8750 Glarus, Switzerland
-  +41 79 566 18 19
www.glkb.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Exchange of experiences and honest advice from ladies in a similar position as I am, and also from others - to get a different perspective, think out of the box, to not feel alone with some issues. Sometimes, I just need a glass of wine with fantastic female friends.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

See under "what I need". I hope to meet a lot of fantastic ladies who exchange their experiences with me and are open to support each other in this sometimes too hectic and not empathic enough world.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Business and legal skills: See my LinkedIn profile. In addition, I am a good listener and someone to "Pferde stehlen" and to laugh with (a day without laughing would be weird for me). Long-term trust, diversity, inclusion and an open communication are also close to my heart.

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

What helps me after a bad day: Dancing in my kitchen (without freaking out as I do not want to have problems with my neighbors... :-)



MARTINA
GMÜR
ASSOCIATED MEMBER

MARTINA GMÜR

-  16.04.1977
-  martina@gmuers.com
Küngenmatt 8, 8055 Zurich, Switzerland
-  +41 79 769 75 00
-  Horses, riding, travelling
-  www.linkedin.com/in/martina-gmuer/

Board Positions

Verwaltungsratsmandate

Chairman of the Board of Directors Schweizerischen Rheinhäfen (Port of Switzerland),
Member of the Board Swiss Indian Chamber of Commerce

What I need

Was ich brauche

Like-minded peopel, inspiring talks, valuable insights and experience sharing

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meeting great and inspiring people, gain/share/connect experience, new perspectives and fresh ideas, learn and have fun

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Internationalisation, Digitalisation, Strategy,
(New) Product Development, Design Thinking

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

CAMILLE GODET

BUSINESS CLUB MEMBER

CAMILLE GODET

-  International Digital Marketing & Strategy
Women@ Google Lead for Zurich
-  25.08.1977
-  camillegodet1@gmail.com
Im Bungert 4, 8704 Herrliberg, Switzerland
-  +41 78 817 43 77
-  Alexandre Godet
-  Yoga, Meditation, Education, Reading, Travelling
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Google

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cgodet@google.com
www.careers.google.com/teams/sales-service-support/

Board Positions
Verwaltungsratsmandate

None at present

What I need
Was ich brauche

To meet like-minded outstanding women

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Sisterhood, Inspiration, Networking

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

International Sales, Marketing, Online Strategy, Luxury, Watchmaking industry, Communication

Das möchte ich gerne erreichen...

I want to keep learning, developing myself and strive in order to transmit, help and enable others

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-



TAMARA
GOLLIEZ

BUSINESS CLUB MEMBER

TAMARA GOLLIEZ



Owner / Founder / Teacher



19.08.1961



info@tamara-faceyoga.ch
Zurlindenstrasse 111, 8003 Zurich, Switzerland



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reading books / traveling / bread baking



www.linkedin.com/in/tamara-golliez-faceyoga/

Tamara-FaceYoga



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www.tamara-faceyoga.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

including FaceYoga as a part of Health-Managements

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

connections

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Teaching, Anatomy, Happy Appearance
Mimikresonanz-Professional & Mimikresonanz-Profiler
Emotionen erkennen

I'd like to achieve...

Das möchte ich gerne erreichen...

FaceYoga should be known in Europe as well as is known in the US or Asia

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I like to help people to get a relaxed face. I love that freshness and a happy appearance can be achieved in only a few minutes a day.



LISELOTTE
GÖTZE

ASSOCIATED MEMBER

LISELOTTE GÖTZE

-  Owner / Publisher / Entrepreneur
-  21.03.1961
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Larbol AG

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Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

-

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

-

I'd like to achieve...
Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-



NADJA
GREVEN

BUSINESS CLUB MEMBER

NADJA GREVEN

-  Director Wholesale DACH und Akris Academy
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Hohe Buche, 9043 Trogen, Switzerland
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-  Cooking, TRX, Pilates
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Akris

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Board Positions
[Verwaltungsratsmandate](#)
currently not

What I need
[Was ich brauche](#)
insiring exchange, reflection, open communication

What I would like to get out of LLL Club
[Was ich mir vom Club erwarte](#)
ideas for each other

My skills (in these fields I can offer help)
[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)
Leadership in Wholesale/ Retail/ Marketing/ Presetation/ Styling/
Visual Merchandising

I'd like to achieve...
[Das möchte ich gerne erreichen...](#)
network, possible cooperations

This I want to share with my LLL sisters
[Das möchte ich unbedingt mit dem Club teilen](#)
-

SONJA GRIESSHAMMER

BUSINESS CLUB MEMBER

SONJA GRIESSHAMMER



Financial Crime Compliance Officer
Raiffeisen Schweiz Genossenschaft



26.08.1979



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Im Langwil 6, 8044 Gockhausen, Switzerland



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Cars, Motorboat, Cycling, Reading,
Cooking, Fine Dining



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Raiffeisen Schweiz Genossenschaft



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Board Positions

Verwaltungsratsmandate

not at present

What I need

Was ich brauche

Inspiring discussions with other ladies (and gentlemen) and insights in different ways of living, working, relaxing, healing and mastering life.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

sisterhood / interaction

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Financial Crime Compliance Topics (AML, CTF, Sanctions) / Precious Metals / Interaction with International Banks / Due Diligence, KYC

I'd like to achieve...

Das möchte ich gerne erreichen...

Being an inspiring part of that great club and network and sharing positive knowledge and ideas.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

REBECCA GUNTERN

BUSINESS CLUB MEMBER

REBECCA GUNTERN



Chief Commercial Officer



23.05.1972



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Reto Flückiger



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Sandoz AG



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ASSISTANT

Stefanie Ruenz
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Board Positions

[Verwaltungsratsmandate](#)

BKW – Board Member

What I need

[Was ich brauche](#)

The possibility to share and reflect in a trusted & inspiring environment

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

A platform to share and discuss a broad range of topics, where honesty and trust are core values and personal growth & reflection are the objectives

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Sparring partner for topics around leadership, strategy & transformation, personal development & career planning, D&I topics

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

Inspire leaders to promote diversity & inclusion within their organizations and in society; D&I should be part of the success formula and not a problem that needs solutions

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

Sharing my broad and longstanding experience in business topics like leadership, strategy & transformation; providing support for all questions around career planning & professional development



KINDA
GUZZETTA

BUSINESS CLUB MEMBER

KINDA GUZZETTA

-  Owner
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-  Allgemein Sport

Madreperla

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Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Weiterempfehlung, Zusammenarbeit

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Sale Marketing, Speaking

I'd like to achieve...
Das möchte ich gerne erreichen...
Neue Kontakte, Zusammenarbeit

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



DR MARA CATHERINE HARVEY

ASSOCIATED MEMBER

DR MARA CATHERINE HARVEY

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-  20.04.1971
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-  Michele
-  Writing books, handcrafts
-  www.linkedin.com/in/drmaraharvey/

Marty's Smart Way GmbH

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ASSISTANT

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Board Positions
Verwaltungsratsmandate
Supervisory Board Member VP Bank Luxembourg SA

What I need
Was ich brauche
Connectivity to international entrepreneurs

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
A space for connection, sharing, mutual business collaboration and personal support

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Strategy consulting, Wealth Management, Financial Literacy, Global transformation projects, Startup experience, Writing books

I'd like to achieve...
Das möchte ich gerne erreichen...
Continue to grow my start-up and build a portfolio career, moving out of the executive space after 25 years.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
If you have children, godchildren, grandchildren, nephews or nieces, do take responsibility to start their financial literacy learning journey early (by age 5)! It will be a gift of life skills they will value forever.



DR DANIELA
HAZE STÖCKLI

BUSINESS CLUB MEMBER

DR DANIELA HAZE STÖCKLI



Partner



19.02.1971



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Markus Stöckli



Riding Icelandic horses and competing in
tournaments, Art & Design, Traveling



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mindyourstep GmbH



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www.mindyourstep.ch

Board Positions

Verwaltungsratsmandate

What I need

Was ich brauche

Inspiration, Austausch mit Top Executives

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Inspiration | Netzwerk | Mental Health

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Career Sparring & Positioning für Top Executives und
Verwaltungsrat | VR Begleitung | Beirätin und Verwaltungsrätin |
Leadership | Future Skills | Aufbau von weiblichen Talent Pipelines |
Keynote Speaker | Connecting the Dots

I'd like to achieve...

Das möchte ich gerne erreichen...

Mehr Frauen über die gläserne Decke in Top Funktionen bringen, mehr
Diversität in Board Gremien, Vernetztes Denken und Handeln, Weg von
Stereotypen und Silodenken, mehr echtes ESG, VR-Mandate für ESG

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Share my many years of experience in positioning yourself optimally
on management boards and boards of directors. Courageously take
on professional challenges whose course and destination have not
yet been finalized.



ALEXANDRA
HELBLING

ASSOCIATED MEMBER

ALEXANDRA HELBLING

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-  Markus Weiss
-  Gardening, Jogging, Hiking, Friends&Family
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Board Positions
Verwaltungsratsmandate
keine

What I need
Was ich brauche
Branchenübergreifender Austausch, offene Gespräche, ehrliche Meinungen, gemeinsame Mission

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
neue Kontakte und Verbindungen, Know How Austausch mit Frauen in Führungspositionen, Gegenseitige Unterstützung und Mut

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Leadership, General Management, Sales, Marketing, Produktentwicklung & Design, Innovationsmanagment, Nachhaltigkeit und Gesundheitswesen

I'd like to achieve...
Das möchte ich gerne erreichen...
Zu einem Netzwerk mit Herz zu gehören und möglichst oft persönlich dabei zu sein.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



ELISABETH HENNING

BUSINESS CLUB MEMBER

ELISABETH HENNING



Founder



22.08.1974



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travel, sport, cooking, concerts, coaching



<https://linkedin.com/in/elisabethhenning/>

nXt chapters



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Board Positions

Verwaltungsratsmandate

Global Expert Board Member of Paris Metropolitan University

What I need

Was ich brauche

Netzwerk, interessante Business Kontakte, Inspiration für neue aktuelle Business Themen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Netzwerk, Businss Kontakte und Partnerschaften. Inspirierende Gespräche und Austausch mit gleichgesinnten Frauen

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

25years experience in IT & TECH. International Sales, Business Development, Digital Transformation, Social Media Entrepreneurship

I'd like to achieve...

Das möchte ich gerne erreichen...

Als wertgeschätztes Mitglied wahrgenommen werden, dass anderen Frauen hilft, stärker und besser zu werden und den gleichen Support ebenfalls erhalten.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Most people think they have 2 lifes - until they realize they actually only have one. Therefore, follow your heart and strive for purpose in all you are doing.

MARIANNE HOPSCH

BUSINESS CLUB MEMBER

MARIANNE HOPSCH



Owner / Entrepreneur



01.09.1966



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Fabio di Càsola



art, contemporary dance, theatre, yoga



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GH GOLDHAUS AG



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maho design



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Board Positions

[Verwaltungsratsmandate](#)

Chairman of the Board & Founder ROBIJ
www.robij.ch

What I need

[Was ich brauche](#)

48h pro Tag

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

den Austausch mit spannenden Frauen

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Unternehmens-und Mitarbeiterführung

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

möglichst viele Handwerks-und Dienstleistungsbetriebe
überzeugen, motivierten Flüchtlingen eine Chance zu geben

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

Ich helfe jugendlichen Flüchtlingen bei der beruflichen Integration im Kanton Zürich.

Gesucht sind Firmen, die Berufserkundungs- und Schnuppertage anbieten, damit die Jugendlichen sich schnellstmöglich in der Schweizer Berufslandschaft orientieren und eine Ausbildung starten können.

GIADA ILARDO

ASSOCIATED MEMBER

GIADA ILARDO



Founder & CEO



31.05.1983



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Basil Flachsmann



www.linkedin.com/in/giada-ilardo-08175138/



you can meet me in my boutique or via mail or WhatsApp.
I am open to any kinds of requests and reciprocal support.

Giada Ilardo AG



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www.giadailardocoaching.com

Board Positions

Verwaltungsratsmandate

I am currently the VRP of Giada Ilardo AG. What I Need: As part of our international expansion, we are looking for investors. I am open to interesting inquiries and opportunities for cooperation.

What I need

Was ich brauche

I am a passionate entrepreneur, my goal is to support people and to become a supporter too. I am open for all kinds of feedback, which helps me to grow. I am also open for cooperations and any kind of added value.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I aim for mutual growth and the exchange with interesting women.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

As a passionate entrepreneur, I offer the highest quality in tattoo and piercing services. As a jewelry producer and modern goldsmith specializing in ear and piercing jewelry, I provide a comprehensive range of jewelry-related services. I am committed to delivering unique and exceptional service in jewelry, piercing, and tattoos.

I'd like to achieve...

Das möchte ich gerne erreichen...

I plan to position my company internationally and establish locations around the world. As an entrepreneur, my goal is to be a role model for young women, demonstrating how passion, belief, and a strong will can create a successful story.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

If you identify synergies and opportunities that you would like to share with me, please do so. If you have contacts or valuable insights that could aid in our expansion, your contribution would be immensely valuable and much appreciated.



RAHEL IROH

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**Cellap Laboratoire SA,
Cellcosmet**

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Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

-

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

-

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

ANDREA ISLER

BUSINESS CLUB MEMBER

ANDREA ISLER



Founder | Board Member | CEO & Career Coach



29.06.1961



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Career Factory Leadership Advisory & Career Development



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Board Positions

Verwaltungsratsmandate

Chairwomen of the Board COURAGE YOUR WAY
Member of the Board Foundation Pestalozzianum
Member of Advisory Boards

What I need

Was ich brauche

Good company, inspiring humans, humor, create new business ideas and make it happen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Business member are well connected, networking with other organization and create impact

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

As strategic business thinker and people developer I love to explore new ideas and to enhance impactful business models. As social entrepreneur, executive advisor and passionate networker I am committed to becoming even better at what we do to be more effective, focused and inspirational. A distinctive combination of leadership and management experience leads into a creative, impactful and effective culture.

I'd like to achieve...

Das möchte ich gerne erreichen...

Acting mutually as an engaged member of our community

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Love to hear more about business, that aims to inspire others, to create meaningful impact, which acts as a catalyst for a sustainable future

RAFFAELLA ITEN METZGER

BUSINESS CLUB MEMBER

RAFFAELLA ITEN METZGER



Owner/Head of Design



15.12.1966



raffaella@demarquet.ch
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Marc Metzger



Travelling/Fashion/Reading/Interiors/Christmas



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for quick answers best on whatsapp

De Marquet



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ASSISTANT

Virginia Metzger
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Board Positions

Verwaltungsratsmandate

None at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood, authentic relationships, sharing business experiences, network

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing, Brand Creation, Fashion Italy-Switzerland, Networking

I'd like to achieve...

Das möchte ich gerne erreichen...

an interesting, fascinating female network among passionate business people

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.demarquet.com - my baby after my two grown-up babies

CRISTINA JÄGER

BUSINESS CLUB MEMBER

CRISTINA JÄGER



Founder



20.09.



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Female Empowerment, Female Financial Literacy, Community Building, International Living, Trying to learn Spanish :D



<https://ch.linkedin.com/in/cristina-jaeger>

herFinancialFreedom Ltd



Switzerland & Hong Kong

Board Positions

Verwaltungsratsmandate

CEO of herFinancialFreedom

What I need

Was ich brauche

How can we break down the barriers for women talking finances/ managing their (long-term) investments? Any ideas how to make those topics part of our everyday discussions help me to close the gender wealth gaps.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

A supportive community that is uplifting and focused on growth

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Breaking down the intransparent finance world into simple, actionable tools, to ensure financial confidence for every woman. Ask me anything about Finances, I will try to help wherever I can - there is no wrong question!

I'd like to achieve...

Das möchte ich gerne erreichen...

That women can take charge & speak confidently about their (long-term) finances.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Glad and excited to be part of this incredible motivating community, with inspiring and colourful stories I can learn from and give back with my expertise! Cannot wait to connect with you!

ALMUT JEHLE

BUSINESS CLUB MEMBER

ALMUT JEHLE



Head Business Transformation P&C



21.05.1980



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Elias Jehle



Gardening, Print Magazines



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Founder & Publisher of Meraki

AXA Versicherungen AG



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www.meraki.jetzt

ASSISTANT

Nina Hubli
nina.hubli@axa.ch

Board Positions

Verwaltungsratsmandate

LRF (Liechtensteinischer Rundfunk)

What I need

Was ich brauche

Would be great to meet persons, that act as trusted advisor in supporting me in scaling my magazine. I'm a big believer in serendipity and it would be awesome if LLL could help me on that.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meet inspiring women, who encourage und support eachother on personal growth, gain visibility as a person and my expertise

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Personal Growth, Impactful Leadership, Transformative Strategies

I'd like to achieve...

Das möchte ich gerne erreichen...

Successfully scale my Magazine Meraki

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

How beautiful Liechtenstein as a country is :-)

DR KARINA JEKER

ASSOCIATED MEMBER

DR KARINA JEKER



Founder, Entrepreneur & CEO



17.02.1971



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Golf, Reisen, Wellness



www.linkedin.com/in/dr-karin-jeker-weber

FBS Group AG



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ASSISTANT

Samira Hermann
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Board Positions

[Verwaltungsratsmandate](#)

Tonisi Holding AG

What I need

[Was ich brauche](#)

Women with a Vision, people that inspire me

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

good, deep and honest conversations, people that share my vision, friends for live

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

20 years of lecturing in the fields of marketing & strategic management, helping people to find their own brand (personal branding training), offering companies a whole set of management trainings for their female talents. Leverage diversity management within companies

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

That honest gender diversity is a responsibility of each of us and that we all can make a difference by our actions

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

Share a laugh and a good time and lead a responsible live full of sunshine and fulfillment



PETRA
JOERG

BUSINESS CLUB MEMBER

PETRA JOERG

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-  12.03.1964
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-  Mountains, family, friends
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ASSISTANT

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Board Positions
[Verwaltungsratsmandate](#)

Coop Genossenschaft
Coop Gruppe Genossenschaft
Schweizerischer Alpenclub (SAC)
SwissICT

What I need
[Was ich brauche](#)

Balance

What I would like to get out of LLL Club
[Was ich mir vom Club erwarte](#)

Network / Inspiration

My skills (in these fields I can offer help)
[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Putting things into perspective / generating ideas / supporting personal growth

I'd like to achieve...
[Das möchte ich gerne erreichen...](#)

Balance

This I want to share with my LLL sisters
[Das möchte ich unbedingt mit dem Club teilen](#)

Chance favours the prepared mind (Pasteur)

KIM JOHANSSON

BUSINESS CLUB MEMBER

KIM JOHANSSON

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-  06.03.1978
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Rebenstrasse 10, 8309 Birchwil, Switzerland
-  +41 78 923 77 66
-  Rafi Ghani
-  Horseback riding
-  www.linkedin.com/in/kimclarejohansson

SalesAhead AG

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www.salesahead.com

Board Positions

Verwaltungsratsmandate

Chairwoman SalesAhead AG
Advisory Board VRMandat.com
Stiftungsrätin / Board of Trustees Sara Aduse Foundation

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

To meet smart women and build up long-term relationships based on trust

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Search, Recruitment, HR, Sales Strategies, International Network

I'd like to achieve...

Das möchte ich gerne erreichen...

...to stay happy and healthy and be able to do what I love

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am also involved, alongside my headhunting activities, with two charitable organizations: the Sara Aduse Foundation, a foundation that fights against FGM (Female Genital Mutilation), and Aiducation, where I serve as an ambassador. Aiducation supports talented, financially poor, young individuals by providing them with scholarships to help them reach their full potential.

KHADIJAH KADWANI

BUSINESS CLUB MEMBER

KHADIJAH KADWANI



Owner/Entrepreneur



20.04.1987



khadijah@kadwanigroup.com
46 Eichstrasse, 6330 Cham, Switzerland



+41 76 527 22 48



Mohammed Kadwani



Gardening, sleeping, meditation



If you like to get an instant reply, please send me a text message.

Kadwani Group GmbH



24 Poststrasse
6300 Zug, Switzerland



contact@kadwanigroup.com
www.fabulique.com

ASSISTANT

Ritik Kumar
marketingpr@fabulique.com

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

strong collaboration partners, and to potentially invest financially in other LLL companies/opportunities I would feel confident I can add value

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

meaningful friendships, a loyal and supporting sisterhood from LLL and importantly to be a valuable and a supporting member to LLL.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Confident to share my failures & mistakes openly to help another, Financial Literacy (Certified & Qualified Accountant), Professional Make-up Artist, Strong communication skills, Branding for Creative concepts, silent investor, Saleswomen, Creative producer,

I'd like to achieve...

Das möchte ich gerne erreichen...

Business point of view : have a strong beauty brand presence in Switzerland, Personal & Business: importantly & eventually in the long term let go of all material gains/achievements/labels etc and live a simple technology free life embracing personal connections.(And always write with a pen and paper :)

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

A new journey I have started relating to Beauty. www.fabulique.com

SIMONE KELLER

BUSINESS CLUB MEMBER



SIMONE KELLER

-  Co-Founder & Managing Partner
-  19.01.1978
-  sk@kkinvest.ch
Ländliweg 15, 5400 Baden, Switzerland
-  +41 78 668 00 00
-  Matthias Keller
-  running, horse riding, yoga, meditation, reading, travelling

SANSEVA GmbH

-  Dynamostrasse 17
5400 Baden, Switzerland
-  simone@sanseva.com
www.sanseva.com

ASSISTANT

Sonja Steiner
+41 79 636 19 68
sonja.steiner@kkinvest.ch

Board Positions

Verwaltungsratsmandate

CEO KK invest
Member of the board of directors Prätschli AG
Member of the foundation board there for you

What I need
Was ich brauche
new interesting contacts

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood & networking, meet new exciting women

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Real estate, network, Yoga division, social area

I'd like to achieve...
Das möchte ich gerne erreichen...
to introduce our wonderful retreats to many women and at the same time to get to know other exciting projects and support each other

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



ANNIKA KESSEL

ASSOCIATED MEMBER

ANNIKA KESSEL



CEO/Founder



28.01.1983



annika.kessel@gmail.com
Seestr. 216c, 8713 Uerikon



+49 176 20 18 64 31

Business Partner: Hubert Rhomberg



hiking, yoga, skiing, meditation



www.linkedin.com/in/annika-kessel-60874380/

Cosmiq Universe AG



General-Guisan-Str. 6
6300 Zug, Switzerland



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annika@cosmiquiverse.com
www.instagram.com/leyalovenature
www.instagram.com/aya.stellar
www.cosmiquiverse.com

ASSISTANT

Nadija Cojanovic
+41 78 634 36 82
nadija@cosmiquiverse.com

Board Positions

Verwaltungsratsmandate

Cosmiq Universe AG

What I need

Was ich brauche

Investment introductions, PR article placements/visibility, brand cooperations

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Network, mutual female empowerment, friends, business & investment partners, speaking opportunities

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

business building, investor and commercial network, digital growth, social media marketing, commercial concepts, mindfuness, conscious business, sustainability

I'd like to achieve...

Das möchte ich gerne erreichen...

Exchangee, mutual empowerment, friends and business partners in the league of leading ladies. I would like to build a network of like minded hearts and minds

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I love the female power and energy when we work together. We can change the world.



MAHIMA LUCILLE
KLINGE

BUSINESS CLUB MEMBER

MAHIMA LUCILLE KLINGE



Owner / Entrepreneur



26.03.1971



m@themahimamindset.com



+41 79 76 43 888



Kai Klinge



www.linkedin.com/in/mahimaklinge/



If you like to get an instant reply, please send me a whatsapp message. I am branding myself as just Mahima .. No last name

The Mahima Mindset GmbH



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6315 Morgarten Switzerland



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superstarservice@themahimamindset.com
www.themahimamindset.com
www.facebook.com/mahimalucille.klinge
www.facebook.com/MahimaMindset
www.instagram.com/mahimamindset
www.youtube.com/@TheSpiritualRebelWithMahima

Board Positions

Verwaltungsratsmandate

World Womans Organisation

What I need

Was ich brauche

Partnerships, Sponsors, Collaboration

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood & Mentoring Collaboration, Love & Laughter

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Transformational Mentor, Writing, Group Facilitator, Speaking, Buisiness Development and Sales, Embodiment Coach, Spiritual healer

I'd like to achieve...

Das möchte ich gerne erreichen...

Strong female support of feminin energies. Making new friendships, learning and growing together. Creating beautiful memories.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

https://podcasts.apple.com/ch/podcast/the-spiritual-rebel-podcast-with-mahima/id1788566403?l=en-GB

BEA KNECHT

BUSINESS CLUB MEMBER

BEA KNECHT



Chairwoman



25.05.1967



beaknecht@me.com
Seestrasse 30a, 8806 Bäch, Schweiz



+41 79 435 98 66



Camping, Espresso, Architektur, Musik, Reisen, Kunst

Genistat AG



Seestrasse 30a
8806 Bäch, Schweiz



www.genistat.ch
www.levuro.com
www.zattoo.com/ch/company

ASSISTANT

Jolanda Ferrat
+41 79 821 34 24
jolanda@organised.ch

Board Positions

Verwaltungsratsmandate

Zattoo AG
Levuro AG
Genistat AG
Fanfare Switzerland GmbH
Schweizerische Herzstiftung
Schweizerische Medienkommission (Member)
CH++
Gesellschaft für Marketing

What I need

Was ich brauche

Spannende Begegnungen

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Leute kennenlernen
Gescheiter werden und auch etwas weitergeben

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Unternehmertum

Politik

Investments

Sense-making & a walking „Beapedia“

I'd like to achieve...

Das möchte ich gerne erreichen...

Öffentliche Meinung beeinflussen

Investments (Venture Fund) professionalisieren

Wetter-Apps

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Mein Manifest für erfolgreiches Unternehmertum für Frauen

MARION KOCH

BUSINESS CLUB MEMBER

MARION KOCH



CEO



01.01.1983



marionkoch@hotmail.de
Böndlerstrasse 66, 8802 Kilchberg, Switzerland



+41 79 787 65 3



Daniel Becker



Interior design, literature, culinary arts



www.linkedin.com/in/dr-marion-koch-a773b162/

Swiss Life Wealth Management AG



Räffelstrasse 26
8045 Zurich, Switzerland



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marion.koch@swisslife-wealth.ch
www.swisslife-wealth.ch

ASSISTANT

Laura Feuz
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laura.feuz@swisslife-wealth.ch

Board Positions

Verwaltungsratsmandate

Finapct AG

What I need

Was ich brauche

Inspiring dialog with driven ladies

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Diversity and different perspectives

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategic advisory, Financial Advisory, Fintech

I'd like to achieve...

Das möchte ich gerne erreichen...

Growing the community of financially empowered women

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Raise awareness for how women can actively take control of their financial future



NINA KOLLER-PARGÄTZI

BUSINESS CLUB MEMBER

NINA KOLLER-PARGÄTZI



Gründerin & Eventmanagerin bei BEYOND & PRESTIGE,
Event-Management bei HOCKEY CLUB DAVOS AG,
Zyklus & Female Coach



08.10.1983



nina.pargaetzi@hotmail.com
Promenade 144
7260 Davos Dorf, Switzerland



+41 79 403 03 11



Joe Scherer



Family is the most important to me as a mother of 4
I love Nature, reading and all Woman's Health related
topic



www.linkedin.com/in/nina-koller-pargätzi-69ba94238/

Beyond & Prestige Nina Koller Zyklus Coaching



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www.bpevents.ch
www.zyklus-coaching.ch

ASSISTANT

Sina Adank
+41 79 938 25 66
info@bpevents.ch

Board Positions

Verwaltungsratsmandate

Vorstandsmitglied im VUSH (Verband unabhängiger Schweizer
Hochzeitsplaner)

What I need

Was ich brauche

Sisterhood as a balance to my world full of Testosterone in which I
grew professionally so far.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

The inspiration of Female Leaders in all its different facets

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

more than 20 years knowledge in event organisation (for international
brands like the World Woman Foundation, Spengler Cup, and others)
My wisdom & passion for women's health related to menstrual cycles,
female empowerment and unlocking our superpowers as a woman

I'd like to achieve...

Das möchte ich gerne erreichen...

Personal Growth journey and connecting with Leaders

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

CLAIRE KOWARSKY

ASSOCIATED MEMBER

CLAIRE KOWARSKY



Director & Co-owner



28.03.1977



c.kowarsky@hssipm.com
Heinrich-Bosshard-Strasse 24
8405 Winterthur, Switzerland



+41 78 305 55 66



Stephen Shields



Being outdoors, being active (running mostly),
adventures with the kids, my husband and our dog



www.linkedin.com/in/claire-kowarsky-21977a5/



If you like to get a fast reply, please send me a WhatsApp

HSS IPM GmbH



Heinrich-Bosshard-Strasse 24
8405 Winterthur, Switzerland



office@hssipm.com
www.hssipm.com
facebook.com/hssipm
instagram.com/hssipm

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I am socially motivated, meaning that I work best where there is collaboration - and I enjoy it the most! Eventually, we'd love to find a person with complimentary skills and strengths who could be a potential partner to join our boutique IP consulting firm HSS IPM. That person would help to grow the foundations of our company we have cultivated over the past six years, and take us to even greater heights.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meeting interesting and inspiring members, and helping others to achieve their goals, through meaningful connections.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Legal advice (licensed AU and US lawyer), international contract review and negotiation, intellectual property law with specialization in domain name disputes, intercultural empathy.

I'd like to achieve...

Das möchte ich gerne erreichen...

Not being afraid to bite off more than I can chew, then chewing hard! Help others, do good in the world. Having a happy family life.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I love meeting new people and helping to develop positive relationships among my friends and colleagues. Please, don't hesitate to ask if you think I might be able to help you!



NADINE
LEUENBERGER

BUSINESS CLUB MEMBER

NADINE LEUENBERGER



Founder



30.07.1983



nl@headsforbrands.ch
Talchacherstrasse 6, 8103 Unterengstringen



+41 79 566 33 88



www.linkedin.com/in/itsnadineleuenberger/

Heads for Brands GmbH



Oberallmendstrasse 18
6300 Zug, Switzerland



+41 79 566 33 88
nl@headsforbrands.ch
www.headsforbrands.ch

Board Positions
Verwaltungsratsmandate

hearts and brains GmbH / Shareholder

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Austausch um mich beruflich wie persönlich zu entwickeln.
Sparringpartner

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Executive Search, Recruitment

I'd like to achieve...
Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-

MINNA LEVANTO

BUSINESS CLUB MEMBER

MINNA LEVANTO



Corporate Communications Partner



21.06.1979



minnalevento@outlook.com
Oberblattstrasse 8, 8832 Wollerau, Switzerland



+41 79 675 99 72



Mikko Syrjanen



Yoga, Travel



www.linkedin.com/in/minna-levanto/

Atlantic Forwarding Group

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I am looking for networking with other professional women

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Meet other working women and entrepreneurs, support and get support for career growth

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communications, Marketing, Employee Engagement, DEI (Diversity, equity & inclusion)

I'd like to achieve...

Das möchte ich gerne erreichen...

I believe that by networking, sharing ideas and supporting each other, women can better achieve their full potential. I hope I can bring ideas, share ideas and learn from others in this network.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

CHRISTINA LIPP

BUSINESS CLUB MEMBER

CHRISTINA LIPP



CEO & Owner



20.12.1966



lippc@gmx.ch
Guggiweg 10, 6300 Zug, Switzerland



+41 78 601 48 07



social science, psychology, oldtimers, reading, hike with my dog



www.linkedin.com/in/christina-lipp/

Futureworks AG



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8005 Zurich, Switzerland



+41 78 601 48 07
christina.lipp@futureworks.ch
www.futureworks.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Networking, neue Perspektiven und Ideen, spannende Insights

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Inspiration und gegenseitige Unterstützung fördern;
einen diskursiven Austausch pflegen, wenn es um Business Themen geht;
die Balance zwischen Wertstiftung, Intelligenz und Humor zu finden,
um eine positive Umgebung zu schaffen

I'd like to achieve...

Das möchte ich gerne erreichen...

get an alternative view on the business world

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

ANDREA LUDER

BUSINESS CLUB MEMBER

ANDREA LUDER



Founder / CEO



18.03.1971



andrea.luder@emediately.ch



+41 79 427 70 59



Golf, Wine & Dine, Scuba Diving, Sports, Friends



www.linkedin.com/in/andrealuder/

emediately ag



Hornbachstrasse 50
8008 Zurich, Switzerland



www.emediately.ch

Board Positions

Verwaltungsratsmandate

emediately ag / VRP

Republica / VR

What I need

Was ich brauche

Inspiring exchange, Impulses and "sisters", Business Network

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

trusted sparring partnering and exchange with female leaders to grow and exceed boundaries together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, Changemanager, Business and Transformation Driver, Walk-the-Talk, Digital Expert, Idealist, Make it Happen & Finding pragmatic, clear Solutions

I'd like to achieve...

Das möchte ich gerne erreichen...

I strive for Change. Build rules to a better world together, combine all assets of our society and build the best possible solution out of it.

I strive for win-win solutions for the companies their customers and employees to achieve sustainable worldclass results together.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Energy, Idealism & Heart :). Best Practises of togetherness, collaboration and entrepreneurship



TÜNDE
LUKACS

BUSINESS CLUB MEMBER

TÜNDE LUKACS



Partner



19.01.1984



tuende.lukacs@gmail.com
Rötibodenstrasse 34
8820 Wädenswil, Switzerland



+41 79 575 61 02



Emiliano Boffi



trail running



www.linkedin.com/in/tuende-lukacs-zuerich/

The Change Republic GmbH



Rötibodenstrasse 34
8820 Wädenswil, Switzerland



tl@thechangerepublic.info
www.thechangerepublic.info

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

I just founded my own company, The Change Republic Ltd, helping leaders to manage change and find their revolutionary inner strength at work and in their professional lives. We offer executive coaching, personal branding, speaking and executive learning. I need a community of supportive, ambitious women who are passionate about managing change better ;-)

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I would like to get a lot of fun and love :). I joined the LLL Club to connect with an inspiring community of women who are passionate about change, growth, and collaboration. I'm excited to learn tips on how to build my company, refer each other to potential clients and get speaking engagements.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

- Executive Coaching focusing on managing change for leaders (most of my clients are not surprisingly female leaders)
- Speaking engagements
- Personal branding - crafting a strong brand through thought leadership on social media (LinkedIn) and beyond
- Executive learning focusing on managing change (career innovation, effective communication, building alliances, stakeholder management, growth through feedback and conflict management)
- Innovation: I help organizations and individuals navigate change by focusing on the people at the center, ensuring that innovation and transformation are sustainable and embraced by all.

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to build meaningful connections within the club and create opportunities for collaboration. I want to grow my business and help other members do the same.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I'd love to share that I am a total newbie in the world of entrepreneurship, so I am happy to learn from the much more experienced sisters. And of course, looking forward to supporting each other.



PATRIZIA LUISE

BUSINESS CLUB MEMBER

PATRIZIA LUISE



Coach, Trainer, Entrepreneur, Consultant



18.03.1966



luise@bluewin.ch



+41 79 191 51 90



Evelin Curro



www.linkedin.com/in/patrizia-luise-00894ba9/

P & P Coaching GmbH



Zürcherstrasse 10
5400 Baden, Switzerland



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luise@tikla.world
www.tikla.world

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

sisterhood, genuine connections, co-inspirations, co-creations

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

consultancy, development of people and organisations, guide in changing processes

I'd like to achieve...

Das möchte ich gerne erreichen...

new connetions in this wonderful community and maybe a genuine valuesystem in which people can develop in a freedom

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am Master-Trainer in this model www.logosynthese.ch

ANNA LUNDQUIST

ASSOCIATED MEMBER

ANNA LUNDQUIST



CEO



25.10.1974



anna@go-integral.ch



+41 79 540 98 92



Fedrik Lundquist



My familiy, building things, riding



www.linkedin.com/in/anna-lundquist-8b452a8/

go integral gmbh



Obere Halde 9
5453 Remetschwil, Switzerland



+41 79 540 98 92
anna.lundquist@integpartner.com
www.go-integral.ch
www.integpartner.com

Board Positions

[Verwaltungsratsmandate](#)

Integ Partner

What I need

[Was ich brauche](#)

Increase my network, Soundingboard for ideas

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

Interesting discussions that help me and my business to grow,
Openness, Fun together

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Leading companies, especially handling increased complexity and speed of change. Change management, making large changes happen, involving everyone in the organization and creating long term sustainable results. I also have long experience in: General management, Supply management, Production management, R&D management

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

I strive for a paradigm change in how companies are lead. Where integral management has taken over as the leading management model, where the awareness of that it is not about either or but both has landed. For example, a company needs to make a good profit AND have happy healthy employees, it needs creativity AND structure, top down AND bottom up, quality AND speed. For me there is huge hidden potential is released in our companies as well in us as humans.

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

My passion for leadership and developing organizations



ALEXANDRA
MACHNIK

ASSOCIATED MEMBER

ALEXANDRA MACHNIK

-  Chief Digital Officer (CDO),
Member of the Executive Board @lvoclar
-  17.03.
-  alexandramachnik@icloud.com
Luessirainstrasse 50, 6300 Zug, Switzerland
-  +41 79 264 82 43
-  my family, sport, barbequing at extraordinary places
-  www.linkedin.com/in/alexandramachnik/

Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

Continuous growth of my network into the Pharma, Medtech, FMCG & Tech Industrie

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Connect with inspiring people to drive change

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Holistic E2E Digital Transformation - addressing the business, IT and people side through the tremendous power of technology

I'd like to achieve...
Das möchte ich gerne erreichen...

Being and contributing to the change I want to see in this world to create a better place for my daughter and the next generation of leaders

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

I'm always there if you need any help.
Be confident in what you do and follow your vision - there is nothing that can stop you living your dreams except yourself by not believing in them.

CARLA MALDONADO

BUSINESS CLUB MEMBER

CARLA MALDONADO



Market Insights / Entrepreneur



19.11.1978



maldonadocav@gmail.com
Hasenlohweg 1, 6315 Oberägeri, Switzerland



+ 41 78 220 00 44



Raphael Huber



Zumba, Traveling, Meditation, Reading, Yoga



www.linkedin.com/in/carlamaldonado



If you like to get an instant reply,
please send me a Whatsapp message

Palm Beach Polo Hub



13334 Polo Club Road
Wellington, Florida, USA



+1 561 440 4076
carla.maldonado@palmbeachpolohub.com
www.palmbeachpolohub.com

Board Positions

Verwaltungsratsmandate

None at the moment. Open for new mandates.

What I need

Was ich brauche

Being part of a network with remarkable women.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Exchange of ideas and knowledge as well as inspiring conversations with like-minded individuals.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Research, Economics, Social etiquette, International Affairs,
USA Real estate, Presentation Skills, Cross cultural sensitivity

I'd like to achieve...

Das möchte ich gerne erreichen...

Continuous growth from a personal and professional perspective.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www.palmbeachpolohub.com
www.airbnb.com/users/27668989/listings
www.andinaschweiz.ch
Wellington, Florida rental properties and Alpaca clothing business

MARIA MANOLIUDI

BUSINESS CLUB MEMBER



MARIA MANOLIUDI



Global Media Director



05.07.1986



maria.manolioudi@gmail.com
Waffenplatzstrasse 65, 8002 Zurich, Switzerland



+41 78 406 20 91



Pilates, Tennis, Meditation, Wine Tasting



www.linkedin.com/in/maria-manolioudi-5bb49a23/

Breitling



Freigutstrasse 16
8002 Zurich, Switzerland



+41 79 910 03 78
maria.manolioudi@breitling.com
www.breitling.com

Board Positions

Verwaltungsratsmandate

none at the moment

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Share knowlodge, ideas, opportunities, challenges.
Support each other, connect and be part of an inspirational and
meaningful women community

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Marketing, Media Strategy and Planning, Online Marketing,
Social Media, Marketing Analytics, Marketing Technology,
International Business, Marketing partnerships, in Luxury, Retail,
ecom and tech

I'd like to achieve...

Das möchte ich gerne erreichen...

Create meaningful relationships with the sisters and contribute to the
vision of the community

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

TERESA A. MARTINEZ

ASSOCIATED MEMBER



TERESA A. MARTINEZ

-  RVP, Success Management in Switzerland
-  11.04.1969
-  teresa.martinez@bluewin.ch
Vordergasse 30, 8615 Wermatswil, Switzerland
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-  Sailing, Running, Hiking, Music and Dogs:-)
-  www.linkedin.com/in/teresaamartinez/

Salesforce

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8004 Zurich, Switzerland
-  +41 79 837 73 80
teresa.martinez@salesforce.com
www.salesforce.com

Board Positions
[Verwaltungsratsmandate](#)
none at the present

What I need
[Was ich brauche](#)
-

What I would like to get out of LLL Club
[Was ich mir vom Club erwarte](#)
Inspiration & Sisterhood

My skills (in these fields I can offer help)
[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)
Bridge between IT and Business. Deep knowledge around the topic digital transformation and well versed in leading such change management projects. B2B and B2C Sales/Marketing Executive with experience in ICT, Retail, consumer goods and financial services industries.
Deep understanding of customer needs, go-to-market and distribution channels regarding data analytics, cloud and future workplaces.

I'd like to achieve...
[Das möchte ich gerne erreichen...](#)
Continue learning, inspiration, get other perspective from different industry and be part of a longlasting sisterhood

This I want to share with my LLL sisters
[Das möchte ich unbedingt mit dem Club teilen](#)
www.salesforce.com/eu/campaign/bwbw/



SARAH
MEIER

ASSOCIATED MEMBER

SARAH MEIER

-  Founder / CEO
-  05.05.1974
-  sarah.meier@parentsatwork.com
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-  +41 79 597 75 50
-  Chris Meier
-  Gardening, Reading, Running, Traveling
-  www.linkedin.com/in/sarah-meier-51946a61/

parentsatwork GmbH

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8136 Gattikon, Switzerland
-  info@parentsatwork.com
www.parentsatwork.com

Board Positions
Verwaltungsratsmandate
None at present

What I need
Was ich brauche
As my business and brand grows, I need to learn from your experience: how to be consistently visible, how to lead people, how to believe in my own potential and own each step forward

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Collaboration
Co-creation
Connections

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Selling using coaching and relationships, building community through shared purpose, coaching on work & family integration

I'd like to achieve...
Das möchte ich gerne erreichen...
I'd love to grow in confidence, to feel I belong
To give back too where I can

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-

VIRGINIE MEISSER

ASSOCIATED MEMBER

VIRGINIE MEISSER



Intrapreneur in Medical Affairs Pharma-/Med Tech



27.12.1985



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Yoga, Personal Growth



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F. Hoffmann-La Roche AG



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4070 Basel, Switzerland



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www.roche.com

Board Positions

[Verwaltungsratsmandate](#)

Looking for a mandate

What I need

[Was ich brauche](#)

Exchange of experiences, knowledge and business opportunities

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

Trustful and meaningful conversations in a relaxed setting

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Operations Management, Quality Management System, Consulting and Evidence Generation with Medical Devices and Real-World Data

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

My objective by being a LLL member is to establish a long-term, reliable and good-minded network of people who help each other, take the time and have an genuine interest helping in each others careers

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

IMy published article on a Machine Learning use case:
<https://lnkd.in/ebHkiz4s>



ARIANE
MELLENTHIN

BUSINESS CLUB MEMBER

ARIANE MELLENTHIN

-  Founder & Managing Director
-  13.02.1975
-  ariane.mellenthin@gmail.com
-  Fine Arts, Design, Reading & Writing, Cats
-  www.linkedin.com/in/arianemellenthin/

Mellenthin + Partner GmbH

-  Blumentalstrasse 12
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-  +41 78 863 79 43
ariane@mellenthin.ch

NOTES

Mellenthin + Partner is a consultancy specialised in commercial strategy along the entire value chain of marketing from idea to go-to-market strategy (from start-up to global companies) – on a mandate basis and in interim management

Board Positions
Verwaltungsratsmandate

Open for board membership mandates

What I need
Was ich brauche

Inspiring and exciting challenges

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Ranging from deep conversations in a safe environment amongst peers to supporting each other in and with business opportunities

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Human-centric and insight-led business strategy
E-commerce and digital marketing
Leadership and organisational transformation in matrix organisations
Industry expertise: Medtech/Medical devices/OTC, FMCG (Food/Snacking), Kosmetik/Personal Care, Finance/Banking

I'd like to achieve...
Das möchte ich gerne erreichen...

To lead, shape and decide to create valuable impact

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

"Curiosity doesn't kill the cat!"



DORIS
MERZ NARDONE

BUSINESS CLUB MEMBER

DORIS MERZ NARDONE

-  Entrepreneur/Owner
-  02.04.1962
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-  +41 79 446 69 29
-  Claudio Nardone
-  People, Culture, Traveling, Food, Reading
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PM Care Systems AG

-  Buckhauserstrasse 24
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www.pmcare.ch

Board Positions
Verwaltungsratsmandate

Chairwomen PM Care Systems AG
Member of the board of trustees LGFB
Member of the Board at HEMLATA

What I need
Was ich brauche

Inspiration and new challenges

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Open discussion, Advises and Exchanges

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Experience in beauty distribution, sales, business developement & entrepreneurship, change management

I'd like to achieve...
Das möchte ich gerne erreichen...

being part of a powerful and successful female network

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Sharing is caring - everyone (most of us) started small



MARIA
MICU

ASSOCIATED MEMBER

MARIA MICU



Head of Finance



19.09.



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Zurich Insurance Company plc



Mythenquai 2
Zurich, Switzerland



www.zurich.com

ASSISTANT

Diana Fiora
+41 44 625 22 76

Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

Board positions
Connections

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Exchange business ideas, friendly support, connections

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Finance, Corporates, Network, Investments, Business advisor for startups, fintech, international exposure

I'd like to achieve...
Das möchte ich gerne erreichen...
enriching connections with LLL members, trustworthy relationship, strong support

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Feel free to reach out any time, together we are stronger :-)

MIMI MOLLERUS

BUSINESS CLUB MEMBER

MIMI MOLLERUS

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-  Philipp Richner
-  water, snow & sun
-  www.linkedin.com/in/mimi-mollerus-31047b/
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-  +41 44 829 28 67
info@mollerus.com
www.mollerus.com

Board Positions
Verwaltungsratsmandate
none

What I need
Was ich brauche
... gute Ideen, Lösungen zu finden, Kontakte zu erhalten von Personen, die der gleichen Herausforderung unterliegen und die mit tollen neuen Firmen kooperieren und neue Ideen umsetzen

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
... neue Kontakte, Businesslösungen und neuen Marketingideen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
... Transformation & Familienunternehmungen sowie KMU

I'd like to achieve...
Das möchte ich gerne erreichen...
... Lernen, lachen & leben

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
... schöne Momente, Inspiration und Vertrauen



JOY
MÜLLER

ASSOCIATED MEMBER

JOY MÜLLER

-  Leiterin Markt
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-  www.linkedin.com/in/joy-müller-b4033162/

SWICA Gesundheitsorganisation

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joy.mueller@swica.ch

Board Positions
Verwaltungsratsmandate

What I need
Was ich brauche

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I'd like to achieve...
Das möchte ich gerne erreichen...

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

MONIKA MUELLER

BUSINESS CLUB MEMBER

MONIKA MUELLER



Founder



25.12.1979



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Tobias Mueller



Reading, curious to learn, travelling, theatre and anything to do with spirituality and personal

Signature Five



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8803 Rüschlikon, Switzerland



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info@signature-five.com

ASSISTANT

Thabi Ndaba
ndabathabile1@gmail.com

NOTES

I have a VA and doesn't live in this country

Board Positions

Verwaltungsratsmandate

None

What I need

Was ich brauche

Growing my business in a healthy way in Switzerland.
Connecting with women who are ahead.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I would like to get connection, as being an business owner can be lonely but i also would like to be surrounded in a room full of women who are way ahead and inspiring.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Personal style and brand alignment, presence coaching, and digital marketing. I can help women express who they truly are through how they show up—visually and strategically. That includes everything from curating a wardrobe that aligns with their brand to building funnels and marketing systems that support their business growth.

I'd like to achieve...

Das möchte ich gerne erreichen...

I'd like to achieve a business that makes it easier for women to be seen as experts without second-guessing how they appear—so they can focus on creating impact and being influential. At the same time, I want to make how we buy clothing more sustainable and help save the boutiques.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I have a style newsletter that comes out weeklyish Style Me Sunday... which also includes inspiration for what to wear on Monday to work. :)



NINA
MÜLLER

BUSINESS CLUB MEMBER

NINA MÜLLER



CEO



04.09.1969



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skiing, hiking, cooking and enjoying good food with friends, city trips



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Lalique Group SA



+41 78 657 90 63
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Board Positions
Verwaltungsratsmandate
Alnatura AG

What I need
Was ich brauche
I love the idea of sisterhood

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Diversity and different perspectives.

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
leadership, management, retail, out of the box mindset, international experience within premium and luxury brands and retailers

I'd like to achieve...
Das möchte ich gerne erreichen...
be a committed member of the club

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Exchange. Challenge.



CLAUDIA NAEGELI

BUSINESS CLUB MEMBER

CLAUDIA NAEGELI



Client Advisor



09.07.1976



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outdoor sport, renovating old houses, good food, family



William White



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J.P. Morgan



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www.jpmorgan.com/payments

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

extending my network

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

exchange of ideas and knowledge as well as inspiring conversations with like-minded women

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

banking & finance, relationship management, navigating in a global high pressured organisation and across multicultural teams

I'd like to achieve...

Das möchte ich gerne erreichen...

continuous growth from a personal and professional perspective as well as being part of a longstanding sisterhood

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



CAROLE
NICOLAS

BUSINESS CLUB MEMBER

CAROLE NICOLAS

-  Owner/CEO
-  05.05.1963
-  carole.nicolas@labospa.ch
-  +41 79 456 96 16
-  Sophie Abellard
-  Design, Reading, Sports, Culinary

LABO Spa

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labospa.ch

Board Positions
Verwaltungsratsmandate
LABO AG

What I need
Was ich brauche
New perspectives, meeting energizing people, sparring ideas for new ventures

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Leverage the sister community, testing ideas, building projects

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Entrepreneurship, board experience and coaching

I'd like to achieve...
Das möchte ich gerne erreichen...
Get more board mandates for small and medium size businesses (KMU) that need support to turn around or simply enhance their business.
Together with a community, build a sustainable system from an energy and nutrition standpoint

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



ALINA
NOWAK
ASSOCIATED MEMBER

ALINA NOWAK



Owner



26.11.1973



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Gartenstrasse 1, 9542 Münchwilen, Schweiz



+41 76 468 60 26



Reisen, Lesen



www.linkedin.com/in/alina-nowak/

Alina Nowak Consulting
& Business Akademie



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9542 Münchwilen, Schweiz



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Board Positions
Verwaltungsratsmandate
derzeit keine

What I need
Was ich brauche

Neue Welten zu entdecken, Inspirationen, Neue Begegnungen,
Herausforderungen

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Austausch, neue Vernetzungen, Ideen gemeinsam entwickeln und
nach vorne bringen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Aufbau von Unternehmen, Vertrieb, Führungskräfteentwicklung

I'd like to achieve...
Das möchte ich gerne erreichen...

Dass wir Frauen uns weiterhin so toll inspirieren und unterstützen
wie bisher

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

Finde das, was du liebst. Und begnüge dich niemals mit etwas
Geringerem



URSULA OBERNOSTERER-CAPPELLO

-  Owner & Business Coach
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DI Ursula Obernosterer-Cappello,
MSc. e.U.

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www.ursulaobernosterer.com

Board Positions
[Verwaltungsratsmandate](#)

What I need
[Was ich brauche](#)

Kontakte zu Unternehmen in der deutschsprachigen Schweiz, die Frauen in Führungspositionen stärken möchten, und sich für Gleichstellung und Leadership stark machen.

What I would like to get out of LLL Club
[Was ich mir vom Club erwarte](#)

Ich habe etwas zu erzählen und freue mich über Einladungen zu Podcasts, Diskussionsrunden, Interviews in denen es um Frauen in beruflicher Veränderung und in Führung geht

My skills (in these fields I can offer help)
[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Ich coache Frauen, die in Führung kommen und dort auch bleiben möchten, biete Workshops und Keynotes zum Thema geschlechterspezifischer Kommunikation an: Brücken bauen beyond words!

I'd like to achieve...
[Das möchte ich gerne erreichen...](#)

Weniger Missverständnisse und damit eine wirksamere Kommunikation durch mehr Bewusstsein für unterschiedliche Kommunikationsbedürfnisse. Ein Bewusstsein für eigene Kommunikationspräferenzen und die meiner Mitmenschen.

This I want to share with my LLL sisters
[Das möchte ich unbedingt mit dem Club teilen](#)

Die Forschung über "vertikale" und "horizontale" Kommunikation nach Deborah Tannen die gerade für Frauen in männergeprägten Umgebungen so wertvoll sein kann.

LARA MICHAELA PAIR

ASSOCIATED MEMBER

LARA MICHAELA PAIR



Rechtsanwältin, Verwaltungsrätin & Business Coach



11.11.1978



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Meditation, Reading, Yoga - and I love to train dogs



www.linkedin.com/in/dr-iur-lara-pair/



If you like to get an instant reply, please send me a text message

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ASSISTANT

Bonnie Thottukadavil
office@pairfactlegal.com

Board Positions

Verwaltungsratsmandate

Computer Controls AG

Swiss Tool Trading Holding AG

What I need

Was ich brauche

Strong Ladies

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Ich möchte mich mit interessanten Frauen, die auch im Geschäftsleben stehen, austauschen. Es ist mein Wunsch, dass wir uns gegenseitig unterstützen.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Meine Stärke ist eine praktische Herangehensweise mit zugeschnittenen Lösungsansätzen, ob dies im Business Mindset, im juristischen Bereich oder im Verwaltungsrat ist. Neue Perspektiven und effizientere Resultate sind meine Passion.

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to ensure that women support one another without being a tea party. I want to empower and be empowered.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I wrote a book - a non-legal one :-D

DR GULNAZ PARTSCHEFELD

BUSINESS CLUB MEMBER

DR GULNAZ PARTSCHEFELD



Moderator | Lecturer | Head of Events Office



02.07.1981



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Yves Partschefeld



life long learning



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University of St. Gallen Events Office



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Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Space for the exchange of expertise and experience on a wide range of relevant topics

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Creating wonderful and meaningful encounters and experiences

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an event and media professional focused on community, innovation, science, art and education - and I the creative head able to help you when something innovative, sustainable and engaging needs to be conceptualised, redesigned or rethought.

I'd like to achieve...

Das möchte ich gerne erreichen...

Ah, that's the great puzzle.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

I am inviting you all for a coffee or tea at the University of St.Gallen, with an art tour with artworks by Giacometti, Miró, Richter and the new community artwork "St.Gallen Clicker" (which I designed together with a London mixed media artist Lewis Davidson) as well as the Akris photo exhibition. The easiest way to meet me - and I'm looking forward to meeting each and every one of the LLL Community!



EMILIJA
PETROVA

BUSINESS CLUB MEMBER

EMILIJA PETROVA



Managing Director/Founder



20.08.1967



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7310 Bad Ragaz, Switzerland



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Golf, tennis, travel, mindfulness,spirituality



<https://www.linkedin.com/in/emilija-petrova-a2b4232/>

Oriya GmbH



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Board Positions

Verwaltungsratsmandate

At my company

What I need

Was ich brauche

What I value most is the opportunity to share experiences, receive genuine support, and stay motivated through meaningful connections with fellow members – creating a strong, inspiring network that uplifts and empowers us all.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

What I expect from the club is to connect with inspiring, like-minded women, to support and elevate one another, and to create a space where we can grow, share, and thrive together – as trailblazers in our fields and champions of each other’s success.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Management, Operational Impact, Sustainability, Supply Chain, Certified IPEC Coach and Energy Leadership Assesment practitioner. Empowering passion-driven leaders, teams and individuals to cultivate purposful and balanced life that foster authentic connection, conscious leadership, and sustainable impact.

I'd like to achieve...

Das möchte ich gerne erreichen...

For the club to continue to grow into a dynamic, intergenerational community that continues to thrive – rooted in mutual support, shared purpose, and the empowerment of all its members.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

The ancient spiritual wisdom of Kabbalah www.kabbalah.com



NICOLE
PIETERSE

BUSINESS CLUB MEMBER

NICOLE PIETERSE

-  Head Human Resources
-  22.04.1977
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-  +41 79 150 48 65
-  Gordon Pieterse
-  Swimming, enjoying nature
-  www.linkedin.com/in/nicole-pieterse-3555173

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www.swissre.com

ASSISTANT

Agata Kocianova
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agata_kocianova@swissre.com

Board Positions
Verwaltungsratsmandate

Non but open to contribute my expertise and experience in relation to Talent & Culture

What I need
Was ich brauche

Outside in perspective, particular in the Swiss society but also more broadly macro questions (economy, politics, social issues)

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

A tribe full of belonging, inspiration and support. In case there is the opportunity to provide exposure to Board dynamics and external stakeholders that would be beneficial for my personal growth as HR professional

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Leadership, Talent & Culture - educational, advice, speaking

I'd like to achieve...
Das möchte ich gerne erreichen...

Have impact at a larger scale on the overall functioning and affordability of the insurance market (through people)

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

-

LIDIA PITITTO

BUSINESS CLUB MEMBER

LIDIA PITITTO



Consultant



31.05.1973



lidia.pititto@gmail.com
Asylstrasse 82, 8032 Zurich, Switzerland



+41 79 419 35 91



Tobias Bamert



pilates, spinning and long walks with my lovely dog



www.linkedin.com/in/lidia-pititto-68baa823/

EMA Partners Switzerland AG



Richard-Wagner-Strasse 6
8002 Zurich, Switzerland



l.pititto@ema-partners.ch
www.ema-partners.ch

Board Positions

Verwaltungsratsmandate

none

What I need

Was ich brauche

Network with great women

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

It's a small world and getting to know the sisters in the club

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Talent identification/Networking/Scouting Restaurants

I'd like to achieve...

Das möchte ich gerne erreichen...

empowerment and support/networking opportunities/ecucation/
cultural and social enrichment

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

CAROLINE PRENN

ASSOCIATED MEMBER

CAROLINE PRENN



Co-Owner of Medical Aesthetics GmbH



25.09.1972



caroline.prenn@gmx.net
Rittergutstrasse 1, 8200 Schaffhausen, Switzerland



+41 79 840 93 35



Philipp Klinck



www.linkedin.com/in/caroline-prenn-28632b1/

Medical Aesthetics GmbH



Zur Stahlgiesserei 5
8200 Schaffhausen, Switzerland



+41 52 533 98 90
www.med-aesthetics.ch

Board Positions

Verwaltungsratsmandate

none currently

What I need

Was ich brauche

business sisterhood, patients for my treatment

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

networking, building new opportunities, acquire new patients

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Communication + High technology and Financial Services
technology consulting, sales, account management, PR, market
dissemination & exploitation, business case creation, art / artist
management

I'd like to achieve...

Das möchte ich gerne erreichen...

Drive Innovation and creativity - along all kinds of areas to ensure a
healthy economy

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

sustainable anti-aging and bodyforming,
cooking other interesting projects



IVANA
PUTINCANIN

BUSINESS CLUB MEMBER

IVANA PUTINCANIN

-  Owner / Entrepreneur
-  07.03.1964
-  ivanaputincanin@gmail.com
Grafenauweg 9, 6300 Zug, Switzerland
-  +41 79 124 07 00
-  Christoph Jaggi
-  www.linkedin.com/in/ivana-putincanin/
-  If you like to get an instant reply, please send me a text message.

LakeSideDevelopment ag LSD.lu

-  Grafenauweg 9
6300 Zug, Switzerland
-  +41 41 712 00 12
ivana@lsd.lu
www.lakesidedevelopment.ch

Board Positions
Verwaltungsratsmandate
LakeSideDevelopment ag

What I need
Was ich brauche
good vibes

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood & committed members

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Architecture ARTS Sustainability

I'd like to achieve...
Das möchte ich gerne erreichen...
share my experiences

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
my experiences and a lot of good time together



ELISABETE
RAMALHO

BUSINESS CLUB MEMBER

ELISABETE RAMALHO

-  International Business Leader
Non-Executive Board Member
-  17.03.1979
-  ecramalho@gmail.com
Fuederholzstrasse 20, 8704 Herrliberg, Switzerland
-  +41 79 139 37 90
-  Paul Giangiordano
-  Drawing, Jogging, Reading
-  www.linkedin.com/in/elisabete-ramalho-1485004/
-  If you like to get an instant reply, please send me a text message.

Google
Invygo

-  Europaallee 36F
8004 Zurich, Switzerland
-  elisabetec@google.com
www.google.com

Board Positions
Verwaltungsratsmandate
Independent Board Member, Invygo.com
Former Chair Remodecoders.com
Former Co-chair, Advisory Board IE Business School

What I need
Was ich brauche
Meaningful, forward-moving connections

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sparring. Lifting each other

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Digital Transformation, Tech/AI in Business, Corporate Governance,
B2B Marketing, Executive Coaching, Organizational Change and
Transformation

I'd like to achieve...
Das möchte ich gerne erreichen...
Meaning, exchange and FUN!

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
We can move the world for better, one conversation at a time



EDDA
RETTINGER

BUSINESS CLUB MEMBER

EDDA RETTINGER

-  CHRO
-  24.01.1976
-  eddarettinger@gmx.de
Schwarzharrain 1c, 4665 Oftringen, Switzerland
-  +41 79 444 62 53
-  Golfing, Traveling, Hard Rock Concerts, Driving fast cars, Wine & Fine Food
-  www.linkedin.com/in/edda-rettinger-225460b/
-  my prefered communication channel is whats-app :-)

ARX, Grono

-  ARX
c/o Pini Group
Thurgauer Strasse 40
CH - 8050, Switzerland
-  edda.rettinger@arx.ing

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

open minded people with humor and passion

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

strong female network, advice in critical business topics

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Human Resources, Leadership, Executive Search & HeadHunting, Social Media, Employer Branding, StartUps, Digital Business, HR Tech, Mentoring

I'd like to achieve...

Das möchte ich gerne erreichen...

beeing part of a strong female community, create impact and helping others to build their "dream career"

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

there are no stupid questions :-)! Please ask, if you need help, advice or just a friendly word



ANDREA
RIESEN

BUSINESS CLUB MEMBER

ANDREA RIESEN

-  Managing Director / Owner / Entrepreneur
-  05.06.1976
-  andreariesen@hotmail.com
Einsiedlerstrasse 7, 8820 Wädenswil, Switzerland
-  +41 79 749 48 53
-  travelling, explore new cultures
-  www.linkedin.com/in/andrea-riesen
-  If you like to get an instant reply, please send me a text message

Andrea Riesen GmbH

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8820 Wädenswil, Switzerland
-  +41 79 749 48 53
ariesen@andrea-riesen.com
www.andrea-riesen.com

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
supportive club members - it's a give and take

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Inspiration in all aspects

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Any aviation industry related topic from commercial strategy to adoption - key expertise on revenue optimisation.
Start-up mentorship - best practices

I'd like to achieve...
Das möchte ich gerne erreichen...
Contribute as a member to an atmosphere where people feel comfortable to share and and ask for advise. Be open and ask for experiences helping me to grow.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



SUSANNE RITTER

BUSINESS CLUB MEMBER

KIM
Garst

SUSANNE RITTER



Career Transition,
Executive & Leadership Development Coach



26.07.1971



su_ritter@arcor.de
Fritz Schölin Weg 1, 79589 Germany



+49 160 996 804 23
+41 79 337 53 35



Daniel Ritter



Gardening/Cooking/Interior Design/Hosting Guests



www.linkedin.com/in/susanne-oellegaard-ritter/

RPT



Rüchlig Weg 101
4125 Riehen, Switzerland



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s.ritter@ritter-pt.ch

Board Positions

Verwaltungsratsmandate

I am the Board Chair at Her Next Steps. We are an NGO offering Micro Loans, Business Coaching & Educational Scholarships to Motivated Women in Africa who wants to build their own business or take on education that will multiply into their local community.

What I need

Was ich brauche

I / we would love to connect with business women who has an interest in supporting motivated women in Africa as they are growing their business or taking on education, giving them an independent and sustainable life for their families

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

MY best hopes are to meet other business women who live kindness and are supportive of each other. Also, would I love to connect to Business Women who have interest in supporting greater causes in addition to running their business or managing corporate business responsibilities for an exchange of ideas and learnings.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am a Career Transition, Leadership Development & Executive Coach and very happy to support women in leadership as well as executives through coaching

I'd like to achieve...

Das möchte ich gerne erreichen...

I believe in creating opportunities for women around the world - making a difference one relationship at the time!

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

"The Heart of Leadership is Connection, and Connection is about Empathy, Curiosity and Emotional Courage"
- this quote by Brené Brown speaks to my core beliefs.

LAURENCE ROCHAT

BUSINESS CLUB MEMBER



LAURENCE ROCHAT

-  Olympic Medallist / Athlete /
Luxury Brand Ambassador / Speaker /
Entrepreneur / Consulting
-  01.08.1979
-  laurencerochat@bluewin.ch
Route de la Croix 70, 1095 Lutry, Switzerland
-  +41 79 342 54 77
-  Marc Girardelli
-  Sport in nature (cycling, hiking, skiing),
Reading, friends, dancing,
Family, meditation, travelling, working
-  www.linkedin.com/in/laurence-rochat-b4911311/

Audemars Piguet Suisse SA & Laurence Rochat Concept sarl

-  Route de France 16
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-  +41 79 727 44 66
laurence.rochat@audemarspiguet.com
<https://gearup.swiss/>
www.audemarspiguet.com/com/fr/home.html

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood & networking
Learning from other fields

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Speaking & communication skills, Sales & Customer experiences,
Events, Hospitality, Coaching / mentoring, Motivation

I'd like to achieve...
Das möchte ich gerne erreichen...
Learn & share experiences and expertise. Make friends with new
people and their worlds.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-

BIANCA RÖMER-DIENES

BUSINESS CLUB MEMBER

BIANCA RÖMER-DIENES



Owner /CEO / Entrepreneur



07.06.1967



bianca.roemer@icloud.com
Ensingerstrasse 11, 3006 Bern, Switzerland



+41 79 455 70 47



Dr. Thomas Dienes



painting / photography / the fine arts /travel



www.linkedin.com/in/bianca-römer/

MIO by Bianca Römer-Scholl GmbH



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3006 Bern, Switzerland



Carrer d'es Vall 17
07620 Spain



www.mio-by-bianca.com
www.bianca-roemer-dienes.com
bianca.roemer@icloud.com

Board Positions

Verwaltungsratsmandate

group de reflexion Zähringer Privatbank Bern

What I need

Was ich brauche

lived & vibrant community

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

sisterhood & commitment

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I create worlds - everything to do with (sales)experience events /
photography & art / sales management / sales trainings

I'd like to achieve...

Das möchte ich gerne erreichen...

exciting encounters & mutual support & fun together

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

knowledge & experience / my personal & business relationships

ARLETTE RÜEGG

BUSINESS CLUB MEMBER

ARLETTE RÜEGG



Owner / Entrepreneur



02.10.1968



arlettekiefer@gmail.com
Russenweg 23, 8008 Zurich, Switzerland



+41 79 377 30 23



Kaspar Rüegg



My dog/creative working



www.linkedin.com/in/arlette-ruegg-960562234

sueños

Arlette & Kaspar Rüegg



Glockengasse 2
8001 Zurich, Switzerland



+41 43 497 31 20
welcome@suenos.ch
www.suenos.ch

Board Positions

Verwaltungsratsmandate

Owner sueños Juwelen & Schmuck

What I need

Was ich brauche

Creative exchange / open minded business inspiration / networking

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

great moments / interesting conversations / different perspectives
outside the box / inspiration

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

over 30 years experience in jewellery / design / making / selling

I'd like to achieve...

Das möchte ich gerne erreichen...

continue to build my business

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

www. sueños.ch

Jewellery dreams specially for you/ having a good time with a great
sisterhood



DANA
RULF

BUSINESS CLUB MEMBER

DANA RULF

-  Owner, Entrepreneur, Chief Visuals Officer
-  14.04.1978
-  dana@speakture.ch
Zollikerstrasse 215, 8008 Zurich, Switzerland
-  +41 79 136 88 66
-  Jürg Schlienger
-  organise private murder mystery dinners;
reading, playing games
-  www.linkedin.com/in/danarulf

speakture GmbH

-  Zollikerstrasse 215
8008 Zurich, Switzerland
-  info@speakture.ch
www.speakture.ch

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
views different to mine to get me out of my bubbles

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
inspiration, laughter, support, friendly challenges

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
visual communication, visualising, graphic recording, strategic
visuals, getting content on 1 page without blahblah, founding for
solopreneurs

I'd like to achieve...
Das möchte ich gerne erreichen...
more visuals being used in business context; visuals as
communication and not art; establishing visual practioning as
profession in Switzerland; partiicipating in a world championship (no
matter in which discipline)

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-

DR. SINJA RÜBERG WIEDERSEINER

ASSOCIATED MEMBER

DR. SINJA RÜBERG WIEDERSEINER



CEO



04.01.1975



sinja@rueberg.ch
Zelgliweg 5, 8311 Brütten, Switzerland



+41 79 832 65 18



Patrick Wiederseiner



Hiking, Skiing, Talking, Listening, having Fun...
and my Company :-)



www.linkedin.com/in/sinjarueberg

Levista GmbH



Zelgliweg 5
8311 Brütten, Switzerland



+41 44 509 41 15
sinja.rueberg@levista.ch
www.levista.ch

Board Positions

Verwaltungsratsmandate

From my own company / Open for other Mandates (Expertise in
Legal & Insurance as Attorney-at-Law / Dr. iur and for
developing High Performance People/Teams)

What I need

Was ich brauche

At the moment the most: Holiday ;-) and at one time a horse as I
would like to start again riding

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Great Discussions far from Small Talk

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

If you find out my talents, I'm happy to help you with them ;-).
I can help you and your team in case of Stress, Conflicts, Crisis,
Communication.
See the Voice of my Customers www.levista.ch/feedbacks/

I'd like to achieve...

Das möchte ich gerne erreichen...

To have a happy life and be able to say at the end: it was worse of it

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Good Times!

BARBARA RYTER

BUSINESS CLUB MEMBER



BARBARA RYTER

-  CEO
-  14.03.1972
-  barbara.ryter@concept.ch
Imbisbühlstrasse 4, 8049 Zurich, Switzerland
-  +41 79 233 58 07
-  Sports, Nature

Contcept Communication

-  Hardturmstrasse 76
8005 Zurich, Switzerland
-  +41 43 501 33 00
contact@concept.ch

Board Positions
Verwaltungsratsmandate

-

What I need
Was ich brauche

-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Spannende Persönlichkeiten kennenlernen, Austausch auf Augenhöhe, Networking

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Communication, Network, PR, Influencer Marketing, Digital Marketing

I'd like to achieve...
Das möchte ich gerne erreichen...
-

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



PROF. DR. GUDRUN
SANDER

BUSINESS CLUB MEMBER

PROF. DR. GUDRUN SANDER

-  Professor of Business Administration
Director Institute for International Management and Diversity Management IIDM – HSG
Director Competence Centre for Diversity and Inclusion
-  18.04.1964
-  gudrun.sander@unisg.ch
Girtannerstrasse 4, 9010 St. Gallen, Switzerland
-  +41 79 247 70 56
-  Stefan Sander
-  Traveling
-  www.linkedin.com/in/gudrun-sander

University of St. Gallen, IIDM – HSG
Competence Centre for Diversity
and Inclusion CCDI

-  Dufourstrasse 40a
9010 St. Gallen, Switzerland
-  gudrun.sander@unisg.ch
www.ccdi.unisg.ch

ASSISTANT

Kalliopi Chante
Kalliopi.Chante@unisg.ch

Board Positions
Verwaltungsratsmandate
PRME Principles for Responsible Management Education,
Working Group on Gender Equality
Mitglied der Women's Empowerment Principles Leadership Group
(WEPs LG)
Vorstand Stiftung zur Erforschung der Frauenarbeit

What I need
Was ich brauche
Support to scale up the CCDI

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Mutual support, exchange of ideas, implementation of joint innovative
projects, fun

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Workshops, speeches, strategy development, development of
innovative new concepts, train female high potentials, analyses of
data, see patterns and think out of the box

I'd like to achieve...
Das möchte ich gerne erreichen...
to position the CCDI as THE competence centre for diversity and
inclusion and scale it up to several 100 employees

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
How to empower women
How to make the world more inclusive



SILJA
SCHILLING

BUSINESS CLUB MEMBER

SILJA SCHILLING



Managing Director



02.12.1993



silja.schilling@gmail.com
Busskirchstrasse 172
8645 Rapperswil-Jona, Switzerland



+41 76 260 18 36



Stefan Brunner



cooking, traveling, yoga & pilates, knitting

ad agents AG



Kreuzstrasse 26
8008 Zürich, Switzerland



+41 76 260 18 36
silja.schilling@ad-agents.com

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Tolle und diverse Frauen in meinem Leben, Austausch auf Augenhöhe zu den verschiedenen Herausforderung in Leben, Führung und (Familien-) Unternehmertum, von anderen lernen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Mein Herz schlägt für:
All things Marketing: Online & Performance Marketing,
Digitales Marketing, Marketing Strategie
Und... Gen-Y-Leadership, Life-Life-Balance

I'd like to achieve...
Das möchte ich gerne erreichen...
Junge Frauen in Unternehmertum und Führung verbinden,
gegenseitiges Empowerment und Inspiration, mehr miteinander
weniger gegeneinander

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Marketing is no rocket science aber so einfach ist es eben doch nicht
;-)

TRIABADI SCHMIDT

ASSOCIATED MEMBER

TRIABADI SCHMIDT



Founder



15.07.1971



Triabadi@gmx.de
Eisengasse 2, 8008 Zurich, Switzerland



+41 79 797 77 88



Klaus Maier



Piano & Dance



www.linkedin.com/in/triabadi-d-schmidt-62417189

Brand Intention GmbH



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8008 Zurich, Switzerland



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triabadi.schmidt@brandintention.ch
www.brandintention.ch

Board Positions

Verwaltungsratsmandate

VR bei port-neo Zürich AG

What I need

Was ich brauche

Increase my Network

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I appreciate the exchange with other women leaders, would like to expand my network, gather new impulses and have fun together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an idea generator, sparring partner and have a deep sense and good feeling for structure and processes. Together with my clients I bring their vision into action and thus create the necessary changes.

I'd like to achieve...

Das möchte ich gerne erreichen...

unconditional sisterhood

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

YVONNE SCHNEIDER

BUSINESS CLUB MEMBER

YVONNE SCHNEIDER



Founder



28.08.1974



schneideryv@gmail.com
Austrasse 19, 5415 Rieden, Switzerland



+41 79 345 80 56



Oliver Baur



Practicing and Teaching Yoga, Sound Meditation/
Journey, Traveling, Good Books



www.linkedin.com/in/yvonne-schneider-79319489/

hierYOGA



Dynamostrasse 17
5400 Baden, Switzerland



+41 56 508 14 18
yoga@hieryoga.ch
www.hieryoga.ch

Board Positions

Verwaltungsratsmandate

None

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Connecting with amazing women and creating something exciting
together

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Corporate:

Start-up Development, Reorganisation/Integration,
Building HR Structures and Processes, HR Managment

Yoga(-Teacher):

Yoga-Retreats, Private/Group Sessions, Hormone Yoga,
Sound Meditation/Healing, Yin/Yang/Aerial Yoga

I'd like to achieve...

Das möchte ich gerne erreichen...

For me, a healthy and harmonious balance between giving and
taking is essential for personal growth and happiness, both in private
life and in business.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-

IRIS SIDLER

BUSINESS CLUB MEMBER



IRIS SIDLER



Lawyer



27.07.1976



drive@irissidler.ch
Sägestrasse 55, 5600 Lenzburg, Switzerland



+41 79 586 54 16



Painting and being creative, enjoying nature, learning,
exploring with friends and family



www.linkedin.com/in/iris-sidler-11a00058

PRINS Intellectual Property AG Patent-, Marken- und Rechtsanwälte



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www.prins.swiss

NOTES

Furthermore, I am a certified Hypnotist and
Havening Therapist
www.havening.org/directory/grid/view/
details/14/1483-Iris-Sidler

Board Positions Verwaltungsratsmandate

none at present

What I need Was ich brauche

Open-mindedness, empathy, empowerment, reliability, discretion,
honesty, creativity, knowledge - that is also what I can give back

What I would like to get out of LLL Club Was ich mir vom Club erwarte

Real connections and support, business opportunities and deals,
inspiration

My skills (in these fields I can offer help) Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Legal advice regarding trademarks, copyrights, designs, patents,
innovation, IT, media, unfair competition or commercial law and
contracts

I'd like to achieve... Das möchte ich gerne erreichen...

That all start-ups will build their business on a solid legal foundation

This I want to share with my LLL sisters Das möchte ich unbedingt mit dem Club teilen

Do not hesitate to call me, preferably on my mobile phone!

ZEHRA SIRIN

ASSOCIATED MEMBER

ZEHRA SIRIN

-  Founder/Managing Director
-  03.03.1974
-  zehra.sirin@bluewin.ch
-  +41 79 424 51 51
-  Carlo Santurbano
-  Natur, Jogging, Yoga/Mediation
-  www.linkedin.com/in/zehra-sirin-6a9b31100

Size Consens AG New Work Solutions

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www.zeya.ch

ASSISTANT
Fitore Sinani

Board Positions

Verwaltungsratsmandate

Zertifizierte Verwaltungsrätin, spezialisiert auf strategische Begleitung und Umsetzung von Transformationsprozessen

What I need

Was ich brauche

Unterstützung bei der Wiedererkennung/Visibilität der Marke Size Consens AG - New Work Solutions

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Stärkung der Business-Sisterhood im menschlichen und wirtschaftlichen Sinn (Business/Co-Creation durch Solidarität/ Inspiration/Austausch/Kollektives Lernen)

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Branchenübergreifende Beratung, Coaching und Schulung zu agiler Unternehmenskultur, selbstorganisierten Teams, Management 3.0, Prozessmanagement, neuen Zusammenarbeitsformen und Diversität.

I'd like to achieve...

Das möchte ich gerne erreichen...

Beruflich: Vom Geheimtipp zum etablierten Namen für organisatorische Veränderungen und New Work in der Schweiz werden.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Unsere Lehrgänge, Praxislehrgang Agile Coach www.agile-coaches.ch
Mein Erfolgsbuch - Die 5 Sterne Strategie - Beschwerdemanagement in Zeiten von Onlinebewertungen www.size-consens.ch/unser-buch/



TRACY STUART KAUTZMANN

BUSINESS CLUB MEMBER

TRACY STUART KAUTZMANN



Co-Founder of Her Next Steps
Managing Director, Reboost Online



10.09.1970



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68220 Hegenheim, France



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+33 389 67 00 34



Jean-Christophe Kautzmann



Triathlete, Crossfitter, Co-Founded NGO Her Next Steps,
cooking, writer

Her Next Steps



+41 79 820 79 60
tracylee@hernextsteps.com

Board Positions

Verwaltungsratsmandate

Co-Founder of NGO Her Next Steps

What I need

Was ich brauche

I am passionate about seeing women grow in their development, their growth and business

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

I would like to network with women in leadership positions who are interested in IMPACT Group's Leadership Development Coaching Solutions

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Change, Transition, Career Development, Women In Leadership Coach and Facilitator

I'd like to achieve...

Das möchte ich gerne erreichen...

Continue to grow Her Next Steps in my personal life, and continue to grow new client company partnerships in Switzerland for my professional life

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Tracy Stuart Kautzmann helps people who are stuck get unstuck! Facilitates, Empowers and Guides individuals and companies who wish to grow their careers or going through transition

SMITA SUCHDE GRUETTER

ASSOCIATED MEMBER

SMITA SUCHDE GRUETTER



Founder



03.12.1959



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Music, nature walks, films and reading



www.linkedin.com/in/suchdegruetter
www.linkedin.com/company/hemlata100

HEMLATA



Alte Landstrasse 78
8803 Rüschlikon, Switzerland



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smitasg@hemlata.org
www.hemlata.org

NOTES

HEMLATA's H100 initiative is building an empowered workforce of female leaders, thus shaping the future for young women to lead lives filled with dignity and purpose.

Board Positions

[Verwaltungsratsmandate](#)

HEMLATA

What I need

[Was ich brauche](#)

Amabssadors and Cross-Marketing support to hep us raise funds for our H100 Scholars

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

Interesting communication and learning from the amazign women around me

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Creative thinking, strategic marketing, unique presentations, story-telling, public speaking

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

To have 100 girls from Indias' lowest socio-economic strata act become financially independent to break their cycle of inter-generational poverty by 2025

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

www.hemlata.ch/H100/

www.linkedin.com/in/suchdegruetter/

www.linkedin.com/company/hemlata100/

Instagram: [hemlata.100](#)

Watch our video: www.vimeo.com/hemlata

YASEMIN TAHRIS

BUSINESS CLUB MEMBER

YASEMIN TAHRIS

-  Founder/ CEO
-  25.10.1987
-  yasemin.tahris@flowit.ch
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-  +41 76 435 44 84
-  Bilal Tahris
-  Yoga; Horses; Family
-  www.linkedin.com/in/dr-yasemin-tahris/

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-  +41 43 508 00 74
info@flowit.ch
www.flowit.ch
www.kalaidos-fh.ch/de-CH/Forschung/
Fachbereich-Wirtschaft/Team

ASSISTANT

Ilayda Demokan
076 324 45 30
ilayda.demokan@flowit.ch

Board Positions
Verwaltungsratsmandate
none at present

What I need
Was ich brauche
Interessante Kontakte und einen inspirierenden Austausch

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Gegenseitige Unterstützung; spannender, inspirierender Austausch;
Learnings teilen

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Applied Science; Psychology; Human Resource Management; New
Work; People Analytics; Human Centred AI; Leadership through people
analytics and trust

I'd like to achieve...
Das möchte ich gerne erreichen...
In mein persönliches Netzwerk investieren; Spannende Frauen kennen
lernen; Inspirierende Gespräche führen die mich beruflich aber auch
privat bereichern

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
-



MYLÈNE
THIÉBAUD

BUSINESS CLUB MEMBER

MYLÈNE THIÉBAUD



CEO SWISS Board Forum
Inhaberin Transformy GmbH



22.09.1977



mythiebaud@gmail.com
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Hansjürg von Niederhäusern



Englische Rosen, Kochen und
Spielen mit meiner Kinder



www.linkedin.com/in/MyleneThiebaud

SWISS Board Forum

Transformy GmbH



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3110 Münsingen, Schweiz



my@transformy.ch
+41 78 885 03 85
www.transformy.ch

Board Positions

Verwaltungsratsmandate

Bin offen für VR-Mandate

What I need

Was ich brauche

Sichtbarkeit, Partnerschaften und neue engagierte Mitglieder für das SwissBoardForum (SBF). PR-Möglichkeiten um die Mission und Aktivitäten des SBF in der Öffentlichkeit zu präsentieren/diskutieren. Dazu bin ich immer offen für spannende Projekte welche Win-Win-Situationen generieren und sinnstiftend sind.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Im Ladies Drive Club suche ich vor allem nach einem inspirierenden Netzwerk von gleichgesinnten Frauen, die die gleiche Leidenschaft für beruflichen Erfolg und persönliche Entwicklung teilen. Ich strebe nach einer Gemeinschaft, die nicht nur Wissen teilt, sondern auch dazu beiträgt, gegenseitiges Wachstum und Erfolg zu fördern.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Entwicklung von Synergien rund um die Mission vom www.swissboardforum.ch, der schwergewichtig auf Schweizer KMU- und Familienunternehmen fokussierten VR- und Corporate Governance Plattform für echten Praxisaustausch. Netzwerk. Keynote. Spirituelle Retreat für persönliche Standortbestimmung und Wachstum. Begleitung von Strategieprozesse. Coaching von C-Level Führungskräfte.

I'd like to achieve...

Das möchte ich gerne erreichen...

Die Professionalität der Verwaltungsrat- und Stiftungsratsaktivitäten mit unserem Austausch-Netzwerk stets erhöhen. Der Gap zwischen Generationen helfen zu reduzieren und konstruktive Lösungen für die Schweiz erarbeiten. Gelassen und gesund im Alltag tragfähige Beziehungen pflegen.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Das Leben ist zu kurz, um oberflächliche Beziehungen zu pflegen. Ich suche immer nach dem, was jemanden wirklich bewegt, mit einem offenen Ohr für authentische Menschen.



SASKIA
TOENNESMANN

BUSINESS CLUB MEMBER

SASKIA TOENNESMANN

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-  08.12.1988
-  saskia.toe@gmail.com
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-  +41 76 680 41 13
-  www.linkedin.com/in/saskia-toennesmann-74994330/

Google Switzerland GmbH

-  Gustav-Gull-Platz 1
8004 Zurich, Switzerland

Board Positions
Verwaltungsratsmandate
Not presently

What I need
Was ich brauche
-

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

Building meaningful connections, network with women to learn for each other, share experiences in the professional and private life for personal growth and reflection.

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

10+ Years experience in (Digital) Media + Marketing, Brand Building and Go to Market Strategies, Performance Marketing, Swiss Retail Experience

I'd like to achieve...
Das möchte ich gerne erreichen...

Becoming part of the LLL family by building trusted relationships, giving back to the club what the club gives me in terms of connection and growth

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

I've had the priveledge of living in 5 different countries since I've been 11 years old and growing up in an international enviroment. My father was moved to Istanbul, Turkey, when I was a child and it opened my eyes to the world, different places/ambiences, people/characters/ backgrounds and I am very much enjoying meeting new people who share something about their life, background, their loves + their struggles, so I cannot wait to meet all the LLL ladies!

JACQUELINE TOTZKE CHRISTOFFEL

BUSINESS CLUB MEMBER

JACQUELINE TOTZKE CHRISTOFFEL



Founder & CEO



16.10.1965



j.totzke@entwicklungsart.swiss
Weierbachweg 6, 5722 Gränichen, Schweiz



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Reto Christoffel-Totzke



Kochen und Backen, Krimis lesen, Reisen und neue Orte entdecken, feines Essen und guten Wein geniessen, einfach mal nichts tun



www.linkedin.com/in/jacqueline-totzke-christoffel-38707537

EntwicklungsART GmbH



j.totzke@entwicklungsart.swiss
www.entwicklungsart.swiss

Board Positions

Verwaltungsratsmandate

none at present

What I need

Was ich brauche

kreative Gespräche und manchmal auch ein bisschen fantasieren

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

vielfältigen Austausch mit spannenden Ladies; Tipps und Tricks; tragendes Netzwerk

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Kultur-, Werte-, Organisations- und Personalentwicklung, Human Resources Management, Coaching, "Generationen"-Themen

I'd like to achieve...

Das möchte ich gerne erreichen...

Ein erfülltes Leben führen, irgendwann noch einmal etwas Neues / "Verrücktes" beginnen und auf alle Stationen gerne zurück blicken

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



PRIANTHY TSCHOPP

BUSINESS CLUB MEMBER

PRIANTHY TSCHOPP

-  Owner / Publisher / Entrepreneur
-  16.03.1975
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-  +41 79 159 75 88
-  Felix Tschopp
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Prianthy Tschopp

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contact@prianthyttschopp.com
www.prianthyttschopp.com

Board Positions Verwaltungsratsmandate

Tschopp Group AG / Deep Impulse AG / Grischafin AG

What I need Was ich brauche

Eine Plattform für inspirierenden Austausch, wertvolle Gespräche auf Augenhöhe und Unterstützung bei der Umsetzung von Projekten, die zur Weiterentwicklung von Menschen und Unternehmen beitragen. Zusätzlich schätze ich die Möglichkeit, mein Netzwerk weiter auszubauen, insbesondere im ganzheitlichen Gesundheitswesen.

What I would like to get out of LLL Club Was ich mir vom Club erwarte

Die Bereitschaft, einander zu unterstützen und gemeinsam eine nachhaltige und sinnvolle Zukunft zu gestalten. Ich wünsche mir Offenheit für eine ganzheitliche Sichtweise, um den Menschen in den Mittelpunkt zu stellen, wirtschaftliche Effizienz mit Sinnhaftigkeit zu verbinden und eine Balance zwischen persönlicher Erfüllung und unternehmerischem Erfolg zu schaffen.

My skills (in these fields I can offer help) Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategisches Denken, Fähigkeit, Spiritualität in wirtschaftlichen Kontext zu integrieren, visionäre Unternehmensentwicklung, Empathie gepaart mit Führungskompetenz, ganzheitliche Beratung im Gesundheitswesen, Netzwerkerin mit Zugang zu Investoren und Experten (insbesondere im Bereich des ganzheitlichen Gesundheitswesens)

I'd like to achieve... Das möchte ich gerne erreichen...

Mit meiner Erfahrung als Verwaltungsrätin und spirituelle Lehrerin möchte ich Unternehmen dabei unterstützen, eine Balance zwischen wirtschaftlicher Effizienz und menschlichem Wachstum zu erreichen. Mein Ziel ist es, Unternehmen so zu stärken, dass Spitzenleistung im Einklang mit der mentalen und emotionalen Gesundheit der Mitarbeitenden steht. Dabei nutze ich mein Netzwerk, um Investoren und Unternehmen gezielt miteinander zu verbinden.

This I want to share with my LLL sisters Das möchte ich unbedingt mit dem Club teilen

Der Weg zu echter Veränderung beginnt mit einer bewussten Entscheidung. Spiritualität und Spitzenleistung schliessen sich nicht aus – sie ergänzen sich. Gemeinsam können wir Brücken bauen, die uns nicht nur wirtschaftlich erfolgreich, sondern auch ganzheitlich stark machen.

MORGAN VAN OVERBROEK

BUSINESS CLUB MEMBER

MORGAN VAN OVERBROEK



President / Entrepreneur



27.02.1975



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Sébastien Le Page



polo, worldwide horseriding adventures, hiking,
nature, watercolor, sailing



www.linkedin.com/in/morgan-van-overbroek-7830426a/



Quick answer ? WhatsApp me

Swiss Polo Association Polo Park & Country Club Zürich In Vino GmbH



Rietstrasse 12
8472 Seuzach, Switzerland



www.spa-swisspolo.ch
www.polopark.ch
www.in-vino.ch

ASSISTANT

Sylvia Wyrsh
sylvia@polopark.ch

Board Positions

Verwaltungsratsmandate

President Swiss Polo Association

What I need

Was ich brauche

Make polo more popular, find partnerships, forge solid relationship with inspiring women.

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Standing together through challenges and triumphs, offering support when it's needed and celebrating every success. Always open to collaborations.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Media, Marketing, Partnership, Community management, Adventurist

I'd like to achieve...

Das möchte ich gerne erreichen...

I want to nurture my inner peace and find happiness in everything around me. I am determined to embrace change and empower myself with every experience. LLL is the perfect nest for this.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

"You're better than you think you are."
Sunny Hale (best ever woman polo player).

MARA VERGANI

BUSINESS CLUB MEMBER



MARA VERGANI



Entrepreneur
Philanthropist
Event holder & Host
Enthusiast for cultivating of smart tools for various life situations



maravergani@gmail.ch



LinkedIn:
Mara Vergani
Instagram:
@mara_vergani
@lightupjournal

Maraconcept.GmbH



mara@maraconcept.ch

Board Positions

Verwaltungsratsmandate

-

What I need

Was ich brauche

Events /Workshops in company's with Light Up Tool!

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

-

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Cultivating positiv Behaviour at workplace and in private life.
Strong negotiations skills (intensive onlinecourse at Harvard)

I'd like to achieve...

Das möchte ich gerne erreichen...

-

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



BARBARA
VETTOREL

ASSOCIATED MEMBER

BARBARA VETTOREL

-  HR Director EMEA
-  25.07.1972
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-  +41 79 429 49 50
-  abstract painting, writing, running
-  www.linkedin.com/in/barbaravettorel/

3A Composites Core Materials

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5643 Sins, Switzerland
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www.3acomposites.com

NOTES:
www.barbaravettorel.com

Board Positions
Verwaltungsratsmandate
none

What I need
Was ich brauche
A safe space, a community of benevolent, non-judgemental women who dare to be vulnerable and strong, and who equally enjoy giving and receiving

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Ich schätze den Austausch, das Netzwerk und die Kraft der Sisterhood

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
HR Expertise, Transformation und Leadership

I'd like to achieve...
Das möchte ich gerne erreichen...
serve as many people as possible so when I leave this plane I have made a change for the better

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Thrilled to be here :-)



SABINE
VINCENTI

BUSINESS CLUB MEMBER

SABINE VINCENTI



Group CFO



22.06.1971



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Sandro



Skifahren, Wandern, Musik

Embassy Jewel AG



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Board Positions

Verwaltungsratsmandate

None at the moment

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Sisterhood and Expansion of my network

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Strategic Planning, Change Management, Finance and
Controlling, Financing

I'd like to achieve...

Das möchte ich gerne erreichen...

To be a valuable member of the LLL

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Himalayas Childrend foundation
www.himalayas-children.ch



TANJA
VOLM

BUSINESS CLUB MEMBER

TANJA VOLM

-  Entrepreneur
-  03.03.1968
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-  Rainer
-  Running, Travelling, Piano and Arts
-  www.linkedin.com/in/tanja-volm/

EVO Consult Swiss GmbH
and Doc-Cert AG

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ASSISTANT
Ursina Wetter
u.wetter@evo-consult.ch

NOTES
prefer mails

Board Positions
Verwaltungsratsmandate
none (except my own companies)

What I need
Was ich brauche
opinions of other women

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
interested in other women and their ideas and thoughts

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
all about medicine, all about running, projects and strategies

I'd like to achieve...
Das möchte ich gerne erreichen...
to be a happy and healthy person

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
would like to share ideas how to be a happy and healthy person

JAMIE VRIJHOF-DROESE

ASSOCIATED MEMBER

JAMIE VRIJHOF-DROESE



Unternehmerin



28.06.1994



Running, Reading, Hiking, Travelling



www.linkedin.com/in/jamievrijhofdroese/

WHVP AG



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NOTES

www.jamievrijhofdroese.com

Board Positions

Verwaltungsratsmandate

Raiffeisenbank an der Limmat
Swiss Association of Wealth Managers

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Cross-industry networking with dynamic and ambitious businesswomen.

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Entrepreneurship, Communication, Strategy, Finance, Wealth Management, and Business Development.

I'd like to achieve...

Das möchte ich gerne erreichen...

I aim to continue building a happy and balanced life filled with adventure, learning, growth, and inspiring connections with interesting people.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

A passion for entrepreneurship, mutual encouragement, and honest feedback.



JEANNINE
VYTHOULKAS-ARNOLD

BUSINESS CLUB MEMBER

JEANNINE VYTHOULKAS-ARNOLD

-  CEO
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foryouandyourcustomers Baar AG

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foryouandyourcustomers.com/cells/baar/
- ASSISTANT**
Anna Marienberg
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Board Positions

Verwaltungsratsmandate

none at the present

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Business Talk to like minded sisters

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Lead the way to digitisation, Female Leadership, Female Leadership in IT, Master Data Management

I'd like to achieve...

Das möchte ich gerne erreichen...

I would like to get an exchange with business sisters, with inspiring talks and supporting atmosphere.

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Our ExplodedView: An other view how to look at a company:
<https://foryouandyourcustomers.com/de/beitraege/fachartikel/die-exploded-view-in-drei-branchen/>
<https://foryouandyourcustomers.com/posts/expert-article/the-exploded-view-in-three-sectors/>



BETTINA
WARNECKE

ASSOCIATED MEMBER

BETTINA WARNECKE

-  Geschäftsleitung / Co-Owner
-  25.07.1975
-  bettina.warnecke@gmx.de
Schinderlohe 20a
86482 Aystetten, Germany
-  +49 152 229 31 958
-  Hiking, travelling, exploring new places & cuisines
-  www.linkedin.com/in/bettina-warnecke-9703a123

Mamalicious World GmbH

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5616 Meisterschwanden, Switzerland
-  bettina@mamalicious.ch
www.mamalicious.ch
www.warnecke.works
www.integpartner.com

Board Positions
[Verwaltungsratsmandate](#)
none at present

What I need
[Was ich brauche](#)

Looking for collaboration & advertising partners for the Mamalicious community / new coachees as a systemic business coach / mandates in the area of strategy implementation work and organisational development

What I would like to get out of LLL Club
[Was ich mir vom Club erwarte](#)
Mutual benefit & support

My skills (in these fields I can offer help)
[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)
Systemic business coaching / strategy implementation & organisational development / Media collaborations

I'd like to achieve...
[Das möchte ich gerne erreichen...](#)
Build my businesses

This I want to share with my LLL sisters
[Das möchte ich unbedingt mit dem Club teilen](#)
If you like to target mums with your products/services, please get in touch with me!



VALERIE
WEDEKIND

ASSOCIATED MEMBER

VALERIE WEDEKIND

-  unicorn
-  11.10.1976
-  wedekind@gmx.ch
Rebbergstrasse 40, 5408 Ennetbaden, Schweiz
-  +41 76 342 11 10
-  Lars Wedekind
-  Familie, Yoga, Laufen, Reisen und Lesen
-  www.linkedin.com/in/valerie-wedekind-9a283448
-  Gerne kommuniziere ich via WhatsApp!

self-employed

Board Positions
Verwaltungsratsmandate
open

What I need
Was ich brauche
inspiration

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Sisterhood, exchange, support

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Excellent listener and sparring partner

I'd like to achieve...
Das möchte ich gerne erreichen...
Happiness in self-employment

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
Happiness, peace and joy

STEPHANIE WEISENBERGER

BUSINESS CLUB MEMBER



STEPHANIE WEISENBERGER



Global Head HR Corporate Solution/ Swiss Re



29.04.1968



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Stockenstrasse 10, 8802 Kilchberg, Switzerland



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Marc Strolz



my list of interest is long - skiing, swimming, cooking, travelling, supporting 2 school projects, creating connections



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Swiss Re



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stephanie_weisenberger@swissre.com
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Board Positions

Verwaltungsratsmandate

FluxBid Co

What I need

Was ich brauche

A non-judgemental network with inspiration, open minds and hearts and a good laugh

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

Grow my network, exchange on multiple topics from business to personal (not mutually exclusive), learn about things I have not heard so far, enjoy the LLL events in a relaxed atmosphere

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Board exchange, coaching, experience in different industry on corporate level, building up small scale business, how to celebrate success & misses

I'd like to achieve...

Das möchte ich gerne erreichen...

Create meaningful relationships

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

Ask me anything

JANINE WEIZ-BÜHLER

ASSOCIATED MEMBER



JANINE WEIZ-BÜHLER

-  Navigator/ CEO
-  17.12.1978
-  j@nnewb.ch
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-  +41 79 549 17 99
-  Jonathan Bühler
-  Family & Friends, Interior Design & Gardening,
Travelling & Exploring New Places, Yoga
-  ch.linkedin.com/in/janine-weiz-b%C3%BChler-a3550255

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Board Positions
Verwaltungsratsmandate
Open for Mandates

What I need
Was ich brauche
Networking with other industries, exchange and meet with
interesting women, share experiences

What I would like to get out of LLL Club
Was ich mir vom Club erwarte
Fresh Input & Inspiration,
Networking & Collaboration,
New Business Ideas,
Business Insights from other Brands/ Companies,
Fantastic Sisterhood

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)
Passionate Marketeer & C-Level Creative; particularly skilled in
Product Management, Collection Design, Sustainability & ESG,
Cradle-to-Cradle Circular Design, 3D-Product Development, all fields
of Marketing & Communication, CRM& Loyalty, Retail Design,
Change Management, New Work Leadership

I'd like to achieve...
Das möchte ich gerne erreichen...
Intensify working with a highly engaged and passionate female
network to get new input and to also empower younger female
talents.

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen
All my experience of more than 20 years with beeing a creative
leader in medical products & textiles & fashion.



ALINE
WEY SPEIRS

BUSINESS CLUB MEMBER

ALINE WEY SPEIRS



Partner / Attorney / Mediator



16.03.1978



+41 76 344 02 88



Jivamukti Yoga, Gardening, Travel



www.linkedin.com/in/aline-vey-speirs/

Charles Russell Speechlys



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Board Positions
Verwaltungsratsmandate

- ERNI Group Holding AG, Member of the Board, Head of Nomination and Compensation Committee
- Zugerberg Finanz AG, Member of the Board

What I need
Was ich brauche

genuine connections to business sisters

What I would like to get out of LLL Club
Was ich mir vom Club erwarte

new ideas and inputs on how to lead my team and further our joint careers in this challenging market

My skills (in these fields I can offer help)
Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

I am an attorney and problem solver. My skill is in advising people in conflict situations, to discern a strategy, find the right legal remedies or to negotiate a solution. I also act as a mediator and advise at the intersection of personal, family, and business matters.

I'd like to achieve...
Das möchte ich gerne erreichen...

I want to solve and remedy conflict situations and to empower women to safeguard their rights be it in their role as board member, director, employee, daughter, sister, wife or mother

This I want to share with my LLL sisters
Das möchte ich unbedingt mit dem Club teilen

In order to make smart choices you sometimes need to reach out to others. Please don't hesitate to contact me.



STELLA WOLFGRUBER

BUSINESS CLUB MEMBER

STELLA WOLFGRUBER



Partner



10.10.1989



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Mountains & Horses



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Avalor Investment AG



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Board Positions

[Verwaltungsratsmandate](#)

Swiss-American Society

What I need

[Was ich brauche](#)

Expanding my network and possible connections to new clients who either wish to touch the topic wealth management for the first time or looking for a second opinion

What I would like to get out of LLL Club

[Was ich mir vom Club erwarte](#)

Meet strong and authentic women, inspiring conversations with independent and leading ladies

My skills (in these fields I can offer help)

[Meine Talente \(in diesem Fachbereich kann ich Unterstützung anbieten\)](#)

Female touch to a financial portfolio and tailor-made wealth management services. Precise, passionate and holistic approach.

I'd like to achieve...

[Das möchte ich gerne erreichen...](#)

Support and encourage more women to touch the topic wealth management and investments and to take care of their financial situation

This I want to share with my LLL sisters

[Das möchte ich unbedingt mit dem Club teilen](#)

Every mountain can be climbed and every horse can be ridden

NADINE ZOLLINGER

BUSINESS CLUB MEMBER



NADINE ZOLLINGER



Partner



29.12.1976



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nadine.zollinger@stiftung-baselmedia.ch
Hungerbachweg 35, 4125 Riehen, Switzerland



+41 76 344 63 34



Daniel Zollinger



Piano, Reading, Sports, I love to travel



www.linkedin.com/in/nadine-zollinger-pittori-7675b610a

Eversheds Sutherland AG



Stadelhoferstrasse 22
8001 Zürich, Switzerland

Board Positions

Verwaltungsratsmandate

Präsidentin der Stiftung Telebasel
Vorstandsmitglied Suissessdigital

What I need

Was ich brauche

-

What I would like to get out of LLL Club

Was ich mir vom Club erwarte

broadening of the mind, meaningful, trustful relationships

My skills (in these fields I can offer help)

Meine Talente (in diesem Fachbereich kann ich Unterstützung anbieten)

Experience in Telco, Media, Law, HR Management

I'd like to achieve...

Das möchte ich gerne erreichen...

Distribute my own product

This I want to share with my LLL sisters

Das möchte ich unbedingt mit dem Club teilen

-



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