



THE LEAGUE OF
LEADING LADIES
CONFERENCE

CREATED BY

SWISS LADIES DRIVE

Representing Business Ladies Since 2007



POST-TRAUMATIC GROWTH

June 12th & 13th, 2023 @ Grand Resort Bad Ragaz

LEAGUE OF LEADING LADIES CONFERENCE BOOKLET

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WELCOME

LADIES & GENTLEMEN

Turning 50 this year and looking back, I can say I went through several traumatic experiences, like most of us did. Well – did I grow...? Not at first. The question for me was: do I feel pain or do I suffer about what just happened to me? And, did it “happen to me” in the first place? Did I ask for it, without knowing? Did I plan to experience it? Why do I have to go through challenging situations anyway...? I guess we won’t have a “one size fits all” solution to answer all these questions. For me, pain is not a big problem. It’s part of being in this body, part of existing in a dualistic world. It just helps me to navigate through life. The thing is, that once I would start to suffer, I would be trapped in this dark hole – and growth couldn’t happen. But once I let it go and become conscious about whatever I just experienced, I automatically start to grow. I don’t even have to plan to grow – I just do it. Like a plant – it doesn’t ask to grow, it just does. But there are circumstances that must be given to prevent life from vanishing – like water and sunshine. And this is exactly what we will try to give you during the upcoming two days in Bad Ragaz: we will add some water and sunshine to your life. We will share suffering, pain, and failure but most of all, we will share tools to grow after it. We all go through challenging situations – so we better learn how to handle it. And I think there is one big learning after all the pain life has caused me so far: If we have a support system, a shoulder we can lean on, someone we can call when we don’t know how to handle it, that’s the most important thing.

So welcoming you all to Bad Ragaz for our 8th League of Leading Ladies Conference means the world to me. Because my soul tribe gathers together again.

Looking forward to meeting you in person and growing together.

With much appreciation,



Sandra-Stella



SANDRA-STELLA TRIEBL

Owner & Co-Founder of
Swiss Ladies Drive GmbH

THE MOST IMPORTANT THINGS

ALL CONFERENCE LINKS ARE ON
www.leagueofleadingladies.com/help



All keynotes will be held on Zoom and live on stage at Bernhard Simon Hall.



IMPORTANT NOTE:

Please close all applications and restart your device or laptop before you start clicking on the conference links. Then make sure only the following tab is open
www.leagueofleadingladies.com/help.

SPEED DATING

Will be held offline on Monday, June 12th, 3:00 pm – 3:30 pm in the lobby (cold weather) or at our League of Leading Ladies Piazza (sunny weather).

LOBBY / LEAGUE OF LEADING LADIES PIAZZA

These locations will be our Networking Zone.

You can also recharge your mobile devices here.

GOODIE BAG

A nice surprise will be waiting for you during our dinner on Monday, June 12th and in your room.

DINNER

Our Award Night & Conference Dinner (for our 2nd Empowering Women Award ceremony) will be held at Bernhard Simon Hall. It will start at 6:30 pm.



Join Zoom Meeting
<https://us02web.zoom.us/j/83403176724?pwd=M1htK0RHQ2pYbWFaQTJS0FJT2NBdz09>

Meeting ID: 834 0317 6724
 Passcode: 366477

12:00 pm	Guests enjoy Hotel & Spa
1:00 pm – 2:00 pm	WORKSHOP1 hosted by PKZ @ Room No 183. Limited to max. 13 people
1:00 pm – 2:00 pm	WORKSHOP1 hosted by Bobbi Brown @ Green Salon. Limited to max. 10 people
1:00 pm – 2:30 pm	WORKSHOPS PART 1 Paolo Gallo @ Board Room Maria Sirois @ Rainer Maria Rilke Renu Bakshi @ Victor Hugo Lounge Dorothea & Florian Schönwiese @ Music Salon Tammy Ketura @ Porsche Mobile Event Unit. Limited to max. 10 people
2:30 pm – 3:00 pm	Check-in at hotel (you can also check in later)
3:00 pm – 3:30 pm	Speed Dating, Drinks & Networking Time @ Lobby or LLL Piazza in front of Bernhard Simon Hall (depending on the weather)

ON ZOOM AND LIVE ON STAGE

3:45 pm – 4:30 pm	KEYNOTE1 plus Q&A Dominnique Kartetsos @ Bernhard Simon Hall
4:30 pm – 5:15 pm	KEYNOTE 2 plus Q&A Sorelle Amore @ Bernhard Simon Hall
5:15 pm – 6:15 pm	WORKSHOP 2 hosted by Bobbi Brown @ Green Salon. Limited to max. 10 people
5:20 pm – 6:20 pm	Check-in at hotel or Networking Time @ Lobby or LLL Piazza
6:30 pm	Dinner and Award Night @ Bernhard Simon Hall
7:00 pm – 7:30 pm	AWARD CEREMONY Empowering Women Award 2023 @ Bernhard Simon Hall
8:45 pm – 9:15 pm	KEYNOTE 3 Waris Dirie @ Bernhard Simon Hall
11:00 pm	Drinks @ Lobby or LLL Piazza



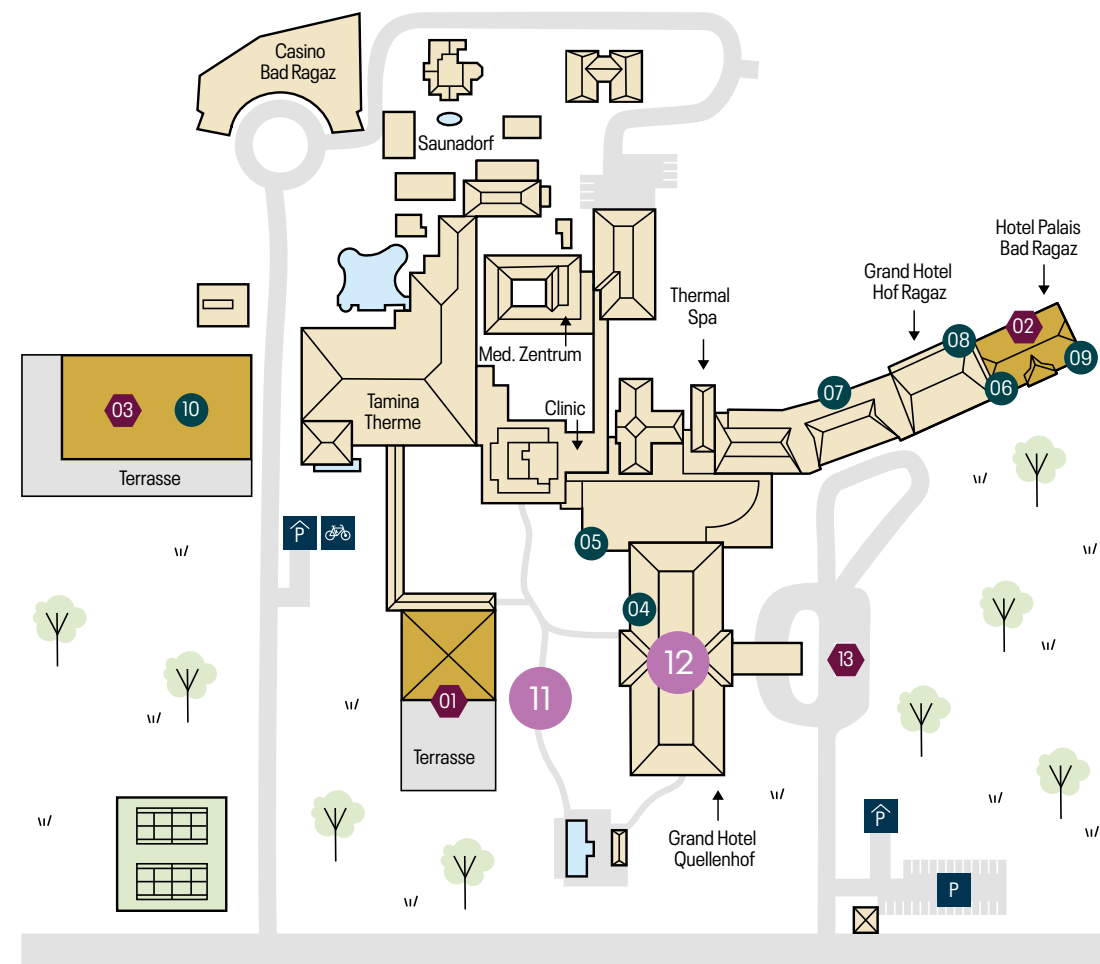
Join Zoom Meeting
<https://us02web.zoom.us/j/87400756033?pwd=MGh5NXhEOTlkWUhtb1lMWjhMOD1Wdz09>

Meeting ID: 874 0075 6033
 Passcode: 312747

7:00 am – 9:30 am	Breakfast @ Verve & Olive'd'Or
7:30 am – 8:30 am	Meditation with Mahima @Body&Sports. Limited to max. 10 people Yoga with Yoga Instructor @ Benefit. Limited to max. 10 people (QR codes for registration can be found on page 43)

ON ZOOM AND LIVE ON STAGE

9:30 am – 10:15 am	KEYNOTE 4 plus Q&A Maria Sirois @ Bernhard Simon Hall
10:15 am – 11:00 am	KEYNOTE 5 plus Q&A Barbara Frenkel and farewell speech by Sandra-Stella Triebel @ Bernhard Simon Hall
11:00 am – 12:00 pm	WORKSHOP 2 hosted by PKZ @ Room No 183. Limited to max. 13 people
11:00 am – 12:30 pm	Check out time @ Reception (store luggage at the Concierge and enjoy Networking Time)
11:00 am – 12:30 pm	Networking Time
12:30 pm – 2:00 pm	Lunch @ Verve
2:15 pm – 4:15 pm	WORKSHOPS PART 2 Sasha Lund & Dominnique Karetsoos @ Rainer Maria Rilke Renu Bakshi @ Victor Hugo Lounge Wies Bratby @ Board Room Dorothea & Florian Schönwiese @ Music Salon Mahima @ Green Salon Tammy Ketura @ Porsche Mobile Event Unit. Limited to max. 10 people
4:00 pm	Official end of the LLL Conference 2023



RÄUME

- 01 Kursaal
 - Bernhard Simon Saal
 - Rainer Maria Rilke Saal
 - Johanna Spyri Saal
 - Board Room
 - Victor Hugo Lounge
- 02 Musiksalon
- 03 Golf Club Bad Ragaz

RESTAURANTS

- 04 verve by sven
- 05 Memories
- 06 IGNIV by Andreas Caminada
- 07 Namun
- 08 Olives d'Or
- 09 Zollstube
- 10 gladys

NETWORKING ZONE

- 11 Networking Zone & LLL Piazza (sunny weather)
- 12 Networking Zone (cold weather)

WORKSHOP

- 13 Porsche Mobile Event Unit

12

KEYNOTE SPEECHES

ON ZOOM AND LIVE ON STAGE

ALL CONFERENCE LINKS ARE ON

www.leagueofleadingladies.com/help



Join Zoom Meeting
<https://us02web.zoom.us/j/83403176724?pwd=M1htK0RHQ2pYbWFaQTJQSQ0FJT2NBdz09>

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13

DOMINNIQUE KARETSOS ENGLAND
Co-Founder & CEO The Healthy Pleasure Group
WILL ADVERSITY CRIPPLE OR CREATE YOU?

SORELLE AMORE AUSTRALIA
Finance YouTuber, Ethical Investor, Bestselling Author
WORK AS THOUGH IT'S YOUR LAST DAY!

WARIS DIRIE SOMALIA
Human Rights Activist & Bestselling Author
(*Desert Flower/Wüstenblume*),
Founder The Desert Flower Foundation
THE BLOOMING OF THE DESERT FLOWER

MARIA SIROIS LLC USA
Psychologist, Consultant, Inspirational Speaker
**ACCELERATING GROWTH:
WHAT THE MOST RESILIENT OF US KNOW AND DO!**

BARBARA FRENKEL GERMANY
Member of the Executive Board, Procurement Porsche AG
A WINNER IS A DREAMER WHO NEVER GIVES UP

Monday, June 12th

3:45 PM

<https://us02web.zoom.us/j/83403176724?pwd=M1htK0RHQ2pybWFaQTJQS0FJT2NBdz09>

Meeting ID: 834 0317 6724

Passcode: 366477

WILL ADVERSITY CRIPPLE OR CREATE YOU?

What a huge question! Dominnique's trauma has placed her front and center with her Self: "It has me wrestling with how I want to be loved, consciously and curiously cultivating who I want to be and reimagining the promise of daydreaming". "Per aspera ad astra" - through adversity to the stars.

Words can take your breath away, grip your heart and nestle in your nervous system for a lifetime. A syllable, an inflection or tone - each trigger feels like a stormy sea, with winds howling and waves surging on the surface.

But venture deeper beneath the waves, and it's here where you meet your Self. Like the deep sea, your Self is always there, calm and steady however stormy things might get, and the only way to love her is through the storm.

Adversity either cripples you or creates you. Join Dominnique on her journey through adversity to her stars.

Dominnique Karetsos is CEO and co-founder of Healthy Pleasure Group (HPG). With the goal of building a Sexual Health & Technology Economy for better education, innovation and investment in the industry, along with her co-founders, Dominnique has developed a purpose-built global infrastructure via the HPG ecosystem that will enable this to happen.

Dominnique has spent the last 20 years working with brands; launching products and services across the beauty, retail and health sectors in 40+ markets to help startups, market leaders and challenger brands increase their market share, distribution channels and investment opportunities through smart, strategic planning. Having worked for major players such as L'Oreal, Lelo Group, Cutler and Gross and O Boticário, Dominnique's career highlight to date is being a UN Delegate at UN Women. A truly humbling time to understand the fabric of our global pain points echoed in each country's socio-political system - then meet, talk and be inspired by those making a change for all of our futures.

Dominnique is passionate about empowering women of all ages to understand more about sex, taxes and money, alongside creating good and smart businesses to contribute what she can in creating a better world through behavioral change. In essence, helping people everywhere understand that healthy pleasure is for everyone and sexual self fulfilment and sexual health must be more accessible, affordable and attainable.

www.wearehpg.com**DOMINNIQUE
KARETSOS**

ENGLAND

Co-Founder & CEO

The Healthy Pleasure Group



SORELLE AMORE

AUSTRALIA
Finance YouTuber,
Ethical Investor,
Bestselling Author
www.sorelleamore.com



Monday, June 12th

4:30 PM

<https://us02web.zoom.us/j/83403176724?pwd=M1htK0RHQ2pybWFaQTJS0FJT2NBdz09>

Meeting ID: 834 0317 6724

Passcode: 366477

WORK AS THOUGH IT'S YOUR LAST DAY!

Hustle... that is the culture our society is built on. Busy at all times. With texts, emails, phone calls, socials, social gatherings, putting your best foot forward. Busy... Days that turn into blurs, weekends filled with chores and trying to catch up on rest, only to be surprised yet again when Sunday evening rolls around and you haven't been able to fully breathe just yet. Trying to be a good mother, father, parent, sister, friend and yet unable to juggle everything effectively and instead, it causes you more stress rather than enjoyment. Overwhelm and anxiety creep in as you're falling asleep, rather than enjoying a peaceful, restful night.

How did it get to this point?

We study so hard at school, climb the career ladder, find love, create a family and we should be content with living the dream. So why does society reflect a different reality, where most people are tired and unfulfilled? Where did it all go so wrong? How do you get your life back on track? And most importantly, when do we take the time to come face to face with the inevitable reality that any day could be the last day? Would you be satisfied with your life as it is now? Or would you approach your work differently?

Sorelle tackled these questions in 2022 after 14 years of deep hustling, which led to 3 years of burnout, which forced her to take a full year of semi-retirement. Sorelle was known by all her friends, family and followers as the go-getter, productive, inspiring career woman, only to lose all this capacity to even answer a single email, let alone create any meaningful work.

With her body and soul unable to physically work, she had to find ways to awaken her spirit and mind yet again. Baby steps allowed for a gradual reintroduction of work, but this time, with a twist.

In Sorelle's keynote speech, she will guide the audience through the same process she used for herself. She will identify the areas of her life that are the strongest and which areas are neglected, in order to bring balance and therefore longevity into living, preventing inevitable burnout, if there is no balance.

Furthermore, the audience will be guided through a way to identify what feels like the right ventures to pursue for them, and which ones to release, in order to maximize work time and minimize wasteful activities, which will increase long-term enjoyment and productivity.

Sorelle Amore is an Aussie entrepreneur who focuses on obtaining ultimate levels of freedom in every area of life and is an advocate for alternative and free living. Her wild journey started in 2016 as a YouTuber, showing people the possibility of creating freedom in life through embracing the concept of being a Digital Nomad. Sorelle has been featured in numerous global media outlets including Forbes, Business Insider, Cosmopolitan, Buzzfeed, Daily Telegraph, news.com.au, and many more. She has traveled to 50+ countries, now travels full time with home bases in multiple countries. Sorelle is an investor in businesses, real estate, crypto, fine art and precious metals and now is a financial educator, sharing her knowledge of entrepreneurship, investing and freedom with the world through her business Abundantia, which she co-founded.

 **Monday, June 12th**
8:45 PM

<https://us02web.zoom.us/j/83403176724?pwd=M1htK0RHQ2pybWFaQTJQS0FJT2NBdz09>

Meeting ID: 834 0317 6724
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WARIS DIRIE

SOMALIA
Human Rights Activist & Bestselling
Author (*Desert Flower/Wüstenblume*),
Founder The Desert Flower Foundation

THE BLOOMING OF THE DESERT FLOWER

Waris Dirie was born in 1965 in the Somali desert, as one of 12 children of a nomadic family from the Clan of Darod. At the age of 5, she suffered the cruel ritual of female genital mutilation (FGM). When at the age of 13 she was forced to marry a man who could have been her grandfather, she fled through the desert to Somalia's capital Mogadishu. In 1981 her uncle, who was Somali ambassador, brought her to London as a maid. When he was ordered back to Somalia, Waris fled the embassy. She lived in the streets of London, keeping her head above water as a cleaner at a fast-food chain.

At the age of 18, her life changed abruptly. By chance, she was discovered as a model by the English photographer Terence Donovan, who photographed her in 1987 with the then unknown Naomi Campbell for the Pirelli calendar. Waris achieved international fame overnight and became one of the first supermodels. In 1987, she also got a role in the James Bond film *The Living Daylights*. She moved from London to New York, posed for world brands like Revlon, L'Oréal, Chanel or Levi's and adorned the covers of all major magazines worldwide. She walked the catwalks of Paris, London, Milan and New York. Waris was at the height of her modelling career in 1997, when she was interviewed by a journalist, and for the first time spoke about her trauma of circumcision, triggering a worldwide media response and a wave of compassion. The then UN Secretary General Kofi Annan appointed her UN Special Envoy against Female Genital Mutilation. On behalf of the United Nations, Waris travelled around the world, met heads of state, Nobel Prize winners, Hollywood stars, and gave hundreds of interviews. Her first book *Desert Flower* appeared the same year, in 1997. It became a bestseller, sold over 12 million copies, was successfully filmed in 2008 and sold in over 50 countries.

The fight against female genital mutilation had become a mission for Waris. In 2002, she founded the Desert Flower Foundation in Vienna, Austria. It's a foundation that campaigns against FGM, collects donations to help those affected and builds schools in Africa.

Her story is unique, and who else could share more about post-traumatic growth than Waris Dirie?

www.desertflowerfoundation.org

ACCELERATING GROWTH: WHAT THE MOST RESILIENT OF US KNOW AND DO!

In times of upheaval, uncertainty and surprise, the most resilient of us invest in practices and perspectives that enable us to be agile in our responses, clear about our energy deployment, centered in our health and wellbeing while leveraging our better selves.

In this keynote presentation, Dr. Maria Sirois outlines the latest research in the fields of resilience and post-traumatic growth and provides specific tools and perspectives that build individual and team-based resilience, irrespective of the difficulty of the moment. She'll address what it means to hold a grounded optimism, how we might pivot from derailing thoughts/emotions to beneficial action, and what the most successful teams know to do in the presence of complexity. This work blends beautifully with recent understandings as well in the field of leadership development, in particular the work of Hermina Ibarra and researchers in the field of Appreciative Inquiry such as David Cooperrider, who have helped us understand how we might leverage the multiple aspects of ourselves to potentiate success in new and challenging environments.

Post-Traumatic Growth (PTG) is a process through which a traumatic or difficult event triggers new understandings in how we see ourselves, how we make sense of our world, what and who we choose to invest in and what we find meaningful. We need to shift our focus from threat to opportunity, build an internal sense of efficacy and grounded hope that both inspires and motivates us to engage the best of ourselves. Resilience is not just about getting through difficult or dangerous times - it is that and more. It also refers to a process through which we learn to center ourselves as leaders of our own lives, and from that place of personal leadership, begin to find the hidden opportunity in every stressor by shaping our thoughts, emotions and behaviors in directions that serve us.

Resilience can be taught and increased at any time.

It does require a focused attention on the habits that currently derail us, and those that actually make a positive difference. Our keynote conversation will highlight a few of the most important considerations in learning to shift our resilient capacity in healthier and wiser directions - ones that enable both wellbeing and success. Attendees will leave with a deeper understanding of resilient growth, with specific tools that can be practiced both at work and at home, and shifts in perspective that underscore our astonishing ability to rise, even in the most difficult of times.

Maria Sirois, PsyD, is a positive psychologist and seminar leader who teaches internationally in the intersection of resilience and flourishing. Known for her wisdom, authenticity, and rampant humor, she delivers invigorating practices. Maria offers a wealth of perspective from decades of study in the areas of mind-body medicine and resilience to those who seek personal transformation and an increase in meaning, happiness, and health. Maria is the author of *A Short Course in Happiness After Loss (And Other Dark, Difficult Times)* and *Every Day Counts*.

Tuesday, June 13th



9:30 AM

<https://us02web.zoom.us/j/87400756033?pwd=MCh5NXhEOTlkWUhtb1lMWjhMOD1Wdz09>

Meeting ID: 874 0075 6033

Passcode: 312747



**MARIA
SIROIS** LLC

USA

Psychologist, Consultant,
Inspirational Speaker

www.mariasirois.com

Tuesday, June 13th

10:15 AM

<https://us02web.zoom.us/j/87400756033?pwd=MGh5NXhEOTlkWUhtb1lMWjhMODlWdz09>

Meeting ID: 874 0075 6033

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BARBARA FRENKEL

GERMANY

Member of the
Executive Board,
Procurement Porsche AG

**A WINNER IS A DREAMER WHO NEVER GIVES UP**

Barbara Frenkel (60) has been Member of the Executive Board, Procurement, of Porsche AG since 2021. The native of Hof, Germany, has held several leadership positions at the sportscar manufacturer. With an educational background in chemistry and rubber technology, she had worked for reputable automotive suppliers, such as Helsa, Valeo and TRW before joining Porsche AG in 2001. Throughout her career, she approached every challenge as a new opportunity to learn and grow - while leading diverse departments within Procurement, Quality Management and Sales. As Member of the Board, Procurement, Barbara Frenkel oversees the supply chain, partners, suppliers, and sustainability along the supply chain, while managing an annual purchasing volume of €14 billion.

In her keynote speech, Frenkel will share invaluable insights on her career trajectory, diversity and inclusion, female leadership at Porsche, as well as the importance of resilience. The title of her keynote encapsulates her philosophy in alignment with the Porsche slogan, "The brand for those who follow their dreams."

www.linkedin.com/in/barbara-frenkel

24 WORKSHOPS

MONDAY
12
JUN 2023

1:00 pm – 2:30 pm
@ Board Room

PAOLO GALLO Switzerland
Executive Coach, Speaker & Author
Be At Your Best & Give Your Best: How To Recharge Your Energy

1:00 pm – 2:30 pm
@ Rainer Maria Rilke

MARIA SIROIS LLC USA
Psychologist, Consultant, Inspirational Speaker
Accelerating Growth: What the Most Resilient of Us Know and Do!

1:00 pm – 2:30 pm
@ Victor Hugo Lounge

WORKSHOP 1 RENU BAKSHI Canada
International Crisis Manager & Media Trainer
Beyond Survival to Thrival: How to Fuel Growth through a Brand Crisis

1:00 pm – 2:30 pm
@ Music Salon

WORKSHOP 1 DOROTHEA & FLORIAN SCHÖNWIESE Austria
Leadership Specialists & Classical Musicians
Listen & Lead

1:00 pm – 2:30 pm
@ Porsche
Mobile Event Unit

WORKSHOP 1 TAMMY KETURA Switzerland
Certified Facilitator of The Work of Byron Katie, Peace Practitioner,
Sociologist, International Bestselling Author
Naming and Listening to Trauma in an Empowered, Supportive and Kind Way
Limited to max. 10 people

1:00 pm – 2:00 pm
@ Room No 183

WORKSHOP 1 HOSTED BY PKZ
with Tatjana Kotoric
Stärken Sie Ihre Auftrittskompetenz. The Power of Fashion
Limited to max. 13 people

1:00 pm – 2:00 pm
@ Green Salon

WORKSHOP 1 HOSTED BY BOBBI BROWN
Standout Eyes. Limited to max. 10 people

5:15 pm – 6:15 pm
@ Green Salon

WORKSHOP 2 HOSTED BY BOBBI BROWN
Standout Eyes. Limited to max. 10 people

TUESDAY
13
JUN 2023

11:00 am – 12:00 pm
@ Room No 183

WORKSHOP 2 HOSTED BY PKZ
with Tatjana Kotoric
Stärken Sie Ihre Auftrittskompetenz. The Power of Fashion
Limited to max. 13 people

2:15 pm – 4:15 pm
@ Board Room

WIES BRATBY The Netherlands
Founder Women In Negotiation
Navigating And Negotiating Your Career

2:15 pm – 4:15 pm
@ Rainer Maria Rilke

SASHA LUND Cyprus
Founder & MD Core Values Consulting, Podcast Host The Legacy Talks
With Sasha Lund
FEATURING DOMINIQUE KARETSOS England
Co-Founder & CEO The Healthy Pleasure Group
(Your) Health is (Your) Wealth – the Importance of Sexual Satisfaction on Your Life

2:15 pm – 4:15 pm
@ Victor Hugo Lounge

WORKSHOP 2 RENU BAKSHI Canada
International Crisis Manager & Media Trainer
Beyond Survival to Thrival: How to Fuel Growth through a Brand Crisis

2:15 pm – 4:15 pm
@ Music Salon

WORKSHOP 2 DOROTHEA & FLORIAN SCHÖNWIESE Austria
Leadership Specialists & Classical Musicians
Listen & Lead

2:15 pm – 4:15 pm
@ Green Salon

MAHIMA Switzerland
CEO & Founder The Mahima Mindset
BEING is the new DOING!

2:15 pm – 4:15 pm
@ Porsche
Mobile Event Unit

WORKSHOP 2 TAMMY KETURA Switzerland
Certified Facilitator of The Work of Byron Katie, Peace Practitioner,
Sociologist, International Bestselling Author
Naming and Listening to Trauma in an Empowered, Supportive and Kind Way
Limited to max. 10 people

25

**PAOLO GALLO**

SWITZERLAND
Executive Coach,
Speaker & Author

Monday, June 12th

1:00 pm - 2:30 pm

@ Board Room

Registration on Doodle >

<https://doodle.com/meeting/participate/id/bDQlEm6d>

BE AT YOUR BEST & GIVE YOUR BEST: HOW TO RECHARGE YOUR ENERGY

Leaders in organizations have frantically managed and tried to contain the effects of Covid19. This crisis came uninvited with a high price tag, not only for the PNL and profits that were frequently wiped-out, but also for people working in organizations.

Let's face it, our level of energy has been depleted and we cannot simply move on, as if nothing has happened, casually omitting the consequences of this historic, unprecedented moment. How can we support people to refill their level of energy while asking them to perform at their best?

During this workshop, we will provide concrete solutions with validated assessments, insights, practical tools, methodologies and short case studies that will support you, your organization and your teams. Quite simply, the strength and health of any organization is based on the health & strength of the people who work there. This is the starting point to a speedy recovery that will help us in the transition to a new context, full of risks and yet amazing opportunities. Paolo Gallo is an executive coach, bestselling author and keynote speaker, who also collaborates with Bocconi and Ashridge Business Schools. In his career he has been Chief Human Resources Officer at World Economic Forum in Geneva, Chief Learning Officer at the World Bank in Washington, D.C. and Director Human Resources at European Bank for Reconstruction & Development in London, with previous experiences at International Finance Corporation in Washington, D.C. and Citigroup in London, New York and Milan, his hometown.

Paolo Gallo studied organizational behavior at Bocconi University, Milan, was a chartered fellow of the FCIPD, UK and became a certified leadership coach at Georgetown University, Washington, D.C. He has worked in more than 80 countries and writes for Harvard Business Review (Italian and Arabic) and is a regular contributor to Forbes and World Economic Forum Agenda Blog, on themes related to careers, future of work, leadership development, executive coaching, resilience and wellbeing in the workplace, creative decision-making, trust in the digital age and organizational behavior.

www.paologallo.net

Monday, June 12th

1:00 pm - 2:30 pm

@ Rainer Maria Rilke

Registration on Doodle >

<https://doodle.com/meeting/participate/id/b8M0Ykgd>

ACCELERATING GROWTH: WHAT THE MOST RESILIENT OF US KNOW AND DO!

Post-Traumatic Growth (PTG) is a process through which a traumatic or difficult event triggers new understandings in how we see ourselves, how we make sense of our world, what and who we choose to invest in and what we find meaningful. It involves an internal journey of exploration that can be activated through questions that both stabilize and inspire us; questions such as:

"Who might I be at my best in a moment of conflict with a leader?"

"What drives a more effective and engaged team when facing failure?"

"How might I provide balance for myself, a sense of inner health, while never losing sight of the important markers of success for my team or my company?"

These questions, and others that shift our focus from threat to opportunity, build an internal sense of efficacy and grounded hope that both inspires and motivates us to engage the best of ourselves. Resilience is not just about getting through difficult or dangerous times - it is that and more. It also refers to a process through which we learn to center ourselves as leaders of our own lives, and from that place of personal leadership, begin to find the hidden opportunity in every stressor by shaping our thoughts, emotions and behaviors in directions that serve us. This is the difference between a CEO who runs away from conflict, to one who faces it directly after having gathered the necessary information to make the wisest decision possible. It is the difference between an employee hoping that someone will notice her talents, to one who has the courage to ask bravely to be considered for greater responsibility because she has grown in her sense of value and has a clear idea about how she already contributes to the greater good of the enterprise. It is also the difference between a woman who feels oppressed by the demands of the organization and the demands coming at her from home, versus the woman who know how to prioritize, delegate and honor her own needs for recovery and inspiration. Resilience can be taught and increased at any time. It does require a focused attention on the habits that currently derail us, and those that actually make a positive difference. Our keynote conversation will highlight a few of the most important considerations in learning to shift our resilient capacity in healthier and wiser directions - ones that enable both wellbeing and success. Attendees will leave with a deeper understanding of resilient growth, with specific tools that can be practiced both at work and at home, and shifts in perspective that underscore our astonishing ability to rise, even in the most difficult of times.



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SIROIS** LLC

USA

Psychologist, Consultant,
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www.mariasirois.com

Monday, June 12th

1:00 pm - 2:30 pm

@ Victor Hugo Lounge

Registration on Doodle >

<https://doodle.com/meeting/participate/id/eZzNGOJe>

Tuesday, June 13th

2:15 pm - 4:15 pm

@ Victor Hugo Lounge

Registration on Doodle >

<https://doodle.com/meeting/participate/id/eXr2wR8b>

BEYOND SURVIVAL TO THRIVAL: HOW TO FUEL GROWTH THROUGH A BRAND CRISIS

In a crisis, survival instinct drives us to seek safety, so that we are left standing when it's over. Thrival instinct drives us to seek opportunity, so that we advance towards financial, social, and cultural prosperity.

With 30+ years as a professional communicator, including leading notable global brands through crisis, Renu will guide you through practical tips to own your moment and beyond, including:

- How to stabilize your mind before a disruption and move beyond fear
- Why communicating bad news brings relief
- Top themes to support growth
- Three Is for effective leadership
- Four Cs that will define how you lead

Sharing real examples, Renu will show you how winners thrive and create brand resilience.

Renu Bakshi managed the court of public opinion for a lifetime - first, navigating it as a youngster, then shaping it for 21 years as a TV news journalist, and now winning it for her clients.

Renu focuses on long-term leadership and messages that matter - not spin - and that's why top companies and executives trust her direction when it comes to their public relations' needs: media training, crisis management, press releases and press conferences.

If you want spin, Renu might be the wrong person. But if you want true and truthful leadership, call her! She will work with you hands-on every step of the way.

Renu Bakshi is based in Vancouver, British Columbia and works with clients in major cities across North America.

www.renubakshi.com



RENU BAKSHI

CANADA

International Crisis Manager
& Media Trainer



DOROTHEA & FLORIAN SCHÖNWIESE

AUSTRIA
Leadership Specialists
& Classical Musicians

Monday, June 12th

1:00 pm - 2:30 pm

@ Music Salon

Registration on Doodle >

<https://doodle.com/meeting/participate/id/el2Nkx6b>

Tuesday, June 13th

2:15 pm - 4:15 pm

@ Music Salon

Registration on Doodle >

<https://doodle.com/meeting/participate/id/bojkKBLa>

LISTEN & LEAD

Dorothea and Florian Schönwiese are classical musicians - you will hear them at the award ceremony - offering powerful leadership development programs using the impact of music to dig deep!

In 2019 they were part of the League of Leading Ladies Conference with their highly dynamic setting "The Sound of Leadership", in which you conducted a musical ensemble and got direct feedback regarding your leadership qualities. Unforgettable for many participants.

This time they will join the conference with their beautiful workshop "Listen & Lead". Here music is the starting point to discover how true listening improves your leadership skills and strengthens ties within your team!

This workshop is an oasis for slowing down and an opportunity for self-exploration.

Live music - cello solo - and dialogue will bring you in contact with your intuition and your innermost self.

Dorothea and Florian are also trained dialogue process facilitators.

Dorothea is also a systemic counselor.

www.schoenwiese.net

Monday, June 12th**1:00 pm - 2:30 pm**

@ Porsche Mobile Event Unit

Registration on Doodle >

<https://doodle.com/meeting/participate/id/b6B4x0Qb>**Tuesday, June 13th****2:15 pm - 4:15 pm**

@ Porsche Mobile Event Unit

Registration on Doodle >

<https://doodle.com/meeting/participate/id/bqlm51pa>

NAMING AND LISTENING TO TRAUMA IN AN EMPOWERED, SUPPORTIVE, AND KIND WAY

Trauma has a reputation that it is dangerous to talk about. Whether this is a truth or a symptom of trauma (trauma does not like to be seen), we invite you to explore. Here, we practice naming trauma in new and connected ways; how to listen authentically, speak with integrity, and receive difficult unwanted situations kindly. These exercises can transform your relationship to trauma. You don't need to share your most traumatizing situation to participate; any one situation willing to be seen is enough. Our birthplace to receive trauma's innate healing power is crafted by three dazzling beauties: your Being, Porsche, and the Swiss alpine meadows. Welcome to the wonderful world of You unfolding.

Tammy Ketura was confronted with trauma's hypnotizing and devastating nature in the emerald slopes of Switzerland; that's also where she encountered trauma's innate healing power. Taking on the challenge of self-gentleness, Tammy unraveled trauma from the inside-out and continues to experience how everything in life is happening for her, not to her. Tammy loves people and everything they bring with them; she is a Peace Practitioner, Sociologist, Bestselling Author, Certified Facilitator in The Work of Byron Katie®, Mom, and Canadian with Swiss residency. As an Entrepreneur, Tammy hosts profound boutique offerings for individuals and B2B that connect you to the internal wisdom that always lies within you.



TAMMY KETURA

SWITZERLAND

Certified Facilitator of
The Work of Byron Katie,
MA | BA (Honours),
Peace Practitioner, Sociologist,
#1 International Bestselling Author



**TATJANA
KOTORIC**

SWITZERLAND
Styling Coach & Fashion Expert

Monday, June 12th

1:00 pm - 2:00 pm

@ Room No 183

Registration on Doodle >

<https://doodle.com/meeting/participate/id/bojkKEza>

Tuesday, June 13th

11:00 am - 12:00 pm

@ Room No 183

Registration on Doodle >

<https://doodle.com/meeting/participate/id/ermnNZkd>

STÄRKEN SIE IHRE AUFTRITTSKOMPETENZ. THE POWER OF FASHION HOSTED BY PKZ

Bekannte Persönlichkeiten kennen die Power des perfekten Outfits und setzen diese gekonnt für ihre Auftritte ein. Das sichere Gefühl, gut angezogen zu sein, strahlt nicht nur jede Menge Selbstbewusstsein aus, sondern unterstreicht auch das gewünschte Image.

Tatjana Kotoric hat 15 Jahre lang die ModeratorInnen vom Schweizer Radio und Fernsehen, 3Plus und Blick TV eingekleidet. Heute coacht sie Persönlichkeiten für ein souveränes Auftreten, unterstützt sie bei der Stilfindung und beim Aufbau einer individuellen Garderobe mit Strahlkraft.

Mit vielen praktischen Beispielen gibt Ihnen Stylistin Tatjana Kotoric in diesem Workshop Einblick in die Fashion-Psychologie.

www.tatjanakotoric.com

Monday, June 12th

1:00 pm - 2:00 pm

@ Green Salon

Registration on Doodle >

<https://doodle.com/meeting/participate/id/ermnNRBd>

Monday, June 12th

5:15 pm - 6:15 pm

@ Green Salon

Registration on Doodle >

<https://doodle.com/meeting/participate/id/ermnN2Wd>

STANDOUT EYES HOSTED BY BOBBI BROWN



Tuesday, June 13th
2:15 pm - 4:15 pm
@ Board Room

Registration on Doodle >

<https://doodle.com/meeting/participate/id/dRPDnVYa>

NAVIGATING AND NEGOTIATING YOUR CAREER

During our session, Wies will talk - amongst other things - about the gender differences between men and women when it comes to negotiating their careers, why women are actually excellent negotiators (better than men!), why you can have it all (yes, truly!) and how you can improve the relationship with your (future) boss through your salary negotiation. She will also share powerful mindset and practical tools to kick start you taking control of your career.

Wies Bratby is a top-lawyer-turned-HR-Director-turned-coach-slash-consultant, who recently returned to her native Netherlands, after working and living across the globe for nearly a decade, of which the last 6 years were in Switzerland. Through her coaching practice Women In Negotiation and her podcast "WINNING with Wies Bratby", she helps women in corporate to pro-actively navigate and negotiate their careers and salaries. Wies is also a sought-after keynote speaker and workshop trainer, inspiring women to ask for everything they want and deserve in their careers and lives.

www.womeninnegotiation.org



WIES BRATBY

THE NETHERLANDS

Founder

Women In Negotiation



SASHA LUND

CYPRUS

Founder & MD Core Values Consulting, Podcast Host The Legacy Talks With Sasha Lund

DOMINNIQUE KARETSOS

ENGLAND

Co-Founder & CEO
The Healthy Pleasure Group



Tuesday, June 13th

2:15 pm - 4:15 pm

@ Rainer Maria Rilke

Registration on Doodle >

<https://doodle.com/meeting/participate/id/dPzAKW6a>

(YOUR) HEALTH IS (YOUR) WEALTH - THE IMPORTANCE OF SEXUAL SATISFACTION ON YOUR LIFE

When you have the confidence to ask for what you want in the bedroom, you will have the confidence to ask for what you want in the boardroom.

A woman armored with language to translate her confidence and close other gaps in her life will become aware that our equality lies in our differences, not the other way around.

Join Dominnique Karetsos and Sasha Lund to understand how to communicate and identify with a language that best resonates with the core of who you are and not labels that society insists you wear. Together with them, you will gain the ability to express and request what you want sexually, as your standard indicator for empowerment and equality.

Sasha Lund is the founder and MD of Core Values Consulting. She is also a multi-cultural polyglot, serial entrepreneur, family business advisor and podcast host. In her work with family businesses, Sasha has convened and moderated a range of international Family Office events and she regularly facilitates family meetings for individual families. Sasha is also WBAF Senator, Founder of The Legacy Circle and Co-Founder, VP & Editor-in-Chief of Diplomatic World Media. Further, Sasha is a proud NEXUS Global network member. In June 2020, she was appointed Senator for the World Business Angels Forum, which is committed to empower world economic development by creating innovative financial instruments for innovators, startups, and SMEs. For over 15 years, Sasha has been providing her event production expertise to the high-end, top-tier event management world, focusing on sophisticated experiences for business families and the next generation.

With two other business partners, she founded The Legacy Circle, which crafts exclusive global gatherings for UHNWIs and business families. She has a Bachelor of Arts from King's College London, majoring in Modern Foreign Languages with Education and Film, a Diploma from the University of Barcelona in Shakespearean Studies and a Cambridge University CELTA Qualification.

Sasha divides her time between Cyprus, Sweden and the USA.

www.values-consulting.com

www.linkedin.com/in/sashalund

www.womeninnegotiation.org



MAHIMA
 SWITZERLAND
 CEO & Founder
 The Mahima Mindset

WORKSHOP WITH MAHIMA

Tuesday, June 13th

2:15 pm - 4:15 pm

@ Green Salon

Registration on Doodle >

<https://doodle.com/meeting/participate/id/aQ6BmEGb>

MEDITATION WITH MAHIMA

Tuesday, June 13th

7:30 am - 8:30 am

@ Body&Sports

Registration on Doodle >

<https://doodle.com/meeting/participate/id/e9DN3K3d>

YOGA WITH INSTRUCTOR

Tuesday, June 13th

7:30 am - 8:30 am

@ Benefit

Registration on Doodle >

<https://doodle.com/meeting/participate/id/dPzE6wWa>

BEING IS THE NEW DOING!

This highly interactive session will elevate how participants interact with themselves in their daily practice to achieve a powerful mindset and strong emotional foundations in inner peace NOW.

In a world that is consistently forcing us to look outward, looking inward on a regular basis requires a powerful paradigm shift. I would love to support the deepening of this shift inside this session. Without questioning our obsession of doing, we will keep returning to the automatic mode of doing so much that our batteries run dangerously low.

Switching off the doer can feel impossible, especially when our to-do list is growing rapidly with our success. I have discovered that changing the perspective on HOW we create success, has allowed me to achieve more with less constant giving and more consistent receiving. During this interactive workshop, I will cover a concept I call the EBE "Energy Body Elevation". We all have our own frequency we are putting out based on our belief systems and emotions we indulge in. Getting our "Energy Bodies" to work for us not against us is the magic formula to high performance that many people know about, but find hard to implement and embody.

My Energy Body Elevation system covers 4 main energy archetypes that are essential to understand. They work to keep you feeling powerful, relaxed, grounded, centered, and high performing without the burning-out effect. With my EBE 4-step system, you will learn practical tools to help you stay consistently energized, and focused. You will discover how to slow down to move faster, and how stillness is a superpower in the high-performance game.

Mahima is an internationally renowned Self-Mastery Mentor, Award-winning Mindset Trainer, International Bestselling Author and Speaker. She shared stages with Sir Richard Branson, Randi Zuckerberg, Les Brown and many more. Industry-disruptor, prolific thought-leader and TEDx speaker. She supports those who are hungry for the skills that they need in order to vastly improve themselves as leaders and communicators. Based in Switzerland and travelling the world, her high-touch trainings are ideal for companies who are looking for personal transformation and long-lasting impact. Mahima Lucille Klinge trains leaders, teams, and change-makers from the world's most recognized companies, organizations on being empowered, positive, focused, energized, calm and fired up for success in all areas of their lives.

www.themahimamindset.com



**PIE DADE (PI)
JARDINE**
PORTUGAL

LIVE PAINTING

Piedade (Pi) Jardine is a watercolor artist whose work focuses on painting memories & turning moments into art. Based in Lisbon, Portugal, she live sketches all kinds of events all over the world. From weddings to corporate, from big events to private smaller gatherings. There, in loco, she captures in quick watercolor sketches what is taking place & creates an artistic storyline of unique illustrations that make for an unforgettable souvenir.

contact: @laviebypi or avidadepiart@gmail.com



PRESENTING PARTNERS

PORSCHE



ESTÉE
LAUDER
COMPANIES

CREATED BY

SWISS LADIES DRIVE

Representing Business Ladies Since 2007



PORSCHE

Ferry Porsche, our company founder, decided 75 years ago to build the sports car of his dreams by himself, as he could not find the car he dreamt of. Independent, ambitious, successful, and a true role model. Adjectives referring to Ferry Porsche also apply to members of the League of Leading Ladies Business Club, both are pursuing their dreams and goals. With an entrepreneurial mindset and passion, they have reached impressive achievements for themselves and for society.

As one of the most successful sports car manufacturers, a pioneer of sustainable mobility and a company which encourages others to make their dreams come true, Porsche believes that there is still a need for more visibility for female careers in all their diversity. That's why Porsche supports the League of Leading Ladies, in order to make a contribution. To make dreams come true.

www.drivenbydreams.ch

PRESENTING PARTNER 47





SANDRA SCHÄR
Group Marketing Director



In today's world, we are increasingly reliant on technology to connect with one another. At USM, we still - more than ever - believe in physical spaces where people get together and exchange. For almost 60 years, we have been designing modular furniture that is both stylish and functional and allows people to create a dream, realize a vision.

In addition to the constant adaptability of our furniture and its timeless design that goes with every individual style, its durability is what contributes most to sustainability: Our responsible manufacturing in Switzerland prioritizes highest quality materials, energy efficiency, safety and a deep care for social fairness. Day by day, we are driven by the question of how we can contribute to a better future.

www.usm.com

ESTÉE
LAUDER
COMPANIES

The Estée Lauder Companies Inc. is one of the world's leading manufacturers and marketers of quality skin care, makeup, fragrance and hair care products. The company's products are sold in approximately 150 countries and territories under brand names including: Estée Lauder, Clinique, M·A·C, La Mer, Bobbi Brown, Aveda, Jo Malone London, Darphin Paris, TOM FORD BEAUTY, Smashbox, etc.

Being a sponsor of the LLL Conference means a lot for our company as Mrs Estée Lauder, the eponymous founder of the company, had a "challenger spirit". She built a company based on the principles of equality and women's advancement. Today, at The Estée Lauder Companies (ELC), we have 84% women, leading from every chair.

Over these 2 days, we will introduce you La Mer, Aveda, Jo Malone and Bobbi Brown with unforgettable experiences.

#StrongerTogether

www.elcompanies.com/en



JASMIN AZIZ
Country Manager
Estée Lauder Companies Switzerland

SUPPORTING PARTNERS

DERMIS

PKZ
MEN & WOMEN

BPN
Business Professionals Network



SUPPORTING PARTNER 51

DERMIS

Hautklinik

Dr. med. Sabine Bruckert is founder and owner of the Dermis skin clinics in Zurich and since 2021 also of the Medical Center in Bad Ragaz. Dermis specializes in dermatology, aesthetic medicine, plastic surgery, and lifestyle.

10 years after its founding, Dermis opened another skin clinic in the middle of Zurich Seefeld. The clinic focuses, as in the two existing locations in Zurich Bülach and Bad Ragaz, on high-end medicine for the skin.

"As a company run by women, we are proud to be an active part of the League of Leading Ladies this year. Women empowerment is close to our heart, and we admire women with energy and ambition. In the case of Dermis, it is the feeling of well-being in your own skin, be it for health reasons or to improve the appearance of the skin. It is always important for me that all our patients are happy and feel comfortable in their own skin - because only then am I too."

www.dermis-hautklinik.ch



DR. MED. SABINE
BRUCKERT
Founder and Owner
Dermis skin clinics

**JASMINA EBERLI**

Head of Marketing & CRM
PKZ Burger-Kehl & Co. AG

PKZ

MEN & WOMEN

The slogan of this year's conference is "Post-Traumatic Growth". Just as the League of Leading Ladies focuses on resilience and inner growth, we at PKZ focus on optimism, courage and dynamism. In challenging times, this means not leaving anything to chance, but growing from them. As a family business that has lived with the entrepreneurial spirit for generations, we met the ongoing demanding situations with strength and positive action. We stepped on the gas, developed and pursued a comprehensive «opportunity plan» - with success! Today, we look forward to the coming years with courage. The future is what we make of it - in the here and now. Together with League of Leading Ladies, we are therefore even more pleased to belong to a strong network and to be part of the change.

For the League of Leading Ladies Conference, PKZ brings together the power of fashion with the know-how of stylist Tatjana Kotoric and introduces you to styles that exude plenty of self-confidence and optimism. Let yourself be touched by the joie de vivre of the fashion world!

www.pkz.ch/de/unternehmen

BPN

Business Professionals Network

The League of Leading Ladies connects women from a wide range of business areas to offer them a platform for connection and growth. It's a small world - but a world that offers us unlimited opportunities to support each other. We at BPN believe in facilitating entrepreneurial women throughout the world, so that they can have a positive impact within their families, their communities and their countries.

www.bpn.ch



NOËLLE OPPRECHT

Board Member,
Business Professionals Network





**DAVE
GLEIXNER**

Director of Sales B2B & Education,
Member of the Executive Board

BE AT YOUR BEST AND GIVE YOUR BEST: HOW YOU AND YOUR EMPLOYEES COME INTO THEIR POWER

AN APPLE A WORKDAY KEEPS THE SKILLS SHORTAGE AWAY

We have reached a point where employees choose their employers – and not the other way around. Numerous studies* confirm that in addition to corporate culture, devices and tools also play a decisive role in the choice of a company. When you let employees vote, they choose Apple devices*. Not only in their free time but also at work. So why downgrade at work when there are other promising options?

OPTION 1: THE ENTERPRISE APPLE ENVIRONMENT

Employees are happier and more productive* when they can choose their device. We spark happiness and productivity by offering your employees the choice: to work with a PC or Mac. As your Managed Service Provider and friend of the internal IT department, we seamlessly and compliantly integrate Macs into your existing ICT environment – and let you and your teammates shine bright with your work results and your beloved devices.

OPTION 2: THE SME APPLE ENVIRONMENT

Do you think Apple and your small or medium-sized company are a mismatch? Far from it! The answer is closer than you might expect. We are your free and easy Mac for SME Business Partner. No constraints, promise! If you would like to make your employees happy as a service, whether you choose to rent or buy: we ensure that your IT infrastructure works and is loved by your employees – an everyday gain for you and your talents!

For both options, on request, fixed price per device and month, incl. device management.

Ready to grow and flow with the devices you and your team love the most?

Tap into a bright, happy, productive and resilient future with Dave Gleixner, Director of Sales B2B & Education, Member of the Executive Board, DQ Solutions

+41 58 225 52 52
dgleixner@dq-solutions.ch
linkedin.com/in/dave-gleixner



APPLE FOR BUSINESS: TOO MUCH EFFORT? TOO EXPENSIVE? NOT AT ALL!

Smart Workplace is not a program, but a promise. Given by DQ Solutions, your Apple Authorised Enterprise Reseller. We rock the stage whenever you decide to please your employees by letting them choose their preferred devices - Mac or PC. As your leading IT Business Partner in the Apple universe, we take care of your device management, IT security and the ease of automatic device installation - prompt: Zero touch deployment.

HAPPINESS AS A SERVICE

The modular Smart Workplace Feel-Good package from DQ Solutions ensures that you can focus on your business - we guarantee that the IT is running. Unnoticed. The big plus for small companies: SMEs benefit from a superior solution that has proven itself with large companies. Sounds good? We can't wait to write success stories with you. Maybe on a Mac?

www.dq-solutions.ch

Tap into a bright, happy, productive, and resilient future with Dave Gleixner, Director of Sales B2B & Education, Member of the Executive Board, DQ Solutions.

+41 58 225 52 52
dgleixner@dq-solutions.ch
[linkedin.com/in/dave-gleixner](https://www.linkedin.com/in/dave-gleixner)



SWISS LADIES DRIVE

Representing Business Ladies Since 2007

Sandra-Stella Triebel is a "Queen of Networking", Chief Editor & Publisher and Serial Entrepreneur.

She is one of the leading personalities in the field of professional networks for women in German-speaking countries. After starting her career as a radio and TV presenter, the media specialist and media entrepreneur founded the women's magazine Ladies Drive in 2007, followed by the development of the Female Innovation Forum and the League of Leading Ladies Business Club & Conference. In fact, she brings together more than 3'000 international women managers every year.

Sandra-Stella is 50 and married to Sebastian Triebel, who is co-founder and co-owner of Swiss Ladies Drive GmbH. Together they live in the smallest vineyard in Appenzell, near Lake Constance.

www.swissladiesdrive.com



**SEBASTIAN
TRIEBL**
Co-Founder &
Board Member



**SANDRA-STELLA
TRIEBL**
Owner & Co-Founder of
Swiss Ladies Drive GmbH

GOOD TO KNOW



DRESS CODE

None.

Wear whatever feels good and looks good.

If you'd like to enjoy the hotel's amazing spa, don't forget to bring your swimming suit.

Please book your spa treatment in advance.



IF YOU HAVE QUESTIONS, PLEASE DON'T HESITATE TO CONTACT US

Sandra-Stella Triebel:

sst@leagueofleadingladies.com

+41 794 801 985 (also via WhatsApp)

Agenda is subject to modifications.

If you cannot attend, a refund will not be issued unless you can provide a doctor's certificate.

HOW TO GET HERE

THE BEST WAYS TO TRAVEL TO BAD RAGAZ

GRAND RESORT BAD RAGAZ

Bernhard-Simonstrasse 20, 7310 Bad Ragaz, Switzerland

Phone: +41 81 303 30 30

www.resortragaz.ch

BY CAR

We recommend taking the motorway A3 (Zurich - Chur) or A13 (St Gallen - Chur). Take the exit Maienfeld and drive in the direction of Bad Ragaz, it will lead you directly to our resort. Please note that we have an underground parking garage with valet service. Our charge for this is CHF 25 per car per night. We also have three parking spaces with their own charging station for electric vehicles.

The airport Altenrhein is ideal for private jets and can be reached within 45 minutes by car. The sport airfield Bad Ragaz for helicopters is only 5 minutes away by car. You can obtain further information on the airports under:

www.flughafen-zuerich.ch

www.peoples.ch/home

BY BUS & TRAIN

The Bad Ragaz train station is only a 10-minute walk from the Grand Resort Bad Ragaz. The transfer service from Bad Ragaz train station to the Grand Resort Bad Ragaz is free of charge to hotel guests. Alternatively, bus no. 456 runs from the train station in the direction of the Grand Resort (the 'Tamina Therme' stop) every hour.

To find out how to get from your nearest train station to Bad Ragaz, go to:

www.sbb.ch

PLEASE NOTE:

We already paid for your room - so just pick up your key at the reception desk. The hotel staff is informed about your stay.

PARTICIPANTS

Date: 11.05.2023



Please accept my invitation to join our closed LinkedIn group
"League of Leading Ladies Conference 2023"

NAME	COMPANY	POSITION
Achhammer Andrea Theresia	-	Sabbatical
Akinola Natalie Lola	Estée Lauder GmbH	PR Executive Clinique, Aveda & Bumble & Bumble
Allgäuer Luzia	-	Self-employed, Tibetan Energy Work
Andrey Valerie	VAS beyond CX GmbH	Managing Director
Anselmi Maria	Innosuisse	Head of Division – YStart Up and Next Generation Inventors
Asael Frederike	Impact Hub Bern	Managing Partner
Aziz Jasmin	Estée Lauder GmbH	Country Manager
Badir Sabrina	Pregnolia AG	Founder & CEO
Baghdadi-von Arx Hanny	Baghdadi International AG & Scooter Fashion	Entrepreneur
Bakshi Renu	Renu Bakshi Communications Inc.	International Crisis Manager, Media Trainer & Workshop Host LLL Conference 2023
Barrech Darija	Endress & Hauser International	Head of HR
Baudenbacher Jenna	Estée Lauder GmbH	PR Manager – La Mer, Jo Malone London, Tom Ford Beauty, Kilian Paris
Bauecker Tatjana	Finance Force AG	Partner
Baumann Susanne	Susanne B. Baumann Executive Coaching	Senior Executive Coach Board Member
Becher Kristina	Estée Lauder GmbH	Brand Manager Clinique & Aveda
Beeler Anastasija	Post CH Kommunikation AG	Head of GPRC
Benedikt Markus	DQ Solutions	Account Manager SMB
Berger Dirk	Swiss Ladies Drive GmbH	Staff Member

Berlinger Andrea	Berlinger & Co. AG, Berlinger Special AG, Antaris Lfd. NL & Berlinger Ltd USA	Chairwoman Berlinger Group
Bettkober Yvonne	Volkswagen Group	Head of Organisation Development and Group Transformation
Beyrouti Daniela	Beyrouti & Partner Executive Search GmbH	Founder & Managing Partner
Böger Miriam	Art Deco Hotel Montana	CEO
Borge Müller Stéphanie	Juliette Groupe AG	Board of Directors & President
Born Myriam	Born2 KLG	Owner & CEO
Bratby Wies	Women in Negotiation	Founder, Chief Enthusiasm Officer & Workshop Host LLL Conference 2023
Brenner Tina	Aston Martin Lagonda of Europe GmbH	Head of PR and Communications Europe
Bruckert Sabine	Dermis Hautklinik Bülach	Owner & Medical Doctor
Brunner Gabriela	Gabriela Brunner Studio	Owner, Artist, Designer & Educator
Bühler Janine	Calida AG	Director Brand & Product CALIDA
Bührer Karin	Jester Advisory	Partner
Burgunder Helia	BKW & GroupeE	CCO
Cachemaille Grimm Yasmin	UNISONO Hospitality Management AG	Partner
Chiquet Sophie	CQ Corporate Fashion GmbH	Entrepreneur, Founder & CEO
Christen Lisa	Christen Coaching & Consulting GmbH	CEO & Executive Coach
Cornée Leplat Elisabeth	Josephine-Madetomaesure.online Swatchgroup Les Boutiques	Owner & Brand Manager
Cornelius Dr. Kathrin	Structuul, Christen Consulting & SBS	Freelancer
Crowden Catherine B.	BMQ Partners AG	Co-Founder & CEO

Csendes Martina	Estée Lauder GmbH	Supply Chain Manager
D'Onofrio Carmine	Data Quest ICT Solutions AG	Head of Sales SMB
Dapozzo Céline	Stepwell Management AG	Director & Founder
Delli Gatti Corinne	Estée Lauder GmbH	Head of Corporate Coms
Deloof Magali	SparkOptimus Switzerland AG	Country Manager
Denk Myriam	PricewaterhouseCoopers AG	Partner
Denz Esther	Lian Chinaherb AG	Owner
Dettwiler Regula	Sichtbarsein Coaching Regula Dettwiler	Entrepreneur & Coach
Dietiker Melanie	MEL Marketing & Kommunikation GmbH, MONOCHROMEL	Owner & CEO
Dirie Waris	Desert Flower Foundation	Human Rights Activist, Bestselling Author & Keynote Speaker LLL Conference 2023
Diensi Victoria	my bluemorpho partner GmbH	Company Director
Dunjic Jelena	LGT Bank AG	Relationship Manager
Eberli Jasmina	PKZ Burger-Kehl & Co. AG	Head of Marketing and CRM
El Haddaoui Hajar	NTT Ltd	Senior Director (Member of the Executive Board NTT Switzerland)
Esser Anne-Helen	Vantage Global Event Production GmbH	Managing Director
Eter Anette	SSF Freizeit GmbH	Owner
Falk Charlotta	Futureworks AG	Senior Creative Consultant and Member of Management Team
Fischbacher Camilla Douraghy	Christian Fischbacher Co. AG	Creative Director
Fischer Tina	Ringier Axel Springer Schweiz AG	Journalist

Flück Astrid	Keiala AG	Founder & CFO
Frater Kinga	Hoerbiger Holding AG	General Counsel & Head Risk and Insurance
Frenkel Barbara	Porsche AG	Member of the Executive Board, Procurement & Keynote Speaker LLL Conference 2023
Füreder Susanne	–	–
Gabler Claudia	BMQ Partners AG	Co-Founder & CCO
Gallo Paolo	Gallo Compass Consulting	Executive Coach, Author & Workshop Host LLL Conference 2023
Gattnar Eva	Pontinova Experience GmbH	Managing Partner & Executive Coach
Geiger Nadia	Zürcher Kantonalbank	Senior Client Advisor
Geng Na	Geng & Partner Consulting GmbH & Ladies Drive Asia GmbH	Founder & Co-Owner
Gentile Vanessa	Salesforce Switzerland	Head of Marketing Salesforce Switzerland
Gisiger Franziska	Glarner Kantonalbank	Head Legal & Compliance
Gleixner Dave	Data Quest ICT Solutions AG	Director of Sales B2B & Education
Glinski Michael	Porsche Schweiz AG	CEO
Gmür Martina	–	Chairman of the Board of Directors Schweizerische Rheinhäfen (Port of Switzerland), Member of the Board Swiss Indian Chamber of Commerce
Godet Camille	Google	International Digital Marketing & Strategy
Gola Tomek	Swiss Ladies Drive GmbH	Staff Member
Golliez-Solomir Tamara	Tamara-FaceYoga	Owner, Founder & Teacher
Greven Nadja	Akris	Director Wholesale DACH & Akris Academy

Griesshammer Sonja	Raiffeisen Schweiz	Senior Compliance Officer
Grimmer Sandra	Rheiazymes AG Molecular Bio-Recycling	CEO & Co-Founder
Gross Britta	PricewaterhouseCoopers AG	Partner
Gysin Robin	Gysin Business Solutions	Back Office Manager, Pilates instructor & Yoga Science of Stretching Coach
Harvey Dr. Mara Catherine	VP Bank (Schweiz) AG	Head of Region Europe / CEO VP Bank (Schweiz) AG
Hassan Nada	Credit Suisse Swiss Universal Bank	Head of Product Management
Haze Stöckli Daniela	mindyourstep GmbH	Partner
Helbling Alexandra	Calida AG	Managing Director
Herzig Ekaterina	EBRD	Independent Board of Director
Hinder Karin	Lian Chinaherb AG	Managing Director
Honndorf Mark	Aquila Florentina Asset Management AG	Chairman of the Board & Managing Partner
Hopsch Marianne	GH GOLDHAUS AG	Owner & Entrepreneur
Huss Valentin	PKZ Burger Kehl & Co Ag	Marketing Manager
Ilardo Giada	Giahi AG & Giada Ilardo	Founder & CEO
Isler Andrea	Career Factory, Leadership Advisory & Career Development	Founder, Board Member, CEO & Career Coach
Iten Metzger Raffaella	De Marquet	Managing Owner & Head Of Design
Jardine Piedade	LA VIE BY PI	Illustrator & Designer
Johansson Kim	SalesAhead AG	Managing Director
Kadner Gabriele	Timberger AG	Board of Directors
Karetsos Dominnique	The Healthy Pleasure Group	Co-Founder & CEO & Keynote Speaker LLL Conference 2023

Keller Fatissa	Art of Beauty Fatissa Keller	Entrepreneur
Ketura Tammy	Tammy Ketura	CEO & Founder & Workshop Host LLL Conference 2023
Khalilian Roshanak	Atelier Roshi GmbH	CEO, Founder
Kinder Lola	Sandoz Pharmaceuticals AG	Head Commercial Excellence & Strategy
Kirke Gemma	Estée Lauder GmbH	Brand Manager Luxury Cluster
Klinge Kai	The Mahima Mindset	Founder & CEO
Klinge Mahima Lucille	The Mahima Mindset	Founder & CEO & Workshop Host LLL Conference 2023
Klug Nicole	HUGO BOSS Trade Mark Management GmbH & Co. KG	Team Lead IP Department
Knecht Bea	Genistat AG	Chairwomen
Knickenberg Brigitta	Mubea	Head of Global Talent Acquisition
Koch Marion	Swiss Life Wealth Managers	Head Swiss Life Wealth Managers
Kohler Anna	Galledia Fachmedien AG	Editor in Chief m&k werbewoche.ch
Kotoric Tatjana	Tatjana Kotoric GmbH	Styling Coach & Fashion Expert, Workshop Host LLL Conference 2023
Kurz Natalie	Unternehmertag AG	CEO
Lada-Gola Aleksandra	Edwards Lifesciences	Director Strategy & Alliances – Critical Care EU at Edwards Lifesciences
Lauener Marti Bettina	Praxis Firefly	Founder
Levanto Minna	Atlantic Forwarding Group	Corporate Communications Partner
Lund Sasha	Core Values Consulting	Founder & Managing Director, Podcast Host, Legacy Talks with Sasha Lund & Workshop Host LLL Conference 2023
Lundquist Anna	go integral gmbh	CEO

Lutschinger Walter	Desert Flower Foundation	Managing Director & Co-Founder
Maillet St-Pierre Lucie	Salesforce	Vice President Customer Success
Maldonado Carla A.	Adecco	Director Market Competitive Intelligence
Martinez Teresa A.	Salesforce	Director and Customer Success Lead Retail, CPG & Commercial Segment
Martinovic Gabriela	Estée Lauder GmbH	PR Executive – Bobbi Brown & Mac
Matthes Angela	becurious.li	Founder
Meier Sarah	parentsatwork GmbH	Founder, CEO
Meisser Virginie	F. Hoffmann-La Roche Ltd.	Business Operations Leader
Mellenthin Ariane	Mellenthin + Partner GmbH	Founder, Currently ad interim CMO of a global Swiss MedTech Company
Merz Nardone Doris	PM Care Systems AG	Entrepreneur & Owner
Miler Olga	SmartPurse	Finance Expert & Entrepreneur
Molina Kramer Claudia	BRAND AFFAIRS AG	Digital Marketing Consultant
Müller Nina	Jelmoli	CEO
Murmann Katia	Ringier AG & WolfPak	Co-Founder Equal Voice & Co-Founder
Nastasi Antonio	DQ Solutions	Account Manager SMB
Nicolas Carole	LABO SPA	Owner & CEO
Niethen Sandra	Bank Julius Bär	Chief of Staff
Nowak Alina	Alina Nowak Consulting & Business Akademie	Owner
Obernosterer Ursula	DI Ursula Obernosterer MSc. e.U.	Owner



Oehmen Sandra Jalana	Sandra J. Oehmen Coaching	Owner
Pair Lara M.	Pairfact Legal AG	Owner, Publisher & Entrepreneur
Papst Natasha	Papst Design Studio	Owner, Creative Director
Partschefeld Gulnaz	Universität St.Gallen	Head of HSG Events Office
Peterlechner Angelica	Customer Connection GmbH	Company Designer & Agile Coach
Piubel Ana	Bank Vontobel AG	HR Business Manager & Director Diversity & Inclusion
Prenn Caroline	Medical Aesthetics GmbH	Founder & Co-Owner & Senior Account Director EPAM
Ramalho Elisabete	Google Switzerland	Industry Leader & Executive
Rarnic Lamija	Estée Lauder GmbH	PR intern – La Mer, Jo Malone London, Tom Ford Beauty, Kilian Paris
Reize Jacqueline	Reize IT Services	IT Trainer MCP & Founder
Rettinger Edda	Calida AG	Director Human Resources
Riesen Andrea	Andrea Riesen GmbH	Managing Director, Owner & Entrepreneur
Rochat Laurence	Audemars Piguet SA	Brand Ambassador, Head of Hospitality & Hospitality Manager
Römer-Dienes Bianca	MIO by Bianca Römer-Scholl GmbH	Founder & CEO
Rüegg Arlette	sueños A. & K. Rüegg	Owner & Entrepreneur
Rulf Dana	speakture GmbH	Managing Director and Founder
Sander Gudrun	University of St. Gallen, Competence Centre for Diversity and Inclusion CCDI	Professor of Business Administration, Director Research Institute for International Management, Director Competence Centre for Diversity and Inclusion
Sander Johanna	St.Galler Symposium	IT Project Manager
Schmidt Triabadi	Brand Intention GmbH	Founder



Schönwiese Dorothea	Florian Schönwiese Business & Culture	Leadership Specialist & Classical Musician & Workshop Host LLL Conference 2023
Schönwiese Florian	Florian Schönwiese Business & Culture	Leadership Specialist & Classical Musician & Workshop Host LLL Conference 2023
Seiz Gabriela	Seiz AG Advisory	Senior Advisor
Sesboué Simone	Fertile Mind Coaching Dr. Simone Sesboué	Entrepreneur & Owner
Sherman Sannie	Women In Negotiation	Manager Client Care
Sirin Zehra	ZEYA – Successfully manage Diversity&Inclusion Size Consens AG New Work Solutions	Founder & Managing Director
Sirois Maria	Maria Sirois LLC	Psychologist, Consultant, Inspirational Speaker, Keynote Speaker LLL Conference 2023
Strobel Eva-Maria	Baker Mckenzie Zurich	Partner & Head IPTech
Stuart Kautzmann Tracy	IMPACT Group Sarl	Director & Global Client Relations
Thiébaud Mylène	Transformy GmbH	Owner & Head of Business Development DACH @BA1110D
Totzke Christoffel Jacqueline	Bystronic Laser AG	Head of Personnel Development
Torres Joana	VP Bank AG	Senior Product Manager
Trachsel Fiona	ewp AG	CEO
Trachsel Helena	–	–
Triebel Sandra Stella	Swiss Ladies Drive GmbH, Ladies Drive Asia GmbH, SANDS AG	Owner, Publisher, Entrepreneur, Co-Owner & CEO
Triebel Sebastian	Swiss Ladies Drive GmbH, Ladies Drive Asia GmbH, SANDS AG	Owner, Publisher, Entrepreneur, Co-Owner & CEO
Vafiopoulos Alexander	Swiss Ladies Drive GmbH	Staff Member

Van Overbroek Morgan	Polo Park Zürich, San Eugenio Polo Club, Hato Restaurants, In Vino GmbH	Owner & Entrepreneur
Vaz Claudia	Alstom	Head of DACH Process, Performance and Improvement
Vettorel Barbara	kessler.vogler gmbh	Consultant
Vincenti Sabine	Embassy Jewel AG	Group CFO
Volm Tanja	EVO Consult Swiss GmbH and Doc-Cert AG	Entrepreneur & Medical Doctor
Vrijhof-Droese Jamie	WHVP	Managing Partner
Vythoukas-Arnold Jeannine	foryouandyourcustomers AG	CEO
Wagner Ursula	Coaching Center Berlin	Founder
Warzecha Sorelle	Sorelle Amore	Finance YouTuber, Ethical Investor, Bestselling Author & Keynote Speaker LLL Conference 2023
Wedekind Valerie	-	Leadership & Change Management
Welter Gitta	Eureca Gitta Welter	Project Manager
Wey Speirs Aline	Altenburger Ltd legal + tax	Partner & Co-Head Dispute Resolution
Widmer Annemarie	Louis Widmer SA	VRP, Owner, CEO
Widmer Patricia	Aalto AG	Managing Partner
Witte Bianca	Be Wise Be Wild Coaching & Beratung	Owner
Witteveen Faye	Advance – Gender Equality in Business	Program Manager
Wolfsgruber Stella	Avalor Investment AG	Partner
Zanni Laura	Estée Lauder GmbH	PR Executive Estée Lauder & Origins
Ziegler Andrea	sazz GmbH	Founder, Entrepreneur
Zollinger-Pittori Nadine	-	Executive in Media & Telco Industry, Board Member, General Counsel



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news@leagueofleadingladies.com
sst@leagueofleadingladies.com
+41 794 801 985

